

**All roads lead to Rome? Exploring birthplace effects and the ‘southern question’ in Italian soccer**

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**Abstract**

The expression ‘southern question’ is used in reference to the poverty and economic underdevelopment, less advanced social relations, and clientelist style of politics that characterise South-Italy compared to North and Central Italy. This study aimed to investigate the presence of the ‘southern question’ in Italian soccer. Accordingly, we examined the birthplace distribution of 2,012 Italian soccer players who have played in any national representative team (U15: n=466; U16-U21: n=1,939; Senior Team: n=217). Chi-square analysis revealed an overrepresentation of players born in North and Central Italy, in all cohorts, compared to national norms (all *P* values <0.0001). Odds ratios showed that players born in North and Central Italy had the greatest likelihood of representing Italy internationally at both youth and senior levels compared to players born in South Italy (ranging from 2 to 3.2). Factors that negatively impact upon South-Italy players’ soccer developmental journey have been proposed and discussed.

*Keywords: Southern Question; Birthplace effects; Talent Selection; Birth advantages; Youth Soccer*

## Introduction

Since its unification in 1861, Italy has been characterised by a strong North-South divide.<sup>1</sup> Throughout the years, the southern region of Italy has generally been underdeveloped compared to the northern region, despite the large amount of attention that this part of Italy has received by academics, scientists, and politicians.<sup>2</sup> Dating back to 1861, Pasquale Villari, writing in the Milanese magazine *La Perseveranza* [Perseverance], proposed the expression ‘southern question’. This referred to the banditry, the mafia, and the poverty of the southern citizens, which were typical aspects coupled with South Italy and indicates the possible historical manner of the social and political issues of this part of Italy.<sup>3</sup> Today, the expression ‘southern question’ is still used in reference to the assortment of problems (e.g., weaker economic development, less advanced social relations, and lower key aspects of civil life) that characterise the southern part of Italy compared to the rest of the country.<sup>4</sup>

The discourse of the ‘southern question’ contrasts the industrialised and civilised Northern territory, rational and orderly, to a backward South, mainly agricultural, poor, and underdeveloped from an economic perspective.<sup>5</sup> Typically, the expression ‘southern question’ depicts the South as a weight that hinders the North, also describing the South as an internal ‘other’ with respect to the rest of the country. These regional disparities were frequently object of national policies, which starting from the 1950s have been focussed on the industrial development of the South, particularly with the state-owned agency *Cassa per il Mezzogiorno* (Fund for the South). This was initially effective in tackling most of the dualisms present in the country, but progressively became an instrument of waste and money misallocation (i.e., poor investments and rampant corruption),<sup>6</sup> and ended up re-exacerbating the regional disparities that are often seen today.<sup>7</sup>

The territorial inequalities in Italy reveal a dualism [i.e., North vs. South] without equal in any Western countries, encompassing the entire gamut of civil and economic development indicators.<sup>8</sup> Gross Domestic Product (GDP) per head (i.e., a monetary measure to assess the economic output of a particular area per person) of a certain nation or region is considered a useful indicator to understand

the level of development and prosperity of respective areas, as well as being correlated to the quality of infrastructures and of institutions, scientific endowments, and levels of education.<sup>9</sup> In 2018, Rosès and Wolf explored Western-Europe's economic development based on 173 regions, which revealed the five poorest (i.e., the ones that recorded the lowest level of GDP per head) were all concerningly from South Italy (i.e., Apulia, Basilicata, Calabria, Campania, and Sicily).<sup>10</sup> In line with this, Iammarino and colleagues outlined how South Italy recorded a much lower GDP per head when compared to the European and national averages.<sup>11</sup> Additionally, in 2010, the Italian National Institute of Statistics (ISTAT) launched the project 'Benessere Equo e Sostenibile' (BES; Fair and Sustainable Wellbeing), with the aim of assessing the progress of society from an economic perspective as well as from a social and environmental outlook.<sup>12</sup> The data from the BES project are open access, released from ISTAT, and underscore the socioeconomic and cultural differences present between the North, Centre, and South of Italy. Some examples from the BES include: (a) employment rates (North = 72.9%; Centre = 68.3%; South = 48.5%), (b) the proportion of people with at least a diploma (North = 65.7%; Centre = 68.1%; South = 54%), and (c) the number of people suffering from severe material deprivation (North = 3.6%; Centre = 5.5%; South = 13.6%).<sup>13</sup> Moreover, recent data from ISTAT shows how families' average annual incomes are higher in the North and Central macro-regions (North = €43,908; Centre = €38,689; South = €32,801).<sup>14</sup>

