

Cervical screening in women over fifty: challenges and opportunities – a qualitative study

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1

2 ABSTRACT

3 **Background** Cervical cancer is a preventable disease. Cases in women over 50 are predicted
4 to rise by 60% in the next two decades, yet this group are less likely to attend for screening
5 than younger women.

6 **Aim** To seek novel solutions to the challenges of cervical screening in women over fifty by
7 examining practitioner and patient experiences.

8 **Design and setting** Semi-structured interviews with 28 practitioners and 25 women over
9 fifty, recruited via UK primary care networks in 2016-17, to explore experiences related to
10 cervical screening.

11 **Methods** Inductive thematic analysis was conducted to explore the data.

12 **Results** Findings are presented under three key themes. *Exploring the barriers* examines the
13 influences of sexuality and early experiences of screening on attendance, and how
14 preventative health care becomes a low priority as women age. *The role of relationships*
15 explores how peer talk shapes attitudes towards cervical screening, how teamwork
16 between practitioners engenders investment in cervical screening, and how interactions
17 between service-users and primary care over time can significantly affect intentions to
18 screen. *What constitutes good practice?* describes practical and sensitive approaches to
19 screening tailored to women over fifty.

20 **Conclusion** Good practice involves attention to structural and practical challenges, and an
21 understanding of the role of relationships in shaping screening intentions. Experienced
22 practitioners adapt procedures to increase sensitivity, and balance time invested in
23 problem-solving against the benefits of reaching practice targets for attendance. Building
24 networks of expertise across multiple practices can increase practitioner skill in screening
25 this age group.

26 **Keywords**

27 cervical screening, older women, early detection of cancer, primary care, qualitative
28 research

29

30 **How this fits in**

31 Women over fifty are now in a higher risk group for cervical cancer than younger women
32 who have been vaccinated against HPV. In the UK, a quarter of women over fifty do not
33 attend for cervical screening, and most women are still uncomfortable about self-screening
34 for HPV. Previous qualitative studies have focused on negative emotions and risk perception
35 among older women but failed to explore the practical challenges of screening. This multi-
36 site study examined service-user and practitioner narratives about cervical screening in this
37 age group, and offers recommendations for good practice.

38

39 **INTRODUCTION**

40 Cancer of the cervix is one of the most preventable forms of the disease, as pre-cancerous
41 cells can be identified using a screening test. In the UK, where routine screening
42 commenced in 1988^[1], it is estimated to prevent up to 3,900 cervical cancer cases and save
43 4,500 lives each year^[2,3]. The landscape of cervical screening has undergone considerable
44 changes in recent years. In 2004 the UK introduced liquid based cytology (LBC), in which the
45 cells brushed from the cervix are washed and filtered prior to examination. By 2008, this
46 replaced the previous technique of smearing cells on to a slide. Alongside these changes,
47 the discovery of the human papilloma virus (HPV) as a causal agent of cervical cancer in the
48 1990s^[4] led to the introduction of vaccinations in the UK against high risk strains of this
49 sexually transmitted infection^[5] for 12-18 year old girls in 2008, and for all 12-18 year olds
50 by 2019. HPV became the primary screening test in 2019, with cytology as follow-up for
51 positive cases.

52 The HPV vaccine is most effective if administered before a person becomes sexually
53 active^[6]. It will be decades before the effects of vaccination are evident in reducing the
54 incidence of cervical cancers across all age groups. The incidence of cervical cancer among
55 women over fifty in the UK is predicted to rise by 62 per cent over the next twenty years, as
56 the first cohort of HPV-vaccinated women do not reach fifty until 2044. By 2036, the highest

57 incidence of cervical cancer will be seen in women aged 50 to 59^[7]. In the UK's national
58 screening programme, the frequency of testing drops from every three years to every five
59 years at the age of fifty, stopping at 64. Many women associate aging with a lowering of
60 risk^[8] and are less likely to continue screening^[9]; in the UK, a quarter of women aged 50 to
61 64 do not attend^[10-12]. Self-HPV testing has been trialled in women of this age group, but
62 does not appeal to all women, and a mix of approaches is likely to be the best way forwards
63 in protecting this cohort^[13,14].

64 Studies considering how age influences attendance for cervical screening in the UK and
65 Europe report that women over 45 are more likely to make a conscious decision to stop
66 attending than younger women^[8,15], and to cite past traumatic experiences of intimate
67 medical examinations as a reason for non-attendance^[16-18]. Aging can make screening more
68 painful^[19], and bring changes in body image which can increase women's discomfort in
69 allowing intimate areas of the body to be seen or touched by a health practitioner^[16,18].

