

A Systematic Review of Circular Economy Literature in Healthcare: Transitioning from a ‘Post-Waste’ Approach to Sustainability

Krishnendu Saha^{a1}, Krish.saha@bcu.ac.uk, Zahra Farhanj^a, z.farhanj@gmail.com, Vikas Kumar^b, vikas.kumar@port.ac.uk

^a Graduate School of Management, Birmingham City University, Birmingham, UK.

^b University of Portsmouth, Portsmouth, UK

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Abstract

The healthcare sector generates significant waste and environmental challenges, making the adoption of circular economy principles increasingly urgent. While research on circular economy adoption in healthcare has grown, a critical gap exists in understanding how the field evolves and the primary themes driving this transformation. This study employs bibliometric and content analysis to systematically review the intellectual structure and current state of circular economy research in healthcare.

Analysing academic papers published between 2014 and 2024, this review identifies four key themes: healthcare waste management, sustainable product design, economic and policy frameworks, and education and stakeholder engagement. The findings highlight an imbalance in the research landscape, emphasising operational challenges strongly, while systemic enablers remain largely underexplored. Although Europe leads in adopting CE practices, significant research gaps persist in Asia and North America. Key barriers, including regulatory constraints, resistance to change, and concerns around patient safety, continue to impede the effective implementation of CE, particularly in the reuse and recycling of medical devices.

This study proposes research on three key areas: evaluating the impact of the existing economic and policy frameworks; sustainability education, aimed at embedding circular economy principles into healthcare training programs; and operationalising circular supply chains, focusing on reverse logistics for medical device recovery and recycling.

¹ Corresponding author.

This review contributes to Step 1 of circularity by addressing waste minimisation at the source. It also identifies gaps in research and geographic disparities to advance Step 2 of circularity, which is focused on resource recovery and reuse. Finally, it provides actionable recommendations for Step 3, which aims to build systemic resilience and reduce carbon footprints through circular supply chains and sustainable procurement.

Keywords: Circular Economy in Healthcare, Sustainable Product Design, Healthcare Waste Management, Interdisciplinary Collaboration, Sustainability Education in Healthcare.

List of Abbreviations

CE	Circular Economy
HC	HC
I4.0	Industry 4.0
LSS	Lean Six Sigma
NHS-UK	National Health Service-United Kingdom
PRISMA	Preferred Reporting Items for Systematic literature review and Meta-Analyses
RQ	Research Question
SLR	Systematic Literature Review

Article Highlights

This paper employs bibliometric and content analysis to systematically review CE research in healthcare between 2014 and 2024.

Healthcare waste management, sustainable product design, policy frameworks, and stakeholder engagement are essential pillars.

Europe leads in CE adoption, but research gaps persist in Asia and North America, highlighting regional disparities.

A proactive circular system needs future research on sustainability-oriented education, modular product design, and policy reforms.

A Systematic Review of Circular Economy Literature in Healthcare: Transitioning from a 'Post-Waste' Approach to Sustainability.

1. Introduction

Healthcare (HC), by its very nature, requires vast resources, resulting in considerable waste and pollution. The National Health Service (NHS), a cornerstone of the UK's healthcare system, generates around 156,000 tons of clinical waste yearly (NHS, 2023), an unavoidable consequence of contamination and infection control measures (Saha et al., 2024 a). Beyond the environmental toll, the financial burden is staggering, with operational costs soaring to £121 billion in 2022/23 alone (NHS, 2024). This resource-intensive, waste-heavy model has often been characterised as a 'post-waste' system, where efforts are centred on managing waste after its creation rather than addressing its root causes. Though practical in the short term, such an approach perpetuates structural inefficiencies and environmental harm. Traditionally dependent on single-use materials, the healthcare sector now stands at a critical juncture where implementing circular economy (CE) principles could transform its trajectory toward sustainability.

CE principles advocate for a shift towards proactive strategies—designing for durability, reusability, and recyclability—that tackle waste at its source. Therefore, Demir & Tekinarslan (2022), Hoveling et al. (2024) and MacNeill et al. (2020) highlight the need for recycling and resource reuse in healthcare. By reducing the risks associated with hazardous waste and improving disposal practices, CE offers a pathway to mitigate environmental damage and operational inefficiencies (Narang & Vij, 2021). For example, Scotland is taking tangible steps toward embedding CE principles using I4.0 technologies (e.g., AI, blockchain, big data, Internet of things) within its healthcare system to reduce single-use items, increase the re-use and remanufacturing of medical supplies, and utilise circular supply models that keep products within the economy longer (CivTech, 2024).

In the grand narrative of public health and environmental stewardship, effective waste management has long been recognised as essential (Assemu et al., 2020; Ibrahim et al., 2023). Recently, significant progress has been made in exploring CE practices in healthcare (189 peer-reviewed papers have been published in the last ten years, according to Scopus (2024)). For instance, D'Alessandro et al. (2024) highlight the importance of identifying current CE practices and areas for improvement to support sustainable healthcare. Techniques such as Lean Six Sigma, when applied to healthcare, show promise in cutting down medical waste, further highlighting the sector's capacity for change (Saha et al., 2024a). Chauhan et al. (2021) and Kazançoğlu et al. (2021) explore how I4.0 technologies can address barriers and challenges in implementing CE strategies by transforming waste management systems in

healthcare. Sagha Zadeh et al. (2016) explore the importance of improving energy efficiency in hospitals, a critical but often undervalued element of sustainability in healthcare. While Molero et al. (2021) and Simwita et al. (2023) assess both the progress and ongoing challenges in driving sustainability within the sector by highlighting the gradual shift towards greener practices. However, Pereno and Eriksson (2020) stress the value of collaboration among multiple stakeholders and cross-sector partnerships, showing how these relationships can foster innovation and support sustainable development in healthcare. Further research by Jayasinghe et al. (2023), Obeidat et al. (2023), Priyadarshini et al. (2024), Syms et al. (2023), and Vishwakarma et al. (2024) focus on CE strategies to improve areas like supply chain management, green human resource management, and overall circularity in healthcare. Yet, despite these advances, the practical implementation of CE is still fraught with challenges as healthcare systems continue to face regulatory hurdles and the high costs involved in transitioning to more sustainable models (Ranjbari et al., 2022).

As the body of work grows, research remains fragmented, with studies focusing on isolated issues like waste management (Sagha Zadeh et al., 2016) or individual technological solutions (Kazançoğlu et al., 2021) or particular country (Dixit & Dutta, 2024), limiting broader applicability and necessitating further exploration of barriers, benefits, and the applicability of CE models in various healthcare contexts. The fragmented state of research on CE in healthcare presents a dual challenge: it reflects the growing interest in integrating CE principles into this critical sector while simultaneously exposing the limitations of the existing literature. On the other hand, the absence of a systematic literature review (SLR) consolidating these fragmented findings leaves critical gaps in our understanding, hindering the development of actionable and scalable frameworks. Therefore, it is necessary to systematically review this rapidly expanding literature to synthesise these disparate findings. Moreover, such a review is essential to identify empirical gaps, particularly around multi-stakeholder collaboration and supply chain integration (Obeidat et al., 2023; Pereno & Eriksson, 2020). To this end, our SLR seeks to address two fundamental questions to explore the current literature in order to pave the path for future research of CE in the HC sector:

RQ1: What is the intellectual structure of circular economy literature on the healthcare sector?

RQ2: What is the current state of research on circular economy practices in healthcare?

To address these research questions, we assess the CE in HC literature using a combination of bibliometric and content analysis. Beyond methodological triangulation, such a combination provides holistic understanding, uncovers hidden patterns, synergistically analyses the findings, and generates critical insights.

The HC sector has shown a growing interest in CE principles. Still, it remains entrenched in reactive waste management practices, which could either indicate incremental progress or a sign of stagnation. This review seeks to address these challenges by making three targeted contributions, each aligned with advancing the healthcare sector's shift from reactive waste management to genuine circularity. First, it delivers a systematic and integrative analysis of CE practices in healthcare, categorising key themes such as waste management, sustainable product design, policy frameworks, and stakeholder engagement. This approach reveals the sector's gradual move toward circularity and critically exposes enduring barriers, including regulatory complexities, resource constraints, and entrenched cultural norms. Doing so provides the foundational knowledge required for Step 1 (minimising waste at the source through informed decision-making and strategic interventions) of circularity—identifying and addressing inefficiencies in current waste management systems.

Second, the review advances the methodological discourse by scrutinising existing research approaches and geographic disparities, revealing a dearth of empirical studies and the gaps in CE adoption in Asia and North America. This gap highlights the need for more robust, data-driven research to substantiate and generalise findings to provide a stronger foundation for scaling CE practices across healthcare systems. This insight directly supports Step 2 of circularity (resource recovery and reuse), focusing on optimising resource utilisation and improving the design of healthcare products to align with CE principles.

Finally, this paper outlines actionable pathways for future research and practice, emphasising the importance of interdisciplinary collaboration, embedding sustainability education into healthcare training, and crafting dynamic policy frameworks. These recommendations are essential for Step 3 (building systemic resilience and reducing carbon footprints)—enabling decarbonisation through circular supply chains and sustainable procurement practices.

The remainder of this paper is structured as follows: first, we detail the methodological approaches for the review, and then, in section 3, we present the findings of the reviews. The discussion section highlights the broader meanings of our findings, explores future research agendas and acknowledges our limitations. Finally, we draw conclusion in section 5.