Italian territorial inequalities are also underlined by an heterogenous distribution of sporting facilities and infrastructures throughout the nation. To be specific, six (Apulia, Basilicata, Calabria, Campania, Sardinia, and Sicily) of South Italy's *micro-regions* (i.e., distinct territorial unit with clearly marked boundaries below the regional level) are under several levels of criticality regarding their sporting facilities.<sup>15</sup> As an example, in 2012, the North-West had 52,330 sport facilities (354 for 100,000 inhabitants), the North-East had 37,200 (352 for 100,000 inhabitants), the Centre had 29,080 (271 for 100,000 inhabitants), and the South had 30,280 (149 for 100,000 inhabitants), which was in comparison to the national average of 264 facilities for 100,000 inhabitants. This suggested how, in 2012, the only *macro-region* (i.e., territorial entity made up of several regions; North, Centre, and

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South) of Italy to have less sport facilities than the national average was South Italy. The distinct lack of sport facilities in southern Italy could have important implications on physical activity and youth sport participation, particularly since research has shown how proximity to sport infrastructures as well as both public and private recreational facilities is positively associated with physical activity and sport participation (see Wicker and colleagues for a discussion<sup>16</sup>), in both children and adolescents.<sup>17</sup>

Where someone is born and raised can directly impact their access and opportunities to engage in youth sport activities, which has a subsequent influence on talent identification and development processes.<sup>18</sup> For example, Côté and colleagues highlighted the extent to which one's place of birth can affect youth sport opportunities and subsequent developmental outcomes. They showed how birthplace (i.e., where someone is born) was a greater contributor to success in professional sport compared to relative age (i.e., when someone is born).<sup>19</sup> However, research conducted in this discipline has revealed inconsistent results. In Swedish tennis, for instance, early research from Carlson concluded how elite players predominantly came from rural areas,<sup>20</sup> whereas, in North American ice-hockey, Curtis and Birch demonstrated that living in remote areas negatively impacted the likelihood of being identified as talented for the National Hockey League.<sup>21</sup> In the same way, more recent studies that have focussed on community size and community density for investigations of birthplace effects continued to record inconsistent findings,<sup>22</sup> underlining a considerable variation in the advantage of where someone is born.<sup>23</sup>

With the exception of size and density, there are many other environmental features that characterise the community in which sport is practiced. For instance, communities' physical aspects (i.e., access to facilities, presence of green spaces, open spaces, playgrounds, and proximity to sport clubs and/or organisations) can influence the types of activities performed by the younger generation (i.e., structured practice and unstructured play), thus favouring interactions with coaches and peers.<sup>24</sup> Other variables that influence sport participation rates are the communities' socioeconomic and cultural status. Generally, research has highlighted a positive relationship between sports