70 The existing literature focuses on the physical and psychological discomforts of an invasive
71 screening procedure, and fails to consider the wider social context surrounding the practice
72 of screening with women over fifty, including practitioner perceptions of screen-taking and
73 the influence of practitioner-patient relationships. The aim of this project was to seek novel
74 solutions to the challenges of cervical screening in women over fifty by examining both
75 practitioner and service-user experiences. The study took place before the COVID pandemic,
76 a time in which face-to-face appointments in UK primary care became impossible or difficult
77 and the problems in screening attendance addressed by this paper were exacerbated.

78

79 **METHODS**

80 **Design**

81 In-depth, in person semi-structured interviews with service-users over fifty and practitioners
82 exploring experiences of cervical screening, conducted before the COVID-19 pandemic.

83 **Participants and recruitment**

84 Ten general practices in Northern England were recruited to the study in 2016-17 across
85 areas with a range of levels of deprivation in and around two cities, one city with a high level

86 of ethnic diversity. All practitioners at each site with experience of cervical screening were
87 invited to volunteer for interview. Service-users aged 50 to 64 were recruited purposively
88 via GP practice lists to include regular screening attenders and non-attenders – women who
89 had not attended for at least one year beyond their last screening invitation (recruitment
90 focused on women who were several years beyond their most recent screening invitation).
91 Participating practices posted study information to women over fifty eligible for cervical
92 screening, including all non-attenders (up to a maximum of 250) and randomly selected
93 regular attenders (up to a maximum of 50) identified through a database search. Where no
94 non-attenders volunteered for interview, practitioners undertook follow-up telephone calls
95 to up to ten non-attenders who had received study information. Service-users who wished
96 to volunteer responded to the GP practice, and their contact details were passed to the
97 research team with their permission. We prespecified a sample size of 60, aiming for 15
98 interviews across each of the four perspectives relevant to the study (screening
99 attenders/non-attenders/GPs/practice nurses), based on recommendations around
100 reaching data saturation in 12 interviews^[20] and an understanding that even recruitment
101 across the four perspectives might not be possible in the time available.

102 **Data collection**

103 The study was grounded in social constructionist epistemology, taking the view that our
104 experiences are not recounted in objective and unbiased ways, but filtered through our
105 perceptions of the world^[21]. Interviews were conducted face-to-face by a female Research
106 Associate with a PhD and ten years' experience in applied health research. Participants
107 knew in advance that the researcher was female and in her fifties, and that the study was
108 funded by a registered cancer charity to investigate service-user and practitioner
109 experiences and develop content for interventions to inform women about cervical
110 screening^[22]. Interviews explored experiences of cervical screening tests among service-
111 users and practitioners. The interviewer probed to explore age-related challenges, attitudes
112 towards risk (personal, and professional where appropriate), and examples of perceived
113 'good practice'. (See Supplementary Boxes 1 and 2 for interview guides.) Interviews were
114 audio-recorded, transcribed, anonymised and analysed with participants' written consent.

115 **Data analysis**

116 Data-driven thematic analysis was conducted^[23,24] in an iterative process involving four
117 members of the research team. In the first round of coding, four research team members
118 each coded three transcripts inductively (12 transcripts in total), and met to develop an
119 initial coding framework through discussion. Two research team members used this
120 framework to code the remaining transcripts, developing further codes and refining the
121 overarching themes in an iterative process through further discussion, until agreement was
122 reached on a finalised framework. NVivo 10 was used for data management. Selected data
123 are presented (the full data set is available from the corresponding author on reasonable
124 request).

125

126 **RESULTS**

127 Interviews were conducted with 24 service-users (23 at women's homes, 1 at a GP practice)
128 lasting between 28 and 68 minutes (average 45 minutes), and with 28 practitioners at their
129 place of work lasting between 26 and 72 minutes (average 46 minutes) in the time available
130 for the study. Figure 1 shows service-users' details, Table 1 shows research sites and
131 practitioner details. All service-users who volunteered for interview were white British. As
132 interviews progressed, it became clear that some attenders had experienced periods of
133 delayed attendance (between 2 and 10 years) which they wished to describe; these women
134 were identified in our analysis as 'Participants with complex stories'. Selected data is
135 presented under three themes:

- 136 • *Exploring the barriers* examines the significance of early screening experiences,
137 sexuality and changes in attitudes towards preventative health care.
- 138 • *The role of relationships* explores how practitioner networking creates investment in
139 screening women over fifty, and how women's interactions with primary care and
140 with their families shape intentions to attend.
- 141 • *What constitutes good practice?* describes approaches to cervical screening that are
142 sensitive to the needs of women over fifty.