2. Methodological approach

This research conducts an SLR (Agostini et al., 2023) combined with bibliometric and content analysis. The epistemological position of the review is critical realism (Bhaskar, 1975), which embraces a mixed-method approach. Mixed-methods research integrates quantitative and qualitative approaches to address complex phenomena such as CE in HC holistically (Creswell & Plano Clark, 2017). Our approach

is inspired by the precedent set by Saha et al. (2024c), whose mixed-methods SLR on CE, published in the *Journal of Cleaner Production*, demonstrated the value of integrating quantitative and qualitative approaches to gain a nuanced understanding of complex systems. Our approach aligns with this framework since our bibliometric methods follow a deductive and quantitative approach while the content analysis uses an inductive qualitative (Zawacki-Richter et al., 2020) strategy. The deductive approach of bibliometric review identifies overarching trends, assesses the relative impact of different articles, and provides a comprehensive picture of the field's intellectual structure (RQ1). On the other hand, the content analysis introduces qualitative dimensions to unveil the current state of research on CE practices in healthcare (RQ2). This two-layered approach adheres to the principles of mixed-methods research (Tashakkori & Teddlie, 2010), providing both the breadth of quantitative bibliometric insights and the depth of qualitative thematic interpretation.

2.1. Identification and Quality Assessment of CE-Health Care Literature

We applied the PRISMA approach to conduct the SLR (Figure 1). The initial search was conducted through the Scopus database (Malanski et al., 2021) on 2 August 2024 based on keywords “circular economy,” AND “Health*,” OR “Healthcare;” OR “Medical” for searches within “the title, abstract, and keyword”. A total of 2589 documents were identified as the original sample. To refine the sample, we focused on topics relevant to healthcare, excluding papers not pertinent to the discussion and restricting the sample to English-language documents.

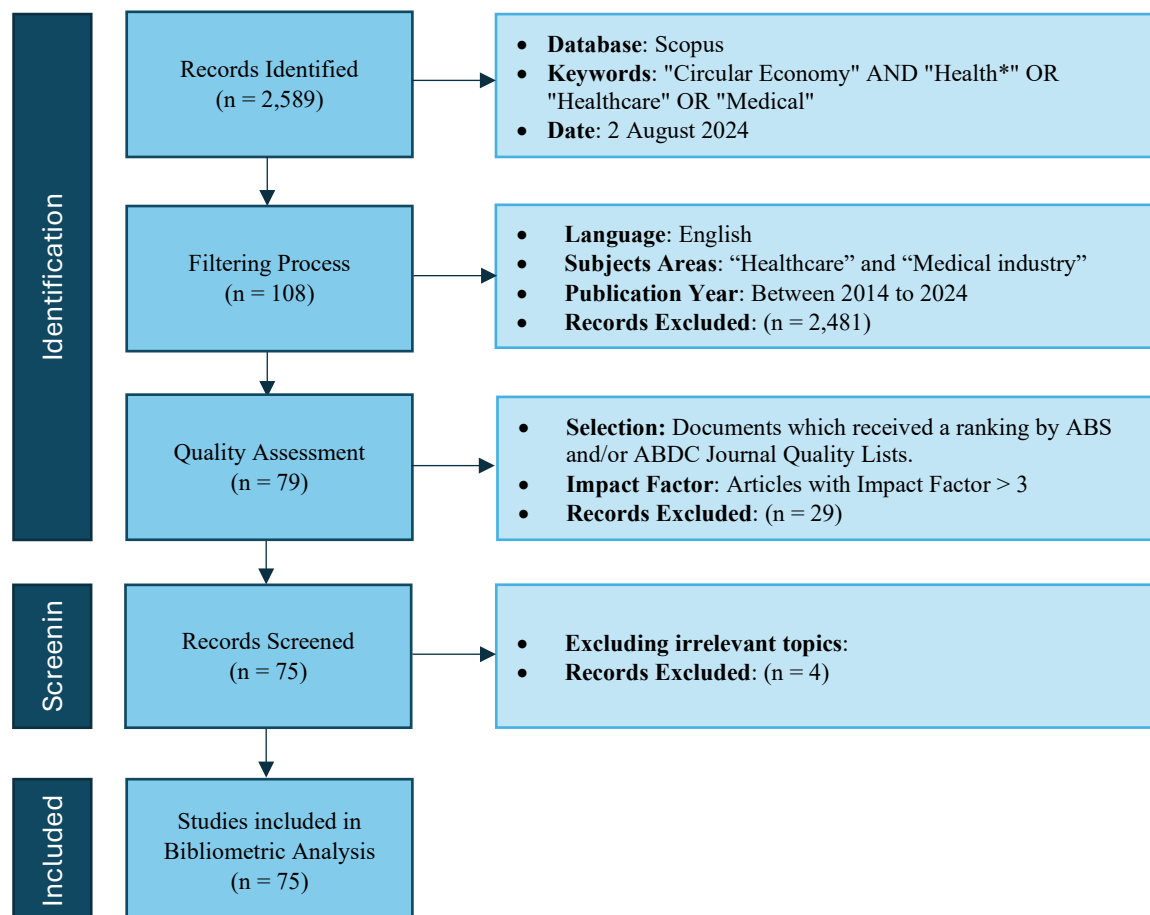


Figure 1. Selection process based on PRISMA method

The inclusion and exclusion criteria were carefully applied to ensure the selection of high-quality studies directly aligned with this systematic review's two RQs and methodological framework. Articles were included if they explicitly addressed CE practices in healthcare and provided theoretical, empirical, or practical insights. Additionally, only English-language studies were included to ensure consistency in analysis and accessibility. Exclusion criteria were similarly designed to refine the dataset and maintain relevance to the research questions. Grey literature, such as policy briefs and reports, was excluded to focus on peer-reviewed sources that meet established academic standards. Papers that lacked direct relevance to CE in healthcare, such as those addressing industrial applications or generic mentions of CE without detailed analysis, were omitted. Methodological considerations also played a role; studies with limited or unclear methodologies were excluded.

The HC sector has undergone significant changes over the past decade, driven by technological advancements, sustainability challenges, and evolving patient needs, particularly during the COVID-19 pandemic. The selected time frame of 2014–2024 reflects a strategic choice to capture a decade of significant evolution in CE research within the healthcare sector. This period marks the emergence of CE as a critical area of academic and policy focus, with early contributions from authors such as Viani et al. (2016), who investigated value recovery from medical instruments used in England and Italy. Furthermore, this time frame captures pivotal global sustainability initiatives (i.e., the European Green Deal and the United Nations' Sustainable Development Goals [SDGs]), which have driven the integration of CE practices into healthcare systems. While earlier studies are excluded, this 10-year time frame allows us to capture the most relevant and contemporary insights, notably how the pandemic accelerated innovations in healthcare delivery and sustainability practices.

To enhance credibility, we assessed the quality of the selected papers based on journal rankings from the Australian Business Deans Council (ABDC) (Hair et al., 2019) and the Chartered Association of Business Schools (CABS) (Walker et al., 2019) Journal Quality List. Since healthcare-focused articles are often published in non-ABDC and CABS journals, we also considered articles from journals outside the scope of ABDC and CABS. However, we only selected reputed journals using the citation reports (good impact factors >3.00 and above), similar to Saha et al. (2024c, p. 5) and the definition of a predatory journal presented in Oviedo-García (2021) for quality control purposes.

Table 1. Selected literature (75), their relevance, thematic and geographic scopes and methodological approaches

ID	Articles for content analysis	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Geographic scope	Methodological approach
1	Abhilash and Inamdar (2022)	1	2	2	5	Medium	Healthcare Waste Management	Not Specified	Qualitative
2	Ahkola et al. (2024)	2	2	1	5	Medium	Healthcare Waste Management	Europe	Qualitative
3	Alexaki et al. (2018)	3	2	2	7	High	Sustainable Product or Procedure Design	Europe	Theoretical
4	Ali and Geng (2018)	3	3	3	9	High	Sustainable Product or Procedure Design	Asia	Qualitative
5	Ali and Kannan (2022)	3	3	2	8	High	Economic and Policy Frameworks	Not Specified	Theoretical
6	American Public Health Association (2023)	3	2	2	7	High	Healthcare Waste Management	North America	Theoretical
7	Benedettini (2022)	3	3	3	9	High	Sustainable Product or Procedure Design	North America	Qualitative
8	Best and Williams (2021)	3	3	3	9	High	Economic and Policy Frameworks	North America	Theoretical
9	Chau et al. (2022)	1	2	1	4	Medium	Healthcare Waste Management	Europe	Theoretical
10	Chauhan et al. (2021)	3	3	3	9	High	Sustainable Product or Procedure Design	Not Specified	Qualitative
11	Chen et al. (2023)	2	2	2	6	Medium	Healthcare Waste Management	Not Specified	Qualitative
12	Chew et al. (2023)	3	3	3	9	High	Healthcare Waste Management	Asia	Qualitative
13	Chu et al. (2023)	3	3	2	8	High	Healthcare Waste Management	Asia	Qualitative

ID	Articles for content analysis	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Geographic scope	Methodological approach
14	Cobra et al. (2023)	3	2	3	8	High	Sustainable Product or Procedure Design	South America	Qualitative
15	Cook et al. (2023)	2	3	1	6	Medium	Healthcare Waste Management	Asia	Theoretical
16	Daú et al. (2019)	3	3	3	9	High	Sustainable Product or Procedure Design	South America	Qualitative
17	Dihan et al. (2023)	3	3	3	9	High	Healthcare Waste Management	Asia	Qualitative
18	Dolatabad et al. (2022)	3	3	3	9	High	Sustainable Product or Procedure Design	Asia	Theoretical
19	Duane et al. (2020)	2	3	1	6	Medium	Sustainable Product or Procedure Design	Europe	Qualitative
20	Dukić et al. (2013)	1	2	1	4	Medium	Economic and Policy Frameworks	Europe	Theoretical
21	Ezeudu et al. (2022)	3	3	2	8	High	Economic and Policy Frameworks	Africa	Qualitative
22	Fanta et al. (2021)	3	3	2	8	High	Sustainable Product or Procedure Design	Not Specified	Theoretical
23	Ferronato et al. (2020)	1	3	1	5	Medium	Healthcare Waste Management	South America	Qualitative
24	Gaberščik et al. (2021)	3	2	1	6	Medium	Sustainable Product or Procedure Design	Europe	Quantitative
25	Govindan et al. (2022)	1	3	1	5	Medium	Healthcare Waste Management	Not Specified	Qualitative
26	Haber and Fagnoli (2021)	2	2	2	6	Medium	Sustainable Product or Procedure Design	Europe	Qualitative