participation and higher socioeconomic status of parents.<sup>25</sup> But similarly, literature has produced some inconclusive results across different nations and sports regarding the direction of the effect. For example, soccer is considered a relatively cheap sport to engage in from a very young age.<sup>26</sup> Based on this notion, Uehara and colleagues in their study suggested how poorer children have an increased likelihood of participating in soccer-specific play and thus facilitating their development of expertise in Brazilian soccer.<sup>27</sup> In contrast, however, a recent study by Allison and Barranco revealed how North American female soccer players participating in the National Women's Super League (the first soccer tier in the United States) generally derived by "whiter, less black or Latino, more suburban, and less socioeconomically disadvantaged [hometowns] than the national averages, with higher per capita, median household, and median family incomes" (pp. 8-9)<sup>28</sup>. This is largely due to the 'pay-to-play' model via private academies that is adopted across the United States, which subsequently limits the access to organised youth soccer activities to those who cannot afford the fees.<sup>29</sup> These within-sport and between-country differences may reflect variances in the youth soccer development systems of those countries (e.g., formal vs. less formal participation and recruitment systems),<sup>30</sup> further highlighting the need to better understand the role of birthplace effects based on individual sociocultural circumstances.

The territorial inequalities of the various macro-regions and micro-regions of Italy could influence Italian children's and adolescents' development in sport. Accordingly, the purpose of our study was to investigate the presence of the 'southern question' (i.e., birthplace effects) phenomena and its impact on Italian soccer. Specifically, our aim was to examine the birthplace of both youth and senior Italian national soccer team players and whether it influences the likelihood of being selected. Due to Italian territorial inequalities that favour the North and Centre of the country, we hypothesised that Italian soccer players born in the South are underrepresented across every national youth and senior team in comparison to those from the North and Centre who are overrepresented.

## Methods

### Subjects

A total sample of 2,103 Italian male soccer players were included in this current study. To be eligible for inclusion, a player must have been born from 1975 onwards (2005 was the year of birth of the youngest player), and must have been selected at least once by the date of the study (May, 2021) to play for any youth (Under 15 [U15]:  $n = 466$ ; U16, U17, U18, U19, U20, and U21 [U16-U21]:  $n = 1,939$ ) or senior ( $n = 217$ ) national Italian soccer team. One player could have been registered in more than one youth team depending on how many times they were selected (i.e., a player could have been selected to play for the U15 team and for the U16 team during their youth career). Players not born in Italy and players whose birthplaces were not retrievable were omitted from the study ( $n = 180$ ). Because all data were freely available from the internet, no approval by an ethical committee was required.

## Procedures

The data for this study (i.e., player's birthplace and team selection) were obtained from the official data centre of the Italian Soccer Federation (Federazione Italiana Giuoco Calcio; FIGC), which were open access on the FIGC website (<https://www.figc.it/it/nazionali/nazionali-in-cifre/convocazioni-di-un-giocatore/?squadraid=12>) and Transfermarkt website (<https://www.transfermarkt.it/>). Italy is comprised of 20 micro-regions (see **Figure 1**), subdivided into the three macro-regions (i.e., North, Centre, and South). Players were classified based on both their macro-region and micro-region of birth. Youth and senior national teams' observed birthplace distribution was calculated for every macro-region and micro-region and then compared to the expected distribution, which was based on the general population norms that were obtained by census statistics.<sup>31</sup>

\*\*\*Please insert Figure 1 about here\*\*\*

## Data Analysis

A Chi-Square ( $\chi^2$ ) goodness-of-fit test was used to compare the observed birthplace distribution of each soccer cohort against the expected birthplace distribution based on general population norms. Since chi-square statistics cannot reveal the magnitude and the direction of an

existing relationship, the effect size (Cramer's V) and odds ratios (Ors) were calculated. The Cramer's V was interpreted as follows: a value of 0.06 or more indicated a small effect size, a value of 0.17 or more indicated a medium effect size, and a value of 0.29 or more indicated a large effect size.<sup>32</sup> The Ors and 95% confidence intervals (CIs) were calculated for the macro-regions (i.e., North vs. Centre; North vs. South; Centre vs. South), as well as for the micro-regions, as previously conducted in other birthplace effects studies.<sup>33</sup> The Ors were calculated and interpreted following the procedures outlined by Szumilas,<sup>34</sup> with CIs including 1 (i.e., CI 0.90-1.10) marked no association. Results were considered significant for  $P < 0.05$ . Statistical Analysis were conducted using Microsoft Excel,<sup>35</sup> and maps of Italy were produced using Microsoft Excel.<sup>36</sup>