143 For additional qualitative data, see Supplementary Table 1. Figure 2 shows the age range of
144 service-user interviewees over seven decades, to set their experiences in a temporal
145 context.

146

147 **Theme 1: Exploring the barriers**

148 Barriers to successful screening emerged from experiences accumulated throughout
149 adulthood, including the lasting significance of early experiences of screening, and changes
150 in functionality, lifestyle, sexual partnerships and family dynamics across the decades.

151 ***'Guiding light' experiences***

152 The characterisation of cervical screening as '*a very intense kind of space*' [Non-attender
153 102] was resonant throughout the data. All interviewees described difficult experiences. For
154 some, memories of early screening tests with paternalistic overtones became a significant
155 and persistent emotional burden, resulting in an enduring antipathy to screening:

156 *It was it was like being assaulted really, it was that bad. I thought I'd picked myself a*
157 *nice younger female GP...I hadn't had sex – she never asked...I jumped off the couch*
158 *half way through and I said 'I'm not sure about this...' Oh, she was quite*
159 *authoritative... 'Just try again!'. It was horrific...that's sort of been my guiding light,*
160 *that experience.*

161 Non-attender [102]

162 *Ladies of a certain age might think to themselves it was an abusive experience, that*
163 *could be a reason why some women are reluctant to go these days...I was terrified.*

164 Attender [138]

165 Key features of non-attenders' discomforts included metal speculums and a lack of rapport
166 with practitioners. Practitioners conceptualised negative experiences as a psychological
167 barrier with physical effects which made the insertion of a speculum difficult.

168 ***'Are you saying I'm past it?': Sexuality after fifty***

169 Sexuality was not addressed in the interview guides, but ten service-users raised this (nine
170 with male partners, one with a female partner); five women (average age 59) were still
171 sexually active with male partners. Service-users described dismissive attitudes towards the

172 discussion of sexuality and vaginal atrophy after menopause by practitioners which had
173 affected their decision to continue screening; practitioners described difficulties discussing
174 these issues with some service-users.

175 *I had gone [ten years ago], when I started with the problems after my menopause, to*
176 *see a lady doctor...it wasn't important the fact that I had no sexual intercourse...and*
177 *the marriage was breaking down. And she, 'Oh if that's all that's bothering you!', sort*
178 *of thing.*

179 Participant with complex story [111]

180 *A lot of the time I think it's a case of 'Why? Are you saying I'm, I'm past it?' Quite a*
181 *frequent expression we hear...they just feel like they get left a little bit after this.*

182 Practice Nurse [219]

183 Practitioners felt that changing relationship dynamics over recent decades, with the
184 increasing acceptability of multiple intimate relationships across a lifetime, raised risk in this
185 age group, and that women's perceptions of risk have not caught up with this lifestyle
186 change. Service-user data suggested that sexually active women were aware of their raised
187 risk. Practitioners questioned whether ending cervical screening between 59 and 64 was
188 appropriate. Reasons to maintain the *status quo* centred around the importance of
189 supporting evidence-based guidelines, and suggestions that changing the age range may not
190 be cost-effective or impact women's willingness to attend.

191 **'Your view on life changes': The burden of staying healthy**

192 Service-users and practitioners described how chronic illness and/or a lack of mobility made
193 the conventional position for screening difficult (lying down, ankles together and knees
194 apart). Chronic health difficulties made it difficult to predict whether an appointment
195 booked in advance would be possible on the day, and brought fundamental changes in
196 attitudes towards preventative health.

197 *I went through a stage I was really poorly...I thought I was dying. So your view on life*
198 *changes...age is a factor, illness is a factor...you become more of a sponge to what's*
199 *going on in the world, and there's not much you can do about dying or preventing*
200 *your own death, so it becomes less important.'* Non-attender with multiple sclerosis
201 [108]

202 Multiple GP consultations, some of which resulted in referrals or expectations to undertake
203 preventative health measures, were interpreted by some service-users as a burden which
204 increased with age. Women with families found themselves sandwiched between work and
205 supporting grandchildren, adult children, and elderly parents; their own health was a low
206 priority. Screening invitation letters were stockpiled, treated *'like an overdue gas bill'*
207 [Attender 138].

208 *...they've put it in their pile of letters and the day's gone on and they've forgotten, or*
209 *they've rung up and they couldn't get through...if that happens it can go on and on*
210 *for years.* Practice Nurse [217]

211

212 **Theme 2: The role of relationships**

213 Relationships between practitioners, between practitioners and service-users, and between
214 service-users and family members, had a fundamental influence on screening intentions.