ID	Articles for content analysis	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Geographic scope	Methodological approach
27	Harding et al. (2021)	3	3	2	8	High	Healthcare Waste Management	North America	Qualitative
28	Hatzivasilis et al. (2019)	3	3	3	9	High	Economic and Policy Frameworks	Europe	Qualitative
29	Hunfeld et al. (2023)	3	3	3	9	High	Sustainable Product or Procedure Design	Europe	Qualitative
30	Ishaq et al. (2024)	3	3	3	9	High	Sustainable Product or Procedure Design	Europe	Qualitative
31	Jafarzadeh Ghouschi et al. (2022)	2	3	1	6	Medium	Sustainable Product or Procedure Design	Asia	Qualitative
32	Kandasamy et al. (2022)	3	3	2	8	High	Economic and Policy Frameworks	Asia	Quantitative
33	Kane et al. (2018)	3	3	3	9	High	Sustainable Product or Procedure Design	North America	Qualitative
34	Kazançoğlu et al. (2021)	3	3	2	8	High	Sustainable Product or Procedure Design	Not Specified	Qualitative
35	Kheirabadi and Sheikhi (2022)	2	3	1	6	Medium	Healthcare Waste Management	North America	Qualitative
36	Kumar and Chhabra (2022)	3	2	2	7	High	Sustainable Product or Procedure Design	Asia	Theoretical
37	Kumar et al. (2021)	3	3	2	8	High	Healthcare Waste Management	Not Specified	Qualitative
38	Leissner and Ryan-Fogarty (2019)	3	3	2	8	High	Sustainable Product or Procedure Design	Europe	Qualitative
39	MacNeill et al. (2020)	3	3	2	8	High	Sustainable Product or Procedure Design	North America	Qualitative

ID	Articles for content analysis	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Geographic scope	Methodological approach
40	Mahjoob et al. (2023)	3	3	3	9	High	Economic and Policy Frameworks	Not Specified	Qualitative
41	Mallick et al. (2022)	2	2	1	5	Medium	Sustainable Product or Procedure Design	Europe	Qualitative
42	Mariampillai et al. (2023)	3	2	2	7	High	Healthcare Waste Management	North America	Qualitative
43	Martin et al. (2022)	3	3	2	8	High	Healthcare Waste Management	Europe	Qualitative
44	Meissner et al. (2021)	3	2	1	6	Medium	Healthcare Waste Management	North America	Qualitative
45	Meister et al. (2022)	2	3	1	6	Medium	Healthcare Waste Management	Europe	Qualitative
46	Mekonnen and Aragaw (2021)	2	3	1	6	Medium	Sustainable Product or Procedure Design	North America	Theoretical
47	Najar et al. (2024)	3	3	2	8	High	Healthcare Waste Management	Not Specified	Qualitative
48	Narang and Vij (2021)	3	3	3	9	High	Sustainable Product or Procedure Design	Asia	Qualitative
49	Patil et al. (2022)	2	3	2	7	High	Economic and Policy Frameworks	Not Specified	Qualitative
50	Priyadarshini et al. (2024)	3	3	3	9	High	Sustainable Product or Procedure Design	Not Specified	Qualitative
51	Ramos et al. (2023a)	3	3	3	9	High	Sustainable Product or Procedure Design	Europe	Mixed
52	Ramos et al. (2023b)	3	3	3	9	High	Healthcare Waste Management	North America	Qualitative

ID	Articles for content analysis	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Geographic scope	Methodological approach
53	Ranjbari et al. (2022)	3	3	2	8	High	Sustainable Product or Procedure Design	Asia	Theoretical
54	Ranjbari et al. (2023)	2	3	1	6	Medium	Healthcare Waste Management	Not Specified	Theoretical
55	Ritchie (2021)	3	3	1	7	High	Sustainable Product or Procedure Design	North America	Qualitative
56	Saber et al. (2022)	1	2	1	4	Medium	Healthcare Waste Management	North America	Qualitative
57	Sadhukhan and Sekar (2022)	3	3	3	9	High	Sustainable Product or Procedure Design	Asia	Qualitative
58	Shabani et al. (2024)	3	3	2	8	High	Healthcare Waste Management	Africa	Qualitative
59	Sharma et al. (2023)	2	2	1	5	Medium	Healthcare Waste Management	Asia	Qualitative
60	Singh et al. (2022)	2	3	1	6	Medium	Healthcare Waste Management	Asia	Theoretical
61	Singh et al. (2023)	2	3	1	6	Medium	Healthcare Waste Management	Not Specified	Theoretical
62	Sittig et al. (2022)	3	2	2	7	High	Sustainable Product or Procedure Design	North America	Theoretical
63	Soares et al. (2023 a)	3	3	2	8	High	Healthcare Waste Management	Not Specified	Qualitative
64	Soares et al. (2023 b)	3	3	3	9	High	Education and Stakeholder Engagement	Europe	Quantitative

ID	Articles for content analysis	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Geographic scope	Methodological approach
65	Syms et al. (2023)	3	3	3	9	High	Sustainable Product or Procedure Design	Africa	Qualitative
66	Ugandar et al. (2023)	2	3	1	6	Medium	Healthcare Waste Management	Asia	Qualitative
67	Van Boerdonk et al. (2021)	3	2	2	7	High	Economic and Policy Frameworks	Not Specified	Qualitative
68	Van Straten et al. (2021)	3	3	3	9	High	Sustainable Product or Procedure Design	Europe	Qualitative
69	Viani et al. (2016)	2	3	1	6	Medium	Sustainable Product or Procedure Design	Europe	Qualitative
70	Viegas et al. (2019)	2	2	2	6	Medium	Economic and Policy Frameworks	Europe	Qualitative
71	Vishwakarma et al. (2024)	3	2	2	7	High	Economic and Policy Frameworks	Asia	Theoretical
72	Voudrias (2018)	3	3	1	7	High	Sustainable Product or Procedure Design	Europe	Qualitative
73	Wandji et al. (2022)	1	2	1	4	Medium	Sustainable Product or Procedure Design	Not Specified	Theoretical
74	Wright et al. (2019)	2	3	2	7	High	Economic and Policy Frameworks	Africa	Qualitative
75	Zlaugotne et al. (2022)	3	3	2	8	High	Healthcare Waste Management	Europe	Theoretical

Source: Author's analysis of Scopus data.

2.2. Bibliometric review process

We employ author co-citation analysis, keywords co-occurrence analysis and bibliographic coupling to uncover citation patterns and cluster-related documents within the field of CE in healthcare. Author co-citation analysis measures the frequency with which authors are cited together, achieving three

key objectives: (i) identifying influential scholars within CE in healthcare, (ii) uncovering connections between these scholars, and (iii) gaining insight into the main themes and directions within the research domain (Donthu et al., 2021). The keyword co-occurrence analysis, however, identifies the frequency with which specific terms appear together in the research on CE in healthcare. This technique helps uncover the key topics and themes frequently studied in conjunction with revealing the research focus areas and emerging trends within the field (Duong et al., 2024). Bibliographic coupling, on the other hand, examines the degree of similarity between reference lists of different academic articles, identifying those that share a conceptual foundation and revealing emerging areas in the field (Vogel et al., 2021). This bibliometric approach helps illuminate the intellectual structure (O'Donnell et al., 2024) of CE in healthcare, uncovering collaboration and communication networks among scholars. Using the VOSviewer (Van Eck & Waltman, 2017) software package, we generate visual maps and co-citation networks to understand the development and future research directions better.

2.3. Content analysis process

For this review, we established three relevance criteria (C1, 2 and 3) to systematically evaluate and select articles that would best support our analysis and address our research questions (Saha et al., 2024c; Vogel et al., 2021). These criteria ensured that selected articles provided substantive contributions to understanding both the intellectual structure and current state of CE practices in healthcare:

C1. Articles should offer robust theoretical frameworks or concepts that provide insights into the core principles, sustainability models, or interdisciplinary approaches of CE in HC.

C2. Articles that propose novel research areas or explore emerging themes, particularly those that push the boundaries of traditional CE applications in HC. This includes exploring innovative waste management techniques, resource efficiency models, or the integration of new technologies (e.g., AI, Industry 4.0) in healthcare contexts.

C3. Articles that establish new frameworks or methodologies to advance CE practices in HC. These frameworks should focus on practical and scalable solutions for resource use, waste minimisation, and sustainability in healthcare, as well as provide replicable research designs for future studies.