## Results

The observed birthplace distribution of each macro-region for the youth and senior national teams as well as the general population norms presented in **Figure 2**. Descriptive statistics, in terms of frequency and percentage of distribution of players' macro-region of birth for each national team, as well as the results from chi-square statistics, are shown in **Table 1**. The observed macro-region distributions for U15, U16-U21, and the senior national team were significantly different from the general population norms (all  $P$  values  $< 0.0001$ ; effect sizes ranged from medium to large; North observed mean (expected mean) = 48.1% (38.9%), Centre observed mean = 27% (17%), South observed mean = 24.9% (44%)). **Table 2** shows the observed distribution of each micro-region across all Italian national soccer teams, which was also significantly different from the expected distribution ( $\chi^2 = 491.15$ ;  $P < 0.001$ ; small effect size).

\*\*\*Please insert Figure 2 about here\*\*\*

\*\*\*Please insert Table 1 about here\*\*\*

\*\*\*Please insert Table 2 about here\*\*\*

The descriptive Ors for the macro-regions are presented in **Table 3**. The Ors showed an increased likelihood of players born in the North and in the Centre of being selected for the U15 national team and U16-U21 national teams compared to players born in the South, with the highest



186 Ors being Centre vs. South (U15: 2.41, CI 1.67–3.48; U16-U21: 2.76, CI 2.31–3.30). Furthermore,  
 187 players born in the Centre and in the North also recorded an increased likelihood of being selected  
 188 for the senior national team compared to players born in the South, with the highest Ors being Centre  
 189 vs. South (3.21, CI 1.35–2.81).

190 **\*\*\*Please insert Table 3 about here\*\*\***

191 **Figure 3** shows a map of Italy's micro-regions, coloured with different gradations of blue  
 192 according to Ors' values (darker colour indicate higher Ors). Ors for all micro-regions were calculated  
 193 based on the likelihood of players of being selected to play for any of the Italian national soccer teams.  
 194 Players born in Tuscany (a central micro-region) had the greatest likelihood of representing Italy  
 195 compared to the rest of the country (OR 1.92, CI 1.50–2.45). In contrast, players born in the eight of  
 196 South Italy's micro-regions recorded the lowest likelihood of being selected to play for the national  
 197 squads compared to the rest of the country, having recorded the following Ors: Abruzzo = 0.53 (CI  
 198 0.32–0.88), Apulia = 0.50 (CI 0.39–0.65), Basilicata = 0.13 (CI 0.03–0.43), Calabria = 0.69 (CI 0.50–  
 199 0.96), Campania = 0.83 (CI 0.69–1.00), Molise = 0.09 (CI 0.01–0.67), Sardinia = 0.55 (CI 0.36–  
 200 0.83), and Sicily = 0.35 (CI 0.27–0.46).

201 **\*\*\*Please insert Figure 3 about here\*\*\***

202 Additional analyses were conducted to further explore the possible Italian territorial  
 203 inequalities, in terms of progressing towards national soccer squads. Three micro-regions of Italy  
 204 were taken as reference (i.e., Lombardy [North]; Tuscany and Lazio [Centre]) and compared to other  
 205 three micro-regions of Italy (i.e., Campania, Sicily, and Apulia [South]). The results from these  
 206 comparisons are shown in **Table 4**. These underlined Lombardy, Tuscany, and Lazio (North and  
 207 Centre) had an increased likelihood of being selected for the national teams, with the highest OR  
 208 being Tuscany vs. Sicily (5.47, CI 3.86–7.75).

209 Overall, these results showed an overrepresentation of players born in North and Central  
 210 Italian regions compared to their compatriots born in the South in both youth and senior teams.