215 ***'Older women need to be taken care of': Matching and networking***

216 Cervical screening was seen as having become an exclusively female practice. The majority
217 of service-users preferred to be screened by women; practitioners felt that this influences
218 the motivation for undertaking accreditation (which requires 12 hours of cervical screening
219 training, 20 opportunities to take an acceptable sample and a clinical assessment^[25]).

220 Practitioners booking appointments in larger practices capitalised on similarities in gender
221 and age, and established therapeutic relationships, 'matching' practitioner and service-user
222 to maximise empathy in the screening encounter.

223 *It's really hard to get appointments...if you had a relationship with the nurse then I*
224 *think you probably would do that more.* Attender with complex story [141]

225 *I find that women who have a good relationship with a nurse or, or a doctor feel at*
226 *that, that age, that's the age where you want to have a relationship with who's doing*
227 *a smear, I think...older women feel that they need to be taken care of.* GP [218]

228 In larger practices with sufficient capacity, screening was a collective responsibility, and
229 networking with other screen-takers (for example, creating relationships with colposcopy
230 clinics) enabled personal investment and skill sharing around screening women over fifty.

231 ***'It drags me down': Interactions between service-users and primary care***

232 Among non-attenders in particular, an unwillingness to engage in screening was justified by
233 the perception of systemic difficulties in the UK National Health Service (pre-pandemic). The
234 way that lifestyle choices had played out in middle age, in particular in relation to smoking
235 and exercise, were perceived as mediating the right to access care.

236 *'It's a choice I make...GPs are there to treat people who are sick... when I do*
237 *eventually go to the doctor's I shall be bottom of the list because I'm a smoker and*
238 *that's it, my choice... even more so now the National Health Service is in such a mess.'*

239 Non-attender [143]

240 Self-castigation in relation to health issues was made more acute by unwelcome censure
241 from practitioners (*'I feel I'm judged...Am I doing this? Am I doing that?...Bloody hell, there's*
242 *no hope for me really, is there?'* [Non-attender 148]).

243 Twelve participants described the booking process as a considerable barrier, finding it
244 stressful in person and via the telephone (*'It all just seems a farce'* [Attender 114]).

245 *Never mind getting the appointment, never mind actually on the bed and doing what*
246 *you need to do... it is a barrier, the stress of having to check in...oh, I feel it drags me*
247 *down...the whole procedure of 'Reception'.* Non-attender [148]

248 Opportunistic booking of screening during appointments for other issues could be a double-
249 edged sword – effective in some circumstances, but alienating if women felt disempowered.

250 *...it's about not putting people off too much – being a bit of a conscience but not*
251 *making them feel like 'Can't go and see them cause they're gonna force me to have*
252 *my smear', or 'force me to do whatever'...you're trying to get them on board rather*
253 *than being adversarial.* GP [201]

254 Some participants had taken to consulting pharmacists in preference to visiting their GP
255 surgery (*'somewhere I tend to avoid'* [Attender 114]). Booking screening could also lead to
256 anxiety about having to cancel (*'I don't want to be part of letting the system down'* [Non-
257 attender 136]).

258 ***'I don't discuss things like that': Who do women over fifty talk to about cervical screening?***

259 Ten service-users described family health talk as a factor contributing to awareness and
260 attendance; this was echoed in practitioner data.

261 *I don't even discuss things like that [cervical screening] with my mum [laughs]. No,*
262 *no – we're not that sort of family.* Participant with complex story [111]

263 *If you don't discuss sex as a as a family between women, you may not discuss*
264 *smears. So actually it becomes something that nobody really talks about...And then if*
265 *nobody talks about it then nobody really sort of persuades you that it's a good idea.*
266 GP [201]

267 Taboos surrounding family talk about intimate health issues during childhood were
268 contrasted with a deliberate openness in talking to adult children about health in the
269 present day. Ten service-user participants had adult daughters who were too old to have
270 benefitted from the HPV vaccination. Talk between mothers and daughters provided a
271 forum for information exchange and encouraged screening. Of the five non-attenders who
272 talked about family relationships, none had experience of talking to female family members
273 about screening.

274 Outside of the family, mammograms were a more prevalent source of discussion with
275 friends than cervical screening. The cervix was seen as hidden and private – ‘*out of sight, out*
276 *of mind*’ [Non-attender 149] – only talked about if abnormalities occurred.

277

278 **Theme 3: What constitutes good practice?**

279 Practitioners with extensive knowledge around the effects of menopause adjusted their
280 approach to screening by prioritising ‘history-taking’ (listening to women’s stories about
281 sexual activity and intimate clinical examinations), prioritising step-by-step consultations
282 and practical problem-solving.

