**Supplementary Material - search strategy**

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| --- | --- | --- |
| Search Dates | Search Query | Databases |
| March 2022May 2022 | (Midwi\* or “matern\* provider” or “matern\* professional”)AND(interven\* or service\* or interact\* or advi\* or strateg\* or address\* or commun\* or manag\*)AND(obes\* or weight or diet or nutrition\* or physical activity or exercise)AND(attitude\* or experience\* or view\* or perspective or evaluat\* or challeng\*)  | CINAHL completeAPA PsycArticlesAPA PsycInfoCochrane Library MEDLINE |