211 **\*\*\*Please insert Table 4 about here\*\*\***

## Discussion

Italy is characterised by socioeconomic and cultural differences between the North, Centre, and South of the country that has been labelled as the ‘southern question’.<sup>37</sup> To our knowledge this was the first study that has explored the ‘southern question’ (i.e., birthplace effects) in the Italian soccer landscape. The results highlighted soccer players born in the North and Centre of the country have, from a young age and during the initial entry point into the national pathway (i.e., U15), the greatest likelihood of being selected to play for the Italian national squads compared to their equivalents born in the South.

There is a common belief that players need to be exposed to large volumes of structured practice to acquire expertise in soccer.<sup>38</sup> As a result, a large proportion of countries have started offering players more practice and competition in their primary sport (i.e., soccer) during childhood.<sup>39</sup> In line with this, Italian soccer has adopted an early specialisation and identification pathway, which encourages children to enter soccer academies from a very young age (e.g., 6-years-old). Importantly, Italian children and adolescents’ access to these optimal developmental environments is based on a ‘pay-to-play’ model, whereby parents are required to pay an annual fee. Accordingly, the help and financial support of parents (i.e., their socioeconomic status) may act as a constraint on Italian individuals’ development in soccer.<sup>40</sup> In the context of the current findings, South Italy’s disadvantages in terms of the socioeconomic and cultural status compared to the rest of the country,<sup>41</sup> may limit access to talent pathway of children and adolescents born and raised in the Southern regions, eventually limiting their long-term development in soccer. A recent study conducted by the FIGC highlighted how South Italy recorded fewer players aged between 5 and 16 years involved in organised soccer activities compared to North and Central Italy.<sup>42</sup> Enrolment in soccer at early ages enables children to acquire early skill advantages, which could inevitably cause a rise in performance levels.<sup>43</sup> As such, children from North and Central Italy are more likely to be recognised as talented and may dispose of greater openings to talent pathways later in their young career.

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237           Research has highlighted how the sport spatial landscape (e.g., distribution of athletes and  
238 clubs, structures competitions, and location of successful underage clubs) could offer critical  
239 information regarding athletes' equity of opportunity for development in every sport association.<sup>44</sup> In  
240 this regard, the Italian soccer spatial landscape appears unequal across the country. More specifically,  
241 soccer in Italy has always been a place where the geographical divisions between the North and the  
242 South of the country are shown. Historically, soccer in Italy was mostly present in the North, where  
243 there were cities, green grass, free time, and, above all, finances were often held.<sup>45</sup> Contrarily, in  
244 South Italy, soccer has increased at a slower rate. For instance, ten years after the first world conflict,  
245 only 11% of the players lined up from the South's soccer teams were born in South Italy.<sup>46</sup> Today,  
246 the Italian national training soccer centre is in Central Italy. In line with this, the Serie A (i.e., Italy's  
247 top male league) has often showed an overrepresentation of teams from the North and the Centre,  
248 with northern teams generally more successful than any other team across the country,<sup>47</sup> while  
249 southern teams often in a struggle to maintain their elite status.<sup>48</sup> As an example, from 1975 onwards,  
250 on 46 seasons of the Serie A, only five of these were won by a club not from North Italy (AS Roma  
251 in 1982-83 and 2000-01; SSC Napoli 1986-87 and 1989-90; SS Lazio 1999-00). This is an important  
252 factor to consider, because from U15 onwards, the FIGC organise elite youth national championships  
253 in which professional teams' youth teams take part. Considering that the majority of professional  
254 clubs reside in the North and Centre of Italy, these two macro-regions are overrepresented across all  
255 age-groups categories.