283 ***‘Ask the question’: history-taking as the key to successful screening***

284 Asking ‘*Why don't you attend?*’ and addressing problems facilitated attendance. Non-
285 attenders had not been asked, and actively wished to discuss their decision; service-users
286 with complex stories described how addressing concerns led to the resumption of
287 screening.

288 *...when I didn't attend they never asked me why...That is nearly ten years. Ten years.*
289 *Nobody had said...until I saw this one particular lady doctor, 'Why haven't you had it*
290 *done?' And with that I burst into tears and told her all my worries and she said 'Oh,*
291 *we can sort that out'. Participant with complex story [111]*

292 *Ask the question. So remind them first of all that they need it and then ask them the*
293 *'Why' in a way... and be prepared to do something about it...you may not be able to*
294 *just pass it onto somebody else. GP [201]*

295 Practitioners who believed in the centrality of history-taking to successful screening in
296 women over fifty championed multiple consultations, feeling that this was a worthwhile
297 investment of time.

298 *You may need to be able to take time across multiple consultations to get there. But*
299 *it's about the ultimate aim and not about...getting it this time but then stopping*
300 *them ever wanting another one because it's so traumatic. GP [201]*

301 **'Learn the tricks': Practical solutions**

302 Where GP practices enabled skill-sharing, practical hints and tips for screening older women
303 were passed between colleagues – *'you get to learn the tricks'* [Practice Nurse 207]. Some
304 practitioners prescribed diazepam to ease anxiety, but the key practical solutions for this
305 age group addressed mobility issues and vaginal dryness. Alternative positions such as lying
306 on one side on the screening couch, or placing feet on the practitioner's shoulders, could
307 make screening possible for women with mobility problems.

308 *Maybe you just need to be a little bit more innovative about how we approach*
309 *things... difficult smear does not have to equate no smear. GP [218]*

310 Service-users who experienced pain during screening because of dryness felt that some
311 practitioners misinterpreted this as a failure to relax – a misunderstanding that damaged
312 trust and rapport.

313 *I had a bad experience, just after I was fifty. I went through quite an early*
314 *menopause, and then – do they call it vaginal atrophy?...I went for my smear test, the*
315 *lady that did it wasn't very sympathetic and it was awful... she said it was my fault*
316 *because I wasn't relaxed...I was very, very sore. I was very, very upset...I thought in*

317 *five years...I'll have got over it, but when the five years came I just didn't go back.*

318 Participant with complex story [111]

319 Dryness was addressed by using the smallest speculum possible, warmed with water, with a
320 small amount of lubrication on the shaft. Some practitioners prescribed topical oestrogen
321 cream or pessaries for four to six weeks prior to screening.

322

323 **DISCUSSION**

324 **Summary**

325 Three top-level themes characterise our data focusing on exploring barriers to attendance
326 for screening in women over fifty, the role of relationships in encouraging screening, and
327 what good screening practice might look like for this cohort. Barriers evolved over decades,
328 and persisted if left unacknowledged. Family member and practitioner communication
329 played a key role in shaping screening intentions. Good practice hinged around two issues: a
330 willingness to ask non-attenders why they do not attend, and active problem-solving. The
331 crucial resource was the investment of time in encouraging the transition from non-
332 attender to attender.

333 **Comparison with existing literature**

334 Changes in health and functionality can impair preventative health behaviour as people
335 age^[26]. Research demonstrates additional concerns surrounding cervical screening, with
336 women over fifty increasingly at risk over the next two decades. Women who decide not to
337 take part in screening tend to be older^[9,16,17], and embarrassment and pain during screening
338 are experiences shared across all ages^[18,27] but become more keen after menopause. The
339 literature reports a divergence in service-user views about the relevance of cervical
340 screening after the age of fifty, with some women feeling more vulnerable and others
341 feeling that their risk declines^[27].

342 Existing literature referencing practitioner experiences focuses on capturing service users'
343 attitudes^[17,18] or experiences of screening younger women^[16]. Practical advice on making
344 the screening encounter more sensitive to the needs of women after menopause is lacking.
345 This study focused on service-user and practitioner accounts of cervical screening in women

346 over fifty. The findings demonstrate that many women in this cohort experience burgeoning
347 family responsibilities and changing relationship patterns as they age. The lack of
348 acknowledgement of older women's sexual problems by some practitioners is a barrier to
349 continued attendance in this cohort, and the normalisation or dismissal of these issues work
350 against intentions to attend^[28]. Addressing barriers through history-taking and adjusting
351 techniques during the screening encounter can encourage willingness to undertake or
352 recommence screening. Networking among screening and colposcopy practitioners can
353 enable skill-sharing focused on creating and sustaining these intentions.