The thematic relevance criteria (C1, C2, C3) were systematically applied to ensure that the selected articles directly aligned with the RQs of this review. C1 focused on identifying studies that explicitly

discussed CE practices within the healthcare sector to ensure that the analysis remained anchored in the specific context of healthcare, avoiding dilution by broader CE discussions in unrelated industries. C2 emphasised including studies that contributed to the understanding of methodological approaches and theoretical frameworks underpinning CE practices in healthcare. This criterion ensured a comprehensive exploration of the intellectual structure and current state of research, aligning with RQ1 and RQ2. Finally, C3 prioritised studies addressing practical challenges, solutions, and emerging trends related to CE adoption in healthcare. Two members of our research team independently reviewed each article in detail for relevance to the three criteria, with scores assigned 1 (low relevance), 2 (medium relevance), and 3 (high relevance) (Saha et al., 2024c; Vogel et al., 2021). Based on these scores, articles were categorised as high (scores 7 and above), medium (4-6), or low (3 and below). Appendices 1 and 2 present the relevant criteria application methods. We ultimately classified 75 articles, of which 49 were high relevance, and 26 were medium relevance, as detailed in Table 1. Such strict adherence to the review protocol ensured the reliability of our content analysis.

3. Results

This section represents the findings of our bibliometric review and content analysis.

3.1 Mapping the Intellectual Structure of Circular Economy in Healthcare (RQ1)

We identify the key research patterns through author co-citation, keyword co-occurrence, and bibliometric coupling, in this section. These tools provide a comprehensive mapping of the research landscape, highlighting core themes, influential authors, and emerging trends within the field.

Author Co-citation analysis

The main aim of author co-citation analysis has been to find the important researchers in a particular area of research, what relationships exist between authors, and what the core concepts and the evolution direction in the area of research are. For example, prominent scholars such as Alnoor A., Kumar A., and Boopathi S. have strongly influenced CE research in healthcare. Given that CE-HC research is a relatively new area, we applied a minimum citation threshold of 10 to ensure statistical robustness while accommodating the emerging nature of the field. However, adopting a higher threshold, such as 20 citations, would have significantly limited the pool of qualifying authors—yielding only 29 in this case—due to the relatively low citation counts typical of emerging fields. The adopted threshold enhances the reliability of co-citation analysis by excluding authors with minimal citations, thereby reducing the risk of chance associations and ensuring the identification of meaningful relationships (Van Eck & Waltman, 2017). Setting the threshold at 10 achieves a strategic

balance between inclusivity and statistical rigour, allowing us to include 71 authors (Van Eck & Waltman, 2014).

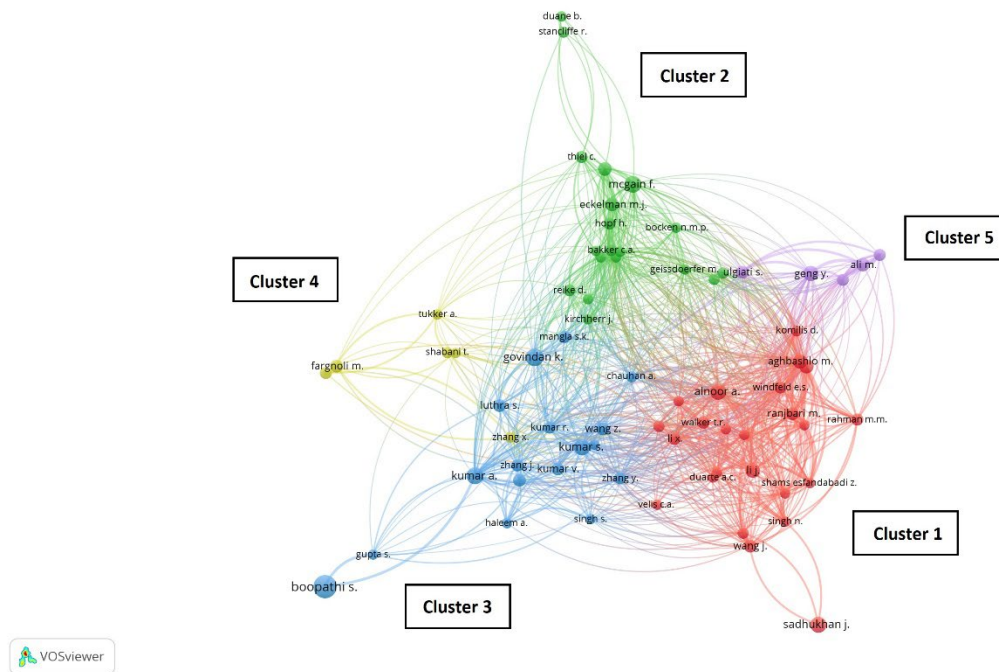


Figure 2. Co-citation of authors [Minimum number of citation = 10] [Source: VOS Viewer analysis of literature].

Figure 2 presents a visualisation of the co-citation network generated using VOSviewer. The network consists of 71 nodes representing individual authors and 1719 links, which reflect the strength of co-citation relationships between pairs of authors. The network is divided into five distinct clusters, each represented by different colours (Cluster 1 = red, Cluster 2 = green, Cluster 3 = blue, Cluster 4 = yellow, Cluster 5 = purple). The size of each node corresponds to the frequency with which an author is cited, and the thickness of the links between nodes indicates the strength of their co-citation, signifying the extent to which two authors are cited together in other works (Zhao & Strotmann, 2015). Table 2 presents the statistics for the co-citation analysis.

Table 2. Co-citation analysis data.

Clusters	Paper Counts	Total Citations	Average Citation	Citation %	Highest cited paper [citations]
Cluster 1	24	334	13.92	32	Alnoor, a. [25] Sadhukhan, j. [25]
Cluster 2	19	246	12.95	23	Mcgain, f. [27]
Cluster 3	17	296	17.41	28	Boopathi, s. [51]
Cluster 4	6	73	12.17	7	Fargnoli, m. [15]

Clusters	Paper Counts	Total Citations	Average Citation	Citation %	Highest cited paper [citations]
Cluster 5	5	82	16.40	8	Geng, y. [22]
Total	71	1031		100	

Source: Author's analysis of VOS Viewer data.

The network of citations and co-citations also reveals a concentration of academic influence within distinct clusters, each representing a specific area of focus within CE practices in HC. For example, Cluster 1 primarily discusses innovative waste treatment methods and design for circularity in medical products, exploring new approaches to managing medical waste and enhancing the sustainability of medical product design. Led by authors such as Alnoor A. and Sadhukhan J., this cluster contains the largest number of papers (24) and accounts for 32% of the total dataset citations, positioning it as a core body of literature on circular economy applications in healthcare. Cluster 2 centres on design for circularity in medical products, with a focus on developing sustainable medical products that reduce environmental impact through circular design principles. Dominated by McGain F., this cluster includes 19 papers and contributes 23% of total citations, underscoring its relevance and significant role in sustainable healthcare product design discussions.

Cluster 3 addresses both innovative waste treatment methods and circular economy business models, combining waste management advancements with economic models promoting circularity. Although it includes fewer papers (17), this cluster shows a high average citation count (17.41), with Boopathi S. as its most frequently cited author, signalling concentrated, high-impact influence within ongoing circular economy discussions. Cluster 4 also emphasizes design for circularity in medical products, reinforcing the importance of sustainable product design within healthcare. Scholars such as Fargnoli M. contribute to this area, though the cluster remains smaller in terms of paper count. Lastly, Cluster 5 focuses on resource recovery and recycling, examining strategies for reclaiming and reusing materials from healthcare waste streams. Researchers like Geng Y. are central to this cluster, which highlights a crucial area for reducing waste and resource dependency in healthcare.

Keywords Co-occurrence analysis

To better understand the current research trends and knowledge base, we conducted an overlay visualisation analysis, which helps highlight the evolution of topics over time. In this visualisation, darker nodes represent earlier research topics, while lighter nodes indicate more recent ones

Bibliometric review: Bibliometric Coupling

A bibliometric analysis was conducted to visualise the relationships among relevant scholarly works. The visual representation generated from this analysis provides a comprehensive map of academic influence, revealing intricate co-citation relationships among 463 distinct links.

The bibliometric map, depicted in Figure 4, demonstrates the interconnectedness of various papers and authors, organising them into nine distinct clusters based on the strength of their bibliometric coupling. These nine clusters reflect a diverse and complex body of literature, totalling 1,780 citations.

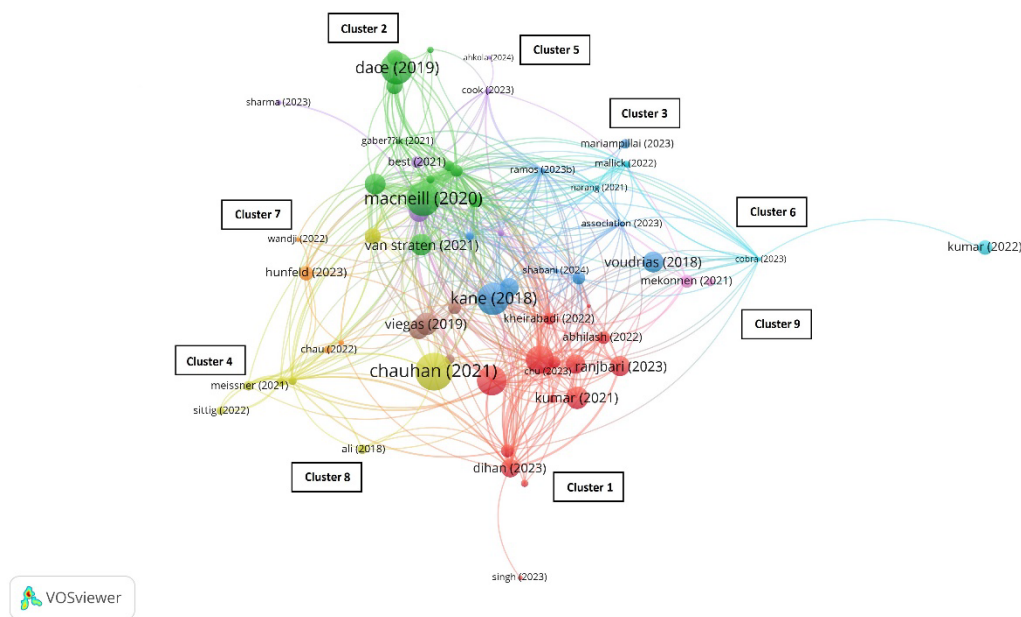


Figure 4. Bibliometric Coupling (UoA: documents). [Source: VOS Viewer analysis of literature].