256           Elite youth clubs are high-quality environment where young players can fulfil their potential.  
257 Recent findings have highlighted how proximity to successful youth clubs is a central factor in talent  
258 development,<sup>49</sup> as once young athletes reach a high level of performance, they are often required to  
259 leave their former local club in favour of a high-performance club where they can have access to  
260 better training facilities and are followed by expert coaches.<sup>50</sup> As such, young players born in North  
261 and Central Italy may have access to greater developmental opportunities, as well as benefit from the  
262 increased exposure to sport specific motor experiences, to quality coaches and facilities, and from the

regular involvement in higher competition levels from a young age.<sup>51</sup> In contrast, in South Italy, the lack of talent clubs and facilities means youngsters born in this macro-region have less openings for higher-level developmental opportunities in soccer. Accordingly, this creates differences in opportunity for soccer growth between players born in North and Central Italy and players born instead in the South. Moreover, young players who play in elite youth clubs are exposed to a greater social visibility, which could augment their likelihood of being selected to play for the youth national teams.<sup>52</sup> For instance, in Brazilian soccer, Teoldo and colleagues showed how a large pool of young talented players use to migrate from their hometowns to develop in high-performance youth teams, which ensure them better training conditions and facilities, also augmenting their visibility to youth national teams' head coaches.<sup>53</sup> Indeed, it is worth presuming national teams' head coaches select players from the best elite youth clubs throughout the country. As such, in our study, the lower presence of players from the South in the Italian national youth representatives could be attributed to the underrepresentation of South Italy's youth soccer clubs at national level.

Young athletes who grow up at a greater distance from high performance clubs may face additional challenges, such as requiring additional resources for transportation,<sup>54</sup> or may need to leave their families to be able to continue chase their dream of becoming successful senior athletes.<sup>55</sup> In other words, because of the distance and/or lack of elite youth clubs in South Italy, many soccer talents born in the South: (a) will not have the possibility of developing in high-quality environment, and (b) will not have a higher social visibility, unless they are willing to migrate in the North and Central regions. Therefore, presuming that the underrepresentation in the national soccer representatives of players born in the South is due to a lack of talent in these regions, it would be unfair and unlikely to be true. Rather, these birthplace effects, cause a loss of talent, as players born in the South who may have the potential to succeed are being overshadowed by players born in other regions of the country; particularly as soccer in the South is no less popular in comparison to North and Central regions.<sup>56</sup> As such, similarly to relative age effects (RAEs),<sup>57</sup> the regional disparities in the Italian soccer presented in this paper represents an unintended form of talent wastage.<sup>58</sup> This could

have adverse implications for the Italian Soccer Federation, as it could impact the pool of talented players to select from senior level and therefore need to be managed accordingly.

The Matthew effect is used to describe how, in society, ‘the rich get richer’ and ‘the poor get poorer’.<sup>59</sup> This notion has been already explored in sport as part of a theoretical framework (i.e., the Social Agent’s Model) used to explain RAEs.<sup>60</sup> The Matthew effect can also be used here to explain longer developmental advantages experimented by children and adolescents from North and Centre Italy. The socioeconomic constraints that characterise youth Italian soccer (i.e., the ‘pay-to-play’ model), may impact on children and adolescents’ access to first developmental experiences in soccer. Families with lower socioeconomic and cultural conditions, mostly present in the Southern regions, may be discouraged to have children involved in soccer activities, undermining their interactions with the soccer environment (e.g., early abilities, connections with peers and coaches) and their development. This causes an initial performance gap between children and adolescents from South Italy and players from North and Central Italy, who, due to their higher social class and have greater access to facilities, are more likely of being involved in soccer practices. This will have a subsequent impact on their subsequent selection opportunities, eventually widen the already existent gap in terms of long-term developmental soccer opportunities between players from North and Central Italy and players from the South (i.e., ‘the rich get richer’ and ‘the poor get poorer’). As such, these longer developmental advantages experimented over time (i.e., training sessions and seasons) by Italian children and adolescents born in the regions of the North and Centre impact on their likelihood of becoming the better players in the future (i.e., career), and indeed the results of our study showed how they remain to be overrepresented even at senior level.