354 For the women in this study, family responsibilities – a barrier to attendance more usually
355 associated with younger women^[16] – now stretched across four generations, from elderly
356 parents to adult children and grandchildren. These findings reflect complexities highlighted
357 in sociological literature on cervical screening^[29,30]. The prioritisation of personal health in
358 this cohort was further compromised by changes in their attitude towards the health care
359 system over time. Accessing GP appointments could become an uncomfortable procedure,
360 complicated by perceptions of limited resources. Symptomatic and diagnosed illnesses were
361 construed as appropriate grounds for consultation, but preventative health was linked to
362 lifestyle choice.

363 Good relationships with practitioners are known to increase service-users' self-efficacy and
364 understanding of screening^[31]. Our findings suggest a central role for practitioner-patient
365 relationships. The data support the literature reporting a preference for female cervical
366 screening practitioners^[32,33], and demonstrates that as people age, experiences of screening
367 become more strongly shaped by the quality of the interaction, and by continuity of care.
368 Practice nurses are underutilised as a force for behaviour change – they are often willing to
369 discuss their own lifestyle choices with patients to facilitate communication around risk
370 factors^[32], are well placed to provide sensitive^[32] preventative care. Peer-to-peer
371 communication is also well recognised for its interrelationship with health^[34] and
372 screening^[35], and is a process often co-opted into the implementation process in cervical
373 screening interventions outside of the UK^[36,37,38]. For the service-users in this study, outside
374 of the GP surgery, cervical screening was usually broached only within close relationships.
375 Where family, work or wider social networks were smaller, social influences on screening
376 decisions were reduced.

377 **Strengths and limitations**

378 The strength of this study lies in its focus on the practice of screening, and its consideration
379 of how practitioner and service-user perspectives might be integrated to form a picture of
380 'good practice'. The study was not able to address the broad range of cultural diversity in
381 screening responses^[15,27] or barriers to screening related to sexuality or gender^[39,40] evident
382 in the broader literature. Despite recruitment across two urban locations in Northern
383 England with diverse demographics, all service-user volunteers for interview were white
384 British women; only one service-user was in a relationship with a woman. As a result, the
385 cultural and social norms arising in the data cannot be considered representative of all
386 people over fifty who are eligible for cervical screening. Minimal data on the relationship
387 between cultural and religious frameworks and difficulties with screening attendance
388 suggested that further exploratory qualitative research focusing on culturally specific groups
389 in relation to gynaecological health over the age of fifty is imperative.

390 **Implications for research and practice**

391 The issue of cervical screening in women over fifty demands attention, given the likely
392 increase in cervical cancer incidence in this age group over the next two decades, combined
393 with the effects of the pandemic on face-to-face appointments. A recent trial of non-
394 speculum HPV home testing demonstrated that not all women feel confident to self-sample,
395 and that conventional screening attendance, while higher in the four months after the
396 intervention, was similar across twelve months^[13,14]. It is likely that a combination of
397 solutions is required.

398 Researching service-user experiences can benefit from considering good practice in
399 response to challenges. Time invested by practitioners in exploring reasons for non-
400 attendance, while often dependent on capacity, can better serve this cohort and help meet
401 subsequent practice targets for screening (the UK incentivises goals for attendance through
402 the Quality and Outcomes Framework^[41]). Screen-taking can be adapted to take into account
403 the effects of menopause, mobility problems and chronic illness on the body, sexuality and
404 relationships. Stage-by-stage consultations can kick-start attendance among habitual non-
405 attenders. In larger group practices, building networks of expertise across multiple practice
406 sites can increase skill-sharing around these issues. Cervical screening can be usefully

407 construed as a transaction between practitioners and service-users with common interests,
408 and drawing on shared issues related to gender and age can also encourage rapport.