The distribution of citations across these clusters presents the varied yet interconnected nature of research within this domain. Some clusters are centred around high-impact, widely cited papers (i.e., MacNeill et al., 2020) that serve as critical reference points, while others represent emerging scholarly dialogues that are still developing momentum (e.g., Cluster 9). Each cluster is represented by a different colour, signifying a group of closely related papers. Table 3 presents the statistics for the Bibliometric Coupling analysis.

The bibliometric clustering of CE research in HC unveils a landscape of overlapping priorities and emerging scholarships – an indication of both progress and fragmentation within the field. Cluster 1, grounded in healthcare waste management, represents a vital but reactive approach, capturing the current practice of dealing with waste post-creation rather than preventing it. This focus on downstream management suggests a somewhat limited vision for the healthcare sector, which fails to embrace CE's transformative potential fully. Cluster 2, however, with its emphasis on sustainable

product design and economic policy, begins to move towards a more forward-thinking model, where policy frameworks and sustainable design are seen as mechanisms to reshape the healthcare system from within. The high citation counts here reflect an academic awakening to the systemic shifts needed to embed CE principles effectively.

Table 3. Bibliometric cluster data.

Cluster	Number of Papers	Total Citations	Most Cited Paper (Citations)	Focus Area
Cluster 1 (Red)	15	455	Singh et al. (2022) (95 citations)	HC waste management for efficient waste management
Cluster 2 (Green)	12	525	MacNeill et al. (2020) (121 citations)	Sustainable product/procedure design and economic & policy frameworks
Cluster 3 (Blue)	10	250	Kane et al. (2018) (109 citations)	HC waste management and sustainable product/procedure design
Cluster 4 (Yellow)	7	231	Chauhan et al. (2021) (152 citations)	Education & Stakeholder engagement for sustainable product/procedure design
Cluster 5 (Purple)	6	80	Chew et al. (2023) (48 citations)	Economic & regulatory frameworks for HC waste management
Cluster 6 (Light Blue)	6	40	Kumar and Chhabra (2022) (24 citations)	Sustainable product/procedure innovation for HC practice
Cluster 7 (Orange)	4	40	Hunfeld et al. (2023) (25 citations)	Sustainable design innovations in HC waste management practices
Cluster 8 (Brown)	4	131	Viegas et al. (2019) (55 citations)	Policy interventions for circular economy in HC.
Cluster 9 (Pink)	2	28	Mekonnen and Aragaw (2021) (19 citations)	Integration of sustainability and waste management in HC.

Source: Author's analysis of VOS Viewer data.

In Clusters 3 and 4, we see the beginnings of a more integrative approach. Cluster 3's merger of waste management with sustainable design suggests that scholars are inching towards a vision where waste is minimised by design rather than managed post facto. Cluster 4, with its focus on education and stakeholder engagement, addresses the nuanced, often overlooked dimensions of CE—those that require a cultural and behavioural shift alongside structural reform. However, the comparatively lower citation counts in these clusters highlight that, while foundational, these areas are yet to receive the academic attention they deserve.

The smaller clusters (6-9) focused narrowly on sustainable design or in conjunction with waste management. These clusters, though valuable, indicate a fragmented field, with research interests spread across narrow avenues rather than converging towards a cohesive, unified CE framework.

Thus, while the academic growth in CE research for HC is evident, there remains a critical need for synthesis—a bridging of themes and clusters to achieve a robust, system-wide CE model with practical and preventative strategies.

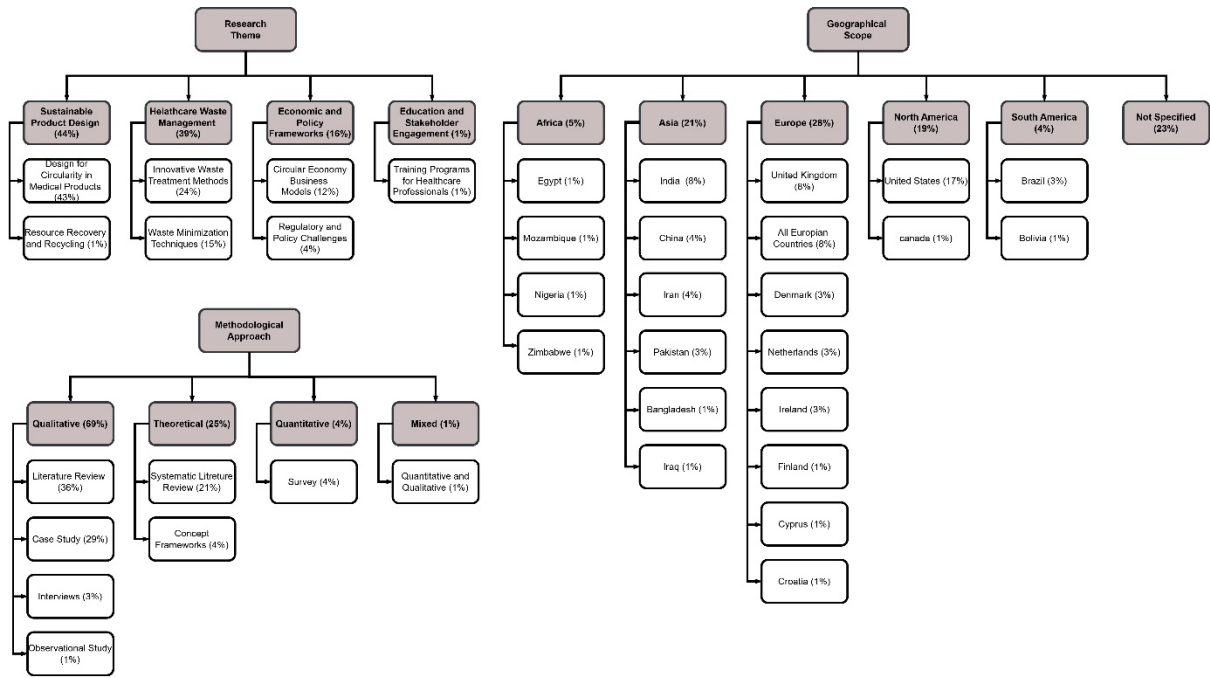


Figure 5. Main research themes and subthemes, geographic scope, and methodology with their frequency [Source: Authors' analysis of literature].

3.2 Current state of research on circular economy practices in healthcare (RQ2)

We conducted a detailed thematic analysis of selected articles (75) to identify their thematic focus (to reflect both the practical demands of the HC industry and the overarching goals of global CE frameworks), methodological approaches (to evaluate the research's depth and applicability), and geographical scopes (to examine regional variations in CE adoption). We coded all articles based on three predefined thematic criteria: waste reduction, resource efficiency, and cross-sector collaboration. These themes are derived from our bibliometric insights, capturing both the intellectual structure and the current state of CE practices in HC. They also align with global sustainability objectives (e.g., European Green Deal, SDGs), contributions of CE thinktanks (e.g., EllenMacarthurFoundation.org), and existing CE reviews (e.g., D'Alessandro et al., 2024; Duong et al., 2024; Dzhengiz et al., 2023 and Saha et al., 2024c). Thus, we identified and presented four key themes in Table 1: sustainable product design (Syms et al., 2023), healthcare waste management (Soares et al., 2023a), economic and policy frameworks (Ali & Kannan, 2022), and education and stakeholder engagement (Soares et al., 2023b). We have included the detailed coding schema in Appendix 2. Table 1 and Figure 5 illustrate the mapping of the papers based on primary themes and subthemes.

When a subtheme was addressed by multiple studies within a cluster, the most cited article was selected to represent that subtopic.

Core research themes in circular economy adoption within healthcare: pathways to sustainability

By analysing the key areas of focus in Table 1 and Figure 5, our content analysis reveals product design, waste management, policy and stakeholder engagement as the core themes of CE in HC literature.

Sustainable product design (44%) emerges as the most prominent theme and represents a forward-looking approach to healthcare, challenging the current 'post-waste' model by prioritising durability and recyclability from the outset. Unlike traditional practices that manage waste after it has been generated, this model aims to minimise waste creation entirely by designing products intended to last longer and be reused. This proactive approach supports a more sustainable healthcare system that aligns with environmental goals, reducing resource consumption while upholding clinical efficacy.

Closely following, healthcare waste management (39%) remains a key focus, addressing the sector's current reactive stance of managing waste post-creation. This theme includes strategies for reducing medical waste, promoting recycling, green procurement, and safely handling hazardous materials. While essential for mitigating the environmental impact of healthcare, waste management's reactive nature highlights the need to link it with sustainable product design. Such integration would reduce reliance on resource-intensive disposal and recycling practices.

While waste management remains a central pillar within the current 'post-waste' structure of the healthcare industry, extending beyond basic disposal to integrate recycling, green procurement, and the safe handling of end-of-life products. This approach reflects a growing emphasis on balancing patient safety with environmental sustainability. However, linking waste management with sustainable product design could reduce the need for extensive disposal protocols and resource-intensive recycling.

On the other hand, research into economic and policy frameworks (16%) plays a central role in promoting circular economy practices within healthcare, especially in the context of single-use products. Studies in this area explore how regulatory and financial mechanisms can support sustainable business practices, encouraging repair, reuse, and recycling as standard operations. Well-designed policies have the potential to shift healthcare from a predominantly disposable model towards one that prioritises resource conservation, aligning environmental goals with operational needs.