Summing up, human development is dependent on an intertwined relationship between the individual and their environment. Our study highlighted how talent selection and development processes in Italian soccer are not done on a levelling playing field, and proposed how in South Italy, the lack of sporting infrastructures, lower socioeconomic status, and fewer professional soccer clubs and youth academies, negatively impact on soccer developmental trajectory for children born in this

macro-region. Considering that every sport association's aim should be providing equitable opportunities for participation and success in sport, the FIGC should evolve accordingly by increasing its awareness of its developmental soccer pathways to try to give every talent a chance.

### Limitations

When interpreting the results of this study, it is important to consider its limitations. First, only one appearance with any of the Italian national soccer teams was required to be included in this study. However, some players could have played in considerably more games. Career duration and/or appearances could be a variable included to understand the influence of birthplace on long-term development outcomes. Second, this study did not make a distinction between playing a friendly or an official match. Considering the different requirements needed for players to play internationally during a major tournament and to play in a friendly match, a more appropriate data analysis could have included such distinction. Third, this study has only taken in consideration players' place of birth. However, a player may be born in a particular region of Italy and then moved elsewhere in the country in their younger age. Finally, we derived the sociocultural and economic status from census statistics. Another possible method could have been to investigate the sociocultural and economic status associated with national representatives. It is, however, worth considering that this evaluation of the 'southern question' provides valuable insights on birthplace effects in Italy and offers a foundational approach for future studies.

### Conclusions

The *Stadio Olimpico* [Olympic Stadium] is the largest sports stadium in Rome, Italy, seating over 70,000 spectators. Rebuilt for the Men's FIFA World Cup in 1990, the Stadio Olimpico is home to AS Roma and SS Lazio as well as host of the Coppa Italia final and many national team fixtures. Indeed, thousands of young (and senior) Italian soccer players dream of representing their national team in their capital at the Stadio Olimpico. However, in the context of the male Italian national teams, we questioned whether *all roads lead to Rome*. This figurative expression means that all choices, methods, or actions lead to the same result or goal, and a metaphor that nicely queries the

reality of Italian soccer players. Based on our findings, it appears not all roads necessarily lead to Rome for aspiring Italian soccer players. Specifically, this paper was the first to examine the presence of the ‘southern question’ (i.e., birthplace effects) in the Italian national soccer teams, with results showing the presence of a skewed distribution of birthplaces that favours players born in North and Central Italy. Moving forward, key stakeholders employed within the FIGC are encouraged to focus their attention on creating more equitable talent pathways across the country and widen the pool of potential talent. Moreover, future research in this area would benefit from examining the socioeconomic and cultural backgrounds of selected players and further explore the Italian soccer landscape (i.e., distribution of players across the national territory). This would highlight some patterns of migration and help to better understand the challenges that youth Italian players need to overcome to become successful senior players.

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#### **Disclosure statement**

The authors report there are no competing interests to declare.

#### **Author Contributions**

GM, AK, GA, and BR have given substantial contribution to the conception and design of the manuscript. GM and AK have participated to drafting the manuscript. GM, AK, GA, and BR have revised it critically. All authors read and approved the final version of the article.

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# ALL ROADS LEAD TO ROME?

618 Table 1 – *Birthplace distribution per macro-region for the international youth and senior Italian*  
 619 *soccer players compared to the general population norms.*

National Team	North (expected)	Center (expected)	South (expected)	$\chi^2$	<i>P</i>	<i>V</i>	Effect
Senior National Team	96 (84.6)	67 (36.9)	54 (95.5)	44.123	<b>&lt;0.0001</b>	0.32	Large
%	44.2 (38.9)	30.9 (17)	24.9 (44)				
U16-U21	948 (756.2)	512 (329.6)	479 (853.2)	313.705	<b>&lt;0.0001</b>	0.28	Medium
%	48.9	26.4	24.7				
U15	238 (181.7)	110 (79.2)	118 (205)	80.460	<b>&lt;0.0001</b>	0.29	Large
%	51.1	23.6	25.3				

620 *Bold = statistically significant at  $P < 0.05$ .*

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622

623 Table 2 – *Birthplace distribution per micro-region for the international Italian soccer players*  
 624 *compared to the general population norms.*