409 **Funding**

410 Yorkshire Cancer Research, award reference: H393.

411 **Ethical approval**

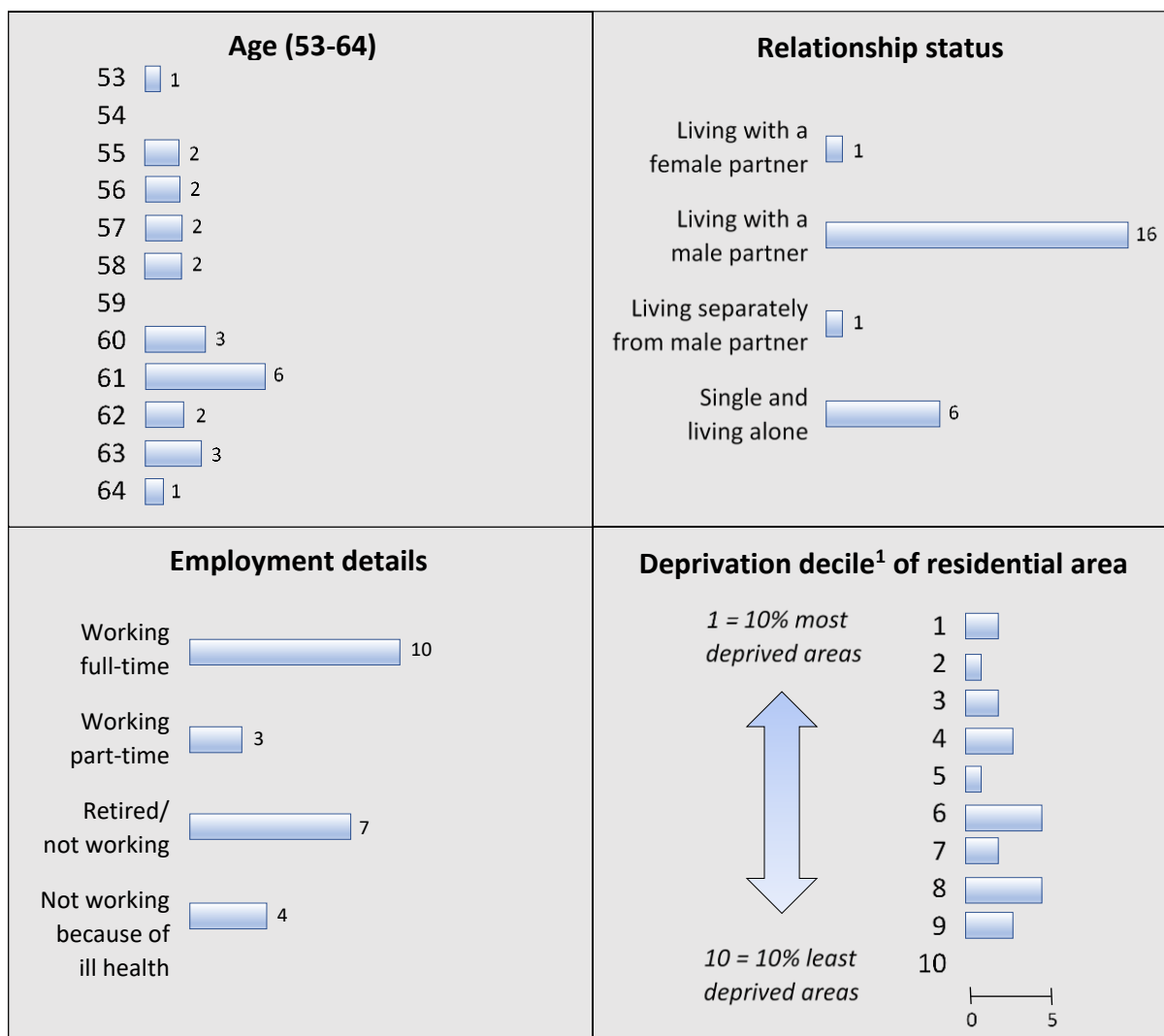
412 Approval was given by the UK Health Research Authority (IRAS ID 198284) and East
413 Midlands/Leicester Central Research Ethics Committee (REC reference 16/EM/0200).