Despite being the least explored theme, education and stakeholder engagement (1%) hold strategic importance for systemic CE adoption in healthcare. Research highlights the need to cultivate a deeper understanding among healthcare professionals about the environmental and economic consequences

of their choices in product use. Additionally, engaging stakeholders, from manufacturers to policymakers, can create a collaborative environment where shared knowledge influences regulation.

The emphasis (combinedly 83% of articles in our sample) on sustainable product design and healthcare waste management reflects a predominant focus on operational challenges within the sector, rooted in a 'post-waste' mindset that prioritises waste management over prevention. In contrast, the comparatively limited attention to economic and policy frameworks and education and stakeholder engagement highlights a critical gap, as these enabling mechanisms are vital for the transition of the healthcare sector to CE. Table 4 also offers a structured view of how these research areas are advancing the adoption of CE principles within the healthcare sector.

Global disparities in the adoption of circular economy practices in healthcare: Socioeconomic and political influences

Socioeconomic and political factors play a significant role in influencing the adoption of CE practices in healthcare across different regions. As presented in Table 1 and Figure 5, 28% of the geographic focus in the reviewed literature is centred in Europe (the UK accounting for 8%, and Denmark, Ireland, and the Netherlands each representing 3%) (e.g., Alexaki et al., 2018; Duane et al., 2020; Hatzivasilis et al., 2019; Van Straten et al., 2021). In Europe, a strong political commitment to environmental sustainability, supported by comprehensive policies like the European Green Deal, drives the integration of CE practices. Wealthier economies with advanced healthcare infrastructure, like the UK and Denmark, have the resources to invest in CE innovations, aligning with regulatory frameworks. Interestingly, North America lags behind (19%) (e.g., Best & Williams, 2021; Kane et al., 2018; Kheirabadi & Sheikhi, 2022; MacNeill et al., 2020) due to its lack of cohesive federal regulations (mainly in the United States) and decentralised (fragmented and often privatised) health care system that focus on cost control over long-term sustainability slow progress in this area.

Asia contributes 21% of the geographical focus (e.g., Chew et al., 2023; Ranjbari et al., 2022; Singh et al., 2022;). Environmental pressures, government policies, and technological advancements drive Asia's strong performance in CE healthcare research. Rapid industrialisation and population growth have spurred the need for sustainable solutions, leading countries like China and India to integrate CE into national agendas. Additionally, the region's adoption of I4.0 technologies enhances resource optimisation and waste reduction in healthcare. Taiwan's Chi Mei Medical Centre, for example, uses AI copilots to reduce waste and streamline patient care, highlighting how CE practices are being effectively applied to address healthcare challenges such as worker shortages and rising patient demands (Yee, 2024). Asia's varying levels of healthcare infrastructure provide fertile ground for research addressing region-specific challenges and innovative CE practices in healthcare systems.

In contrast, countries in South America (mainly Brazil, which represents 4%, e.g., Cobra et al., 2023; Daú et al., 2019; Ferronato et al., 2020) face socioeconomic and political challenges that hinder the widespread adoption of CE. Here, governments may prioritise immediate healthcare needs over long-term sustainability goals, resulting in slower implementation of CE practices. The 23% of studies without a specific geographic focus (e.g., Ali & Kannan, 2022; Chauhan et al., 2021; Kumar et al., 2021) is indicative of the global relevance of CE but also highlights the need for more regionally focused research to understand how local regulations and infrastructure influence the successful implementation of CE in healthcare systems.

Challenges and opportunities in implementing circular economy practices in healthcare

The content analysis reveals both positive developments and areas of concern. Healthcare waste management accounts for 39% of the focus (Chew et al., 2023; Dihan et al., 2023; Singh et al., 2023), while treatment strategies cover 24% (Kheirabadi & Sheikhi, 2022; Kumar et al., 2021; Ugandar et al., 2023), compared to waste prevention strategies, which only represent 15% (Ferronato et al., 2020; Ranjbari et al., 2023). This imbalance indicates that healthcare remains a ‘post-waste’ industry, where more attention is placed on managing waste after its creation rather than preventing it from being generated in the first place—a pattern that the bibliometric coupling analysis identified as well. This reactive approach reveals a lingering gap in the HC industry’s structural thinking. This was also reflected in our keywords analysis in section 3.1 as the reduction of single-use care items and optimised delivery emerged as dominant research themes.

Healthcare providers' use of risk-free disposable healthcare materials (e.g., syringes, gloves, and sterile wraps) instead of reusable ones (Saha, 2024 a; Ünal et al., 2019) conflicts with the CE principles due to the excessive consumption of these fleeting articles (Leissner & Ryan-Fogarty, 2019; Ramos et al., 2023b). Additionally, this non-recyclable and hazardous medical waste needs advanced, efficient and expensive disposal systems (Kandasamy et al., 2022; Singh et al., 2022) unavailable to many. Although sustainable healthcare product design (again to reduce single-use culture) still captures the most share of research output at 44% (Chauhan et al., 2021; Hunfeld et al., 2023; MacNeill et al., 2020), there is a significant difference between designing a product to fit in the circular economy (43%) (Ranjbari et al., 2022; Van Straten et al., 2021; Voudrias, 2018) and reclaiming or recycling a product’s resources (1%) (Ali & Geng, 2018). This indicates an underdeveloped focus on the post-consumer phase of medical devices, which is crucial for achieving a fully circular model.

Healthcare delivery could improve by prioritising upstream strategies, such as adopting new technologies or materials to eliminate waste at its source. While new treatment techniques and waste minimisation strategies are emerging, much of the research still needs to be connected to broader CE

frameworks, particularly regarding resource recovery and closed-loop systems. Therefore, adopting more circular models in this industry is often considered impractical or unsuitable due to its results-driven nature (Ayanaw et al., 2023). Moreover, significant investment is required to address systemic and supply chain issues that arise with the introduction of CE practices (Bressanelli et al., 2019; Vishwakarma et al., 2024).

Furthermore, the limited research on economic and policy frameworks (16%) (Hatzivasilis et al., 2019; Van Boerdonk et al., 2021; Viegas et al., 2019), especially regulatory challenges (4%) (Best and Williams, 2021; Dukić et al., 2013; Ezeudu et al., 2022), suggests that the CE paradigm in healthcare remains less feasible without stronger regulatory backing. Among the practical issues, such regulatory challenges are the most critical (Kandasamy et al., 2022). Medical devices, medicines, and other health-related products are produced under strict safety and efficacy requirements. This makes reusing, reconfiguring or recycling these products more difficult than in other industries (Kane et al., 2018). The lack of emphasis on education and stakeholder engagement (1%) (Soares et al., 2023b) raises questions about the practical effectiveness of CE frameworks in this sector. This gap was similarly highlighted in the bibliometric coupling analysis, particularly within Cluster 4. Without targeted educational initiatives, healthcare workers' willingness to adopt environmentally friendly practices may remain theoretical, hindering the systemic change necessary for meaningful CE adoption in healthcare.

Table 4. Core areas of future research in circular economy in the healthcare industry

Core Research themes	Key Contributions
Sustainable Product Design Benedettini, 2022; Gaberščik et al., 2021; Ishaq et al., 2024; MacNeill et al., 2020; Syms et al., 2023	Authors have focused on integrating CE principles into HC by advancing the design of reusable and recyclable medical devices. This research highlights the importance of extending product lifecycles to reduce waste and conserve raw materials, reducing HC's environmental footprint, and implementing circular strategies while maintaining safety standards.
Healthcare Waste Management Kheirabadi and Sheikhi, 2022; Singh et al., 2022; Soares et al., 2023a; Ugandar et al., 2023; Zlaugotne et al., 2022)	Researchers in this field focus on reducing medical waste, promoting recycling and material reuse, and encouraging green purchasing. This body of work explores strategies for safely handling hazardous waste from end-of-life healthcare products, paving the way for innovative and regulatory frameworks.
Economic and Policy Frameworks Ali and Kannan, 2022; Dukić et al., 2013; Van Boerdonk et al., 2021; Viegas et al., 2019	Research on economic and policy frameworks shapes the operationalisation of CE principles within HC by addressing laws, incentives, and cost structures. This strand of research offers guidance to policymakers on implementing financial and regulatory measures that encourage the repair, reuse, and recycling of medical devices.
Education and Stakeholder Engagement Saif-Ur-Rahman et al., 2019; Soares et al., 2023b	This area of research highlights the importance of stakeholder collaboration in fostering awareness and building the capacity of healthcare providers and other key actors to make informed decisions and adopt improved practices. Targeted educational efforts help stakeholders understand the principles of CE, including waste reduction, resource efficiency, and product stewardship.

Source: Author's analysis of reviewed literature

A methodological critique of the reviewed literature reveals several limitations that undermine the reliability, generalizability, and comprehensiveness of current research. The predominance of qualitative approaches, which account for 69% of the studies (Figure 4), largely relies on case studies (Daú et al., 2019; Govindan et al., 2022; Ugandar et al., 2023; Van Boerdonk et al., 2021; Van Straten et al., 2021) and literature reviews (Chauhan et al., 2021; Kumar et al., 2021; MacNeill et al., 2020; Hatzivasilis et al., 2019; Kane et al., 2018; Viegas et al., 2019). While these methods provide valuable insights into specific contexts, they often lack the empirical validation required to apply their conclusions across diverse healthcare settings.