Birthplace (Regions)	N° of total players observed	N° of total players expected	% <i>observed</i>	% <i>expected</i>
<b>Aosta Valley</b>	4	3.6	0.19	0.17
<b>Piedmont</b>	146	130.7	6.95	6.22
<b>Liguria</b>	60	43.3	2.85	2.06
<b>Lombardy</b>	402	301.4	19.12	14.34
<b>Trentino A-A</b>	17	35.7	0.81	1.70
<b>Veneto</b>	177	150.9	8.42	7.18
<b>FVG</b>	49	35.1	2.33	1.67
<b>Emilia-Romagna</b>	167	112.9	7.94	5.37
<b>Tuscany</b>	198	103.2	9.42	4.91
<b>Umbria</b>	33	26.1	1.57	1.24
<b>Marche</b>	48	46.9	2.28	2.23
<b>Lazio</b>	270	188.3	12.84	8.96
<b>Abruzzo</b>	23	43.5	1.09	2.07
<b>Molise</b>	1	11.6	0.05	0.55
<b>Campania</b>	235	282.7	11.18	13.45
<b>Apulia</b>	92	182.7	4.38	8.69
<b>Basilicata</b>	3	23.1	0.14	1.10
<b>Calabria</b>	62	89.5	2.95	4.26
<b>Sicily</b>	80	227.9	3.81	10.84
<b>Sardinia</b>	35	63.7	1.67	3.03

625 *Bold = statistically significant (CIs including 1 mark no association).*

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## ALL ROADS LEAD TO ROME?

628 Table 3 – *ORs of the birthplace distribution (macro-regions) for the international youth and senior*  
 629 *Italian soccer players.*

National Team	OR North vs. South (95% CI)	OR Center vs. South (95% CI)	OR Center vs. North (95% CI)
U15	<b>2.28 (1.69-3.06)</b>	<b>2.41 (1.67-3.48)</b>	0.94 (0.67-1.33)
U16-U21	<b>2.23 (1.93-2.59)</b>	<b>2.76 (2.31-3.30)</b>	<b>1.24 (1.05-1.46)</b>
A	<b>2.01 (1.29-3.13)</b>	<b>3.21 (1.35-2.81)</b>	1.60 (0.97-2.63)

630 *Bold = statistically significant (CIs including 1 mark no association).*

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## ALL ROADS LEAD TO ROME?

632 Table 4 – *ORs of the birthplace distribution (micro-regions) for gaining selection into a national*  
 633 *Italian team.*

Comparison (Regions)	OR (95% CI)
<b>Lombardy vs. Campania</b>	<b>1.60 (2.02-1.28)</b>
<b>Lazio vs. Campania</b>	<b>1.72 (1.34-2.22)</b>
<b>Tuscany vs. Campania</b>	<b>2.31 (1.72-3.10)</b>
<b>Lombardy vs. Sicily</b>	<b>3.80 (2.83-5.10)</b>
<b>Lazio vs. Sicily</b>	<b>4.08 (2.98-5.60)</b>
<b>Tuscany vs. Sicily</b>	<b>5.47 (3.86-7.75)</b>
<b>Lombardy vs. Apulia</b>	<b>2.65 (1.98-3.55)</b>
<b>Lazio vs. Apulia</b>	<b>2.85 (2.08-3.89)</b>
<b>Tuscany vs. Apulia</b>	<b>3.81 (2.70-5.38)</b>

634 *Bold = statistically significant (CIs including 1 mark no association).*

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## ALL ROADS LEAD TO ROME?

638 Figure 1 – *Italian map showing the micro-regions of Italy, divided by macro-regions (North,*  
639 *Center, South).*

640 Figure 2 – *Birthplace distribution per macro-regions for the Italian national soccer teams.*

641 Figure 3 – *Map of Italy with micro-regions separated by white lines and coloured according to ORs*  
642 *for being selected to play for any of the Italian national soccer team.*

643