414 **Competing interests**

415 None.

416 **Acknowledgements**

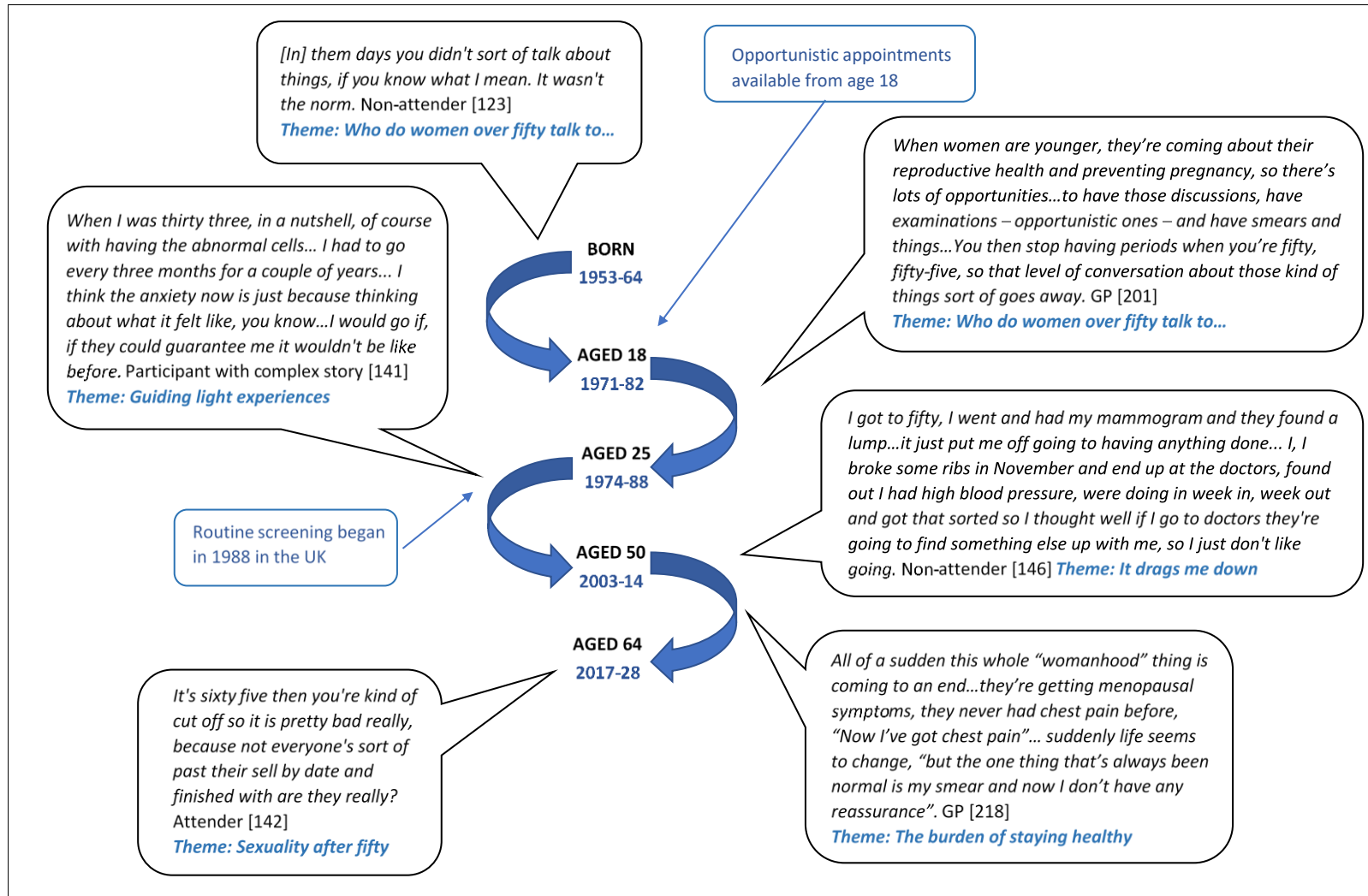
417 With thanks to the GP practice staff and service-users who participated in this study.



418

419 ¹UK government statistics on relative deprivation in small areas in England

420 **Figure 1** Age, relationship status and employment details of service-user interview participants,
 421 which informed their accounts of cervical screening attendance, and the deprivation decile of
 422 participant's residential areas (recruitment spread across a range of areas).



423

424 **Figure 2: Age range of service-user interviewees over seven decades**

425 **Table 1 Details of research sites and practitioner interview participants (all female).**

GP practice location and list size ¹	Deprivation decile of local area	Role	
		Practice Nurses	GPs
Site 1: Rural town; 10,000 patients	6	3	-
Site 2: Town on outskirts of city; 7,500 patients	6	1	2
Site 3: Town 5 miles from city; 12,000 patients	6	1	2
Site 4: Rural village; 6,000 patients	7	2	0
Site 5: Town on outskirts of city; 8,500 patients	1	1	1
Sites 6/7: (practitioners worked across both practices):			
New-build area, outskirts of city; 21,500 patients	7	3	3
Urban area within city; 12,000 patients	4	-	-
Site 8: Urban area within city; 13,000 patients	3	3	-
Site 9: Town 19 miles from nearest city; 17,500 patients	9	3	1
Site 10: Urban area within city; 3,000 patients	1	1	1
	TOTAL:	18	10

426 ¹Approximate list size (to the nearest 500) at the time of interview recruitment.

427 ²UK government statistics on relative deprivation in small areas in England (see also Figure 1)

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