Furthermore, only 4% of the research employed quantitative survey-based methods (Gaberščik et al., 2021; Kandasamy et al., 2022; Soares et al., 2023b), which restricts the ability to derive statistically significant conclusions about CE practices in healthcare. This lack of methodological diversity hinders the development of robust theoretical models that could guide the large-scale implementation of CE practices. As a result, the practical application of these findings is constrained, making it difficult for policymakers and practitioners to adopt CE strategies confidently across varied healthcare systems. Without more generalisable and reliable research, the transition to CE in healthcare may face obstacles due to uncertainty in its broad effectiveness.

4. Discussion

Healthcare largely remains a 'post-waste' industry, although significant growth in CE research has taken place over the last ten years. In this section, we synthesise our findings on the present research landscape and inform future directions in CE adoption within healthcare.

Our SLR has established that prominent scholars such as Alnoor A., Kumar A., Govindan K., McGain F., and Boopathi S. are among the most cited authors in the field of circular economy practices within the healthcare sector. These authors have consistently focused on two critical domains: enhancing waste treatment methods and promoting the circularity of medical product design. Their work digs into strategies that support sustainable healthcare systems by reducing waste, improving material efficiency, and reimagining the lifecycle of medical products. Notably, their contributions are not limited to theoretical frameworks but also involve practical interventions that align healthcare operations with CE principles. This citation pattern reflects the growing scholarly consensus around the importance of integrating circular economy principles in healthcare to address environmental sustainability, cost efficiency, and resource optimisation.

In addition to identifying key authors, our bibliometric analysis also highlights a predominant geographical focus on Europe, particularly in the UK, Denmark, and the Netherlands. These countries

have shown a pronounced interest in exploring the barriers, enablers, and challenges associated with promoting a circular economy in healthcare systems. Research originating from these regions tends to concentrate on two primary themes: advanced waste treatment methods and the design for circularity in medical devices. These European countries are at the forefront of developing and implementing policy frameworks that incentivise circular practices within healthcare, often driven by stringent environmental regulations and a cultural commitment to sustainability. The focus on medical device circularity, for instance, is particularly relevant given the growing demand for high-performance, reusable medical technologies that can withstand rigorous sterilisation processes without compromising safety or functionality. Furthermore, the interest in advanced waste treatment indicates a recognition of the significant environmental footprint of healthcare waste, prompting efforts to not only reduce waste generation but also improve waste segregation, recycling, and energy recovery processes.

The results show that while 2021 publications focused on waste management to support CE, 2020 studies centred on healthcare policy. In 2022, the focus shifted to how the COVID-19 pandemic has influenced circular economy strategies. This progression highlights the evolving focus on practical CE applications in healthcare research, i.e. CE business models. The critical features of CE business models and various relevant players (e.g., providers of healthcare services, manufacturers of pharmaceuticals and medical devices, regulating authorities, waste management entities, suppliers of healthcare goods), and even patients and consumers. Such actors are essential to how CE is constructed in the context of the healthcare industry.

There are three common limitations, according to Snyder (2019), in review studies: (1) lack of methodological transparency, (2) restrictive literature searches, and (3) underutilisation of data. We meticulously documented each step of our review process to address these, enhancing clarity, replicability, and comprehensibility (Fan et al., 2022). We also expanded our literature search to include a more comprehensive range of reputable journals and focused on materials published in the last ten years to ensure that our review remains highly applicable to the current healthcare landscape and addresses the sector's immediate challenges and opportunities.

Our methodology combined bibliometric and content analysis. The bibliometric phase mapped key themes and influential authors, informing the content analysis and allowing for a deeper qualitative interpretation of theoretical and practical implications. This iterative process between methods ensured transparency and reinforced the reliability of our findings. For example, the identification of four critical areas: (1) sustainable product design, (2) healthcare waste management, (3) economic and policy frameworks, and (4) education and stakeholder engagement as emerging research themes

is broadly convergent with recent publications in CE and healthcare (e.g., Ranjbari et al., 2022, 2023; Saha et al. 2024a, b, c).

Translating CE Research Themes into Practice

Sustainable product design has the potential to transform the healthcare sector from its current reliance on reactive waste management to a proactive model focused on waste prevention, directly addressing Step 1. For instance, companies like Philips have pioneered modular and reusable medical devices, such as MRI systems for refurbishment and extended lifecycles. In developing countries like India, companies such as Sahajanand Medical Technologies² have started manufacturing reusable stents and other medical devices to improve affordability and sustainability. For healthcare practitioners, adopting reusable devices hinges on establishing clear regulatory frameworks to address patient safety concerns and compatibility with existing health systems. Collaborative efforts between local manufacturers, healthcare providers, and policymakers are essential to create certification systems for circular medical products, ensuring safety, affordability, and environmental impact mitigation.

In **healthcare waste management**, there is a need for more advanced techniques to reduce, reuse, and recycle complex medical waste, particularly hazardous materials, to align with Step 2: resource recovery and reuse. For instance, adopting advanced waste treatment technologies, such as pyrolysis or plasma arc systems (Kaldas et al., 2006), could help healthcare systems align with CE principles while mitigating environmental risks. To support widespread adoption, regulators and health services should build on existing frameworks, such as the EU's Waste Framework Directive³ or NHS UK's circular procurement initiative (NHS, 2024) for standardised guidelines for hazardous waste recycling. These guidelines could include clear protocols for material recovery, safe handling procedures, and integrating sustainability criteria into procurement contracts, further incentivised through tax benefits or subsidies.

Economic and policy frameworks (e.g., circular procurement guidelines and economic incentives) address the regulatory and financial mechanisms necessary to act as enablers for Step 3: building systemic resilience. However, the relative underrepresentation of this theme in the literature accentuates the need for more robust institutional and policy-driven interventions to advance CE practices. A compelling example of such an intervention is Scotland's implementation of CE principles within its health services, leveraging I4.0 technologies (CivTech, 2024). Scotland's efforts focus on

² https://smtpl.com/carbon_reduction_plan

³ https://environment.ec.europa.eu/topics/waste-and-recycling/waste-framework-directive_en

reducing single-use items, increasing the reuse and remanufacturing of medical supplies, and adopting circular supply chain models to keep products in use for longer.

To replicate Scotland's success in other regions, tailored policies are essential to address localised challenges. Within the UK, adopting a unified strategy across devolved healthcare systems could deliver consistency and innovation. Internationally, regions with varying levels of regulatory development or technological infrastructure, as highlighted in our findings on geographic skewness, could adapt Scotland's approach to fit their unique contexts to leverage locally available resources and tailored policy frameworks. For example, high-income nations (e.g., the USA and Canada) could prioritise investment in advanced technologies, while resource-constrained regions (e.g., Latin America and Africa) might focus on low-cost modular designs and resource recovery systems.

Lastly, **education and stakeholder engagement** require further investigation. Corresponding to our findings, the importance of education and training in advancing environmentally sustainable practices in healthcare is evident across various sectors, such as clinical pharmacy (Saha et al., 2024a) and animal health (Saha et al., 2024b). Healthcare professionals (e.g., doctors, nurses, paramedics) are at the forefront of patient care. They can determine the judicious use of single-use items and other resources in healthcare settings, making them key players in adopting CE practices.

However, the integration of sustainability education into healthcare curricula remains inadequate. This is primarily due to the comprehensive nature of healthcare training, which often leaves limited room for the inclusion of topics like sustainability and CE. Junior healthcare staff, in particular, often lack early exposure to such sustainability methodologies, which creates a knowledge gap that hinders the practical implementation of waste reduction and CE practices. Even experienced professionals, despite formal training, face challenges in applying these principles due to limited resources and competing clinical priorities. The integration of sustainability education into healthcare training is essential to successfully implement Step 3.

Exploring Pathways for Future Research in CE Healthcare

Despite the evolution of research in CE practices, significant obstacles to their adoption remain, including challenges in product design, the complexity of waste management, cultural and behavioural resistance, and concerns around safety and hygiene. Furthermore, our methodological critique highlights how a lack of empirical validation and statistically significant findings limits the development of comprehensive theoretical models. This gap in evidence-based research constrains the practical application of CE practices, making it difficult for policymakers and practitioners to implement these strategies confidently across diverse healthcare systems.

Notably, research on economic and policy frameworks remains limited, with a focus primarily on business models and regulatory challenges, while the Education and Stakeholder Engagement theme is narrowly addressed, covering only training programmes. Future research on economic and policy frameworks should investigate the impact of policies such as the NHS's circular procurement initiative on supplier behaviour and waste management practices, with comparative analyses across countries to identify scalable policy models.

In this regard, two other promising areas are (1) the development of economic mechanisms—such as subsidies, tax incentives, and grants—that reduce cost barriers for small and medium-sized healthcare providers and (2) the examination of global regulatory harmonisation efforts, especially within the European Union, to standardise CE practices across borders for greater scalability and alignment in circular healthcare systems. Such harmonisation would provide a consistent framework that facilitates the operationalisation of circular supply chains, including reverse logistics systems for recovering and recycling medical devices. By aligning regulations and practices across regions, these efforts could be further supported by feasibility studies and cost-benefit analyses, ensuring that circular supply chains are not only circular but also economically viable and adaptable to diverse healthcare contexts.

For healthcare education programs, future research must focus on how sustainability concepts can be embedded into existing ones. Education researchers may develop pedagogical frameworks integrating sustainability education into healthcare curricula at all levels. This could include (1) designing targeted programs for early-career healthcare professionals to expose them to CE principles and environmentally sustainable practices from the outset of their training and (2) embedding continuous professional development in sustainability for experienced healthcare professionals to address the challenges they face in applying CE practices due to resource constraints and clinical priorities.

Furthermore, studies could assess the effectiveness and replicability of multi-stakeholder collaborations (e.g., Scotland's CivTech initiative) involving healthcare providers, policymakers, manufacturers, and NGOs in advancing CE practices. Patient and public engagement initiatives could complement such collaborations, as educational campaigns are crucial in shaping the acceptance of sustainable medical devices and other CE-oriented practices.

5. Conclusion

The intellectual structure of circular economy literature on the healthcare sector reveals a fragmented yet evolving field. This systematic review identified four dominant themes: healthcare waste management, sustainable product design, economic and policy frameworks, and education and

stakeholder engagement. While waste management and product design dominate the research landscape, reflecting the sector's focus on operational and technical challenges, economic and policy frameworks, education, and stakeholder engagement remain critically underexplored. This imbalance illuminates the need for a more integrative research and operational approach that bridges technical solutions (waste management and product design) with systemic enablers (policy, education and engagement) to drive genuine circularity in healthcare.

The current state of circular economy research in healthcare highlights a reliance on reactive waste management strategies, indicative of a 'post-waste' model. While advancements in recycling and green procurement reflect progress, proactive measures, such as modular product design and circular supply chains, are still in their infancy. Geographic skewness further complicates the landscape, with most research concentrated in Europe, particularly the UK, Denmark, and the Netherlands, while contributions from developing regions remain sparse. This regional disparity limits the global applicability of CE principles and calls for a more inclusive research agenda.

The healthcare sector is clearly ready to embrace CE initiatives, as evidenced by Scotland's NHS supply chain circularity initiatives and Taiwan's AI-driven healthcare innovations mentioned in this paper. These initiatives demonstrate that the healthcare sector is not only capable of adopting CE principles but is actively transitioning toward more sustainable practices. Policymakers can leverage these examples to establish region-specific policies, such as standardised waste management protocols and financial incentives for adopting modular and reusable medical devices. Embedding sustainability into healthcare pedagogy can further accelerate this progress by equipping future healthcare professionals with the knowledge and skills to implement CE principles effectively.

Our paper serves as a guide for this transition, as we hope.

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Appendices

Appendix 1: Initial Sample Including 75 Documents from Scopus Database

ID	Authors	Year	Source Title	Cited by	DOI	Language	Document Type	Publication Stage
1	Najar I.N.; Sharma P.; Das R.; Tamang S.; Mondal K.; Thakur N.; Gandhi S.G.; Kumar V.	2024	Journal of Environmental Management	1	10.1016/j.jenvman.2024.121136	English	Review	Final
2	Ahkola H.; Junttila V.; Kauppi S.	2024	Journal of Environmental Management	0	10.1016/j.jenvman.2024.121362	English	Article	Final
3	Vishwakarma A.; Dangayach G.S.; Meena M.L.; Gupta S.; Joshi D.; Jagtap S.	2024	Journal of Global Operations and Strategic Sourcing	4	10.1108/JGOSS-07-2022-0084	English	Article	Final
4	Ishaq S.; Hoang T.G.; Tanveer U.; Hoang T.-H.; Truong H.Q.	2024	Journal of Cleaner Production	0	10.1016/j.jclepro.2024.141370	English	Article	Final
5	Priyadarshini J.; Singh R.K.; Mishra R.; He Q.; Braganza A.	2024	Information Systems Frontiers	1	10.1007/s10796-024-10482-1	English	Article	Article in press
6	Cobra R.; Moroni I.T.; Rodrigues V.P.; Fradinho J.M.S.; Mascarenhas J.	2023	Health Policy and Technology	2	10.1016/j.hlpt.2023.100778	English	Article	Final
7	Ramos T.; Christensen T.B.; Oturai N.; Syberg K.	2023	Journal of Cleaner Production	10	10.1016/j.jclepro.2022.135379	English	Article	Final
8	Sittig D.F.; Sherman J.D.; Eckelman M.J.; Draper A.; Singh H.	2022	Journal of the American Medical Informatics Association	8	10.1093/jamia/ocac137	English	Review	Final
9	Ali I.; Kannan D.	2022	Annals of Operations Research	44	10.1007/s10479-022-04596-5	English	Article	Final
10	van Boerdonk P.J.M.; Krikke H.R.; Lambrechts W.	2021	Journal of Cleaner Production	48	10.1016/j.jclepro.2020.125375	English	Article	Final

1 1	Chauhan A.; Jakhar S.K.; Chauhan C.	202 1	Journal of Cleaner Production	150	10.1016/j.jclepro.2020.12385 4	English	Article	Final
1 2	Narang S.; Vij D.	202 1	Asia Pacific Journal of Health Management	2	10.24083/apjhm.v16i4.1305	English	Article	Final
1 3	Shabani T.; Mutekwa V.T.; Shabani T.	202 4	Circular Economy and Sustainability	3	10.1007/s43615-023-00313-x	English	Article	Final
1 4	Ramos T.M.; Christensen T.B.; Bour A.; Almroth B.C.; Kristensen D.M.; Selck H.; Syberg K.	202 3	TrAC - Trends in Analytical Chemistry	3	10.1016/j.trac.2023.117191	English	Review	Final
1 5	Association A.P.H.	202 3	New Solutions	3	10.1177/1048291123116716 6	English	Article	Final
1 6	Mahjoob A.; Alfadhli Y.; Omachonu V.	202 3	Sustainability (Switzerland)	7	10.3390/su15107788	English	Article	Final
1 7	Cook E.; Derks M.; Velis C.A.	202 3	Science of the Total Environment	4	10.1016/j.scitotenv.2022.160 385	English	Review	Final
1 8	Chen W.; Yang H.; Peng C.; Wu T.	202 3	Environment al Science and Pollution Research	9	10.1007/s11356-023-25167-6	English	Article	Final
1 9	Soares A.L.; Buttigieg S.C.; Bak B.; McFadden S.; Hughes C.; McClure P.; Couto J.G.; Bravo I.	202 3	International Journal of Health Policy and Management	9	10.34172/ijhpm.2023.6947	English	Review	Final
2 0	Ezeudu O.B.; Ezeudu T.S.; Ugochukwu U.C.; Tenebe I.T.; Ajogu A.P.; Nwadi U.V.; Ajaero C.C.	202 2	Recycling	7	10.3390/recycling7060087	English	Review	Final
2 1	Syms R.; Taylor- Robinson S.D.; Trovato G.	202 3	Risk Management and Healthcare Policy	4	10.2147/RMHP.S396667	English	Note	Final
2 2	Zlaugotne B.; Pubule J.; Gusca J.; Kalnins S.N.	202 2	Environment al and Climate Technologies	9	10.2478/rtuect-2022-0006	English	Article	Final
2 3	Gaberščik C.; Mitchell S.; Fayne A.	202 1	Smart Innovation, Systems and Technologies	3	10.1007/978-981-15-8131- 1_19	English	Conferen ce paper	Final
2 4	Fanta G.B.; Pretorius L.; Nunes B.	202 1	Proceedings of the 30th International	5	10.52202/060557-0085	English	Conferen ce paper	Final

			Conference of the International Association for Management of Technology, IAMOT 2021 - MOT for the World of the Future					
25	Mariampillai J.; Rockall A.	2023	Radiologie	10	10.1007/s00117-023-01189-6	English	Review	Final
26	Ugandar R.E.; Rahamathunnisa U.; Sajithra S.; Christiana M.B.V.; Palai B.K.; Boopathi S.	2023	Applications of Synthetic Biology in Health, Energy, and Environment	42	10.4018/978-1-6684-6577-6.ch015	English	Book chapter	Final
27	Chu Y.T.; Zhou J.; Wang Y.; Liu Y.; Ren J.	2023	Energies	4	10.3390/en16031074	English	Review	Final
28	Soares A.L.; Buttigieg S.C.; Couto J.G.; Bak B.; McFadden S.; Hughes C.; McClure P.; Rodrigues J.; Bravo I.	2023	Radiography	8	10.1016/j.radi.2022.12.006	English	Article	Final
29	Ranjbari M.; Shams Esfandabadi Z.; Gautam S.; Ferraris A.; Scagnelli S.D.	2023	Gondwana Research	47	10.1016/j.gr.2021.12.015	English	Article	Final
30	Singh S.; Yadav R.; Singh A.N.	2023	Waste Management and Resource Recycling in the Developing World	3	10.1016/B978-0-323-90463-6.00010-5	English	Book chapter	Final
31	Sadhukhan J.; Sekar K.	2022	Energies	3	10.3390/en15238974	English	Article	Final
32	Hunfeld N.; Diehl J.C.; Timmermann M.; van Exter P.; Bouwens J.; Browne-Wilkinson S.; de Planque N.; Gommers D.	2023	Intensive Care Medicine	23	10.1007/s00134-022-06940-6	English	Article	Final
33	Kheirabadi S.; Sheikhi A.	2022	Current Opinion in Green and Sustainable Chemistry	18	10.1016/j.cogsc.2022.100695	English	Review	Final

3 4	Sharma M.; Jain N.L.; Purohit J.K.	202 3	Lecture Notes in Mechanical Engineering	4	10.1007/978-981-19-6107- 6_12	English	Conferen ce paper	Final
3 5	Abhilash; Inamdar I.	202 2	Science of the Total Environment	19	10.1016/j.scitotenv.2022.155 895	English	Review	Final
3 6	Chau C.; Paulillo A.; Ho J.; Bowen R.; La Porta A.; Lettieri P.	202 2	Sustainable Production and Consumption	8	10.1016/j.spc.2022.07.005	English	Article	Final
3 7	Kumar A.; Chhabra D.	202 2	Cleaner Engineering and Technology	23	10.1016/j.clet.2022.100559	English	Review	Final
3 8	Benedettini O.	202 2	Sustainability (Switzerland)	13	10.3390/su141912670	English	Article	Final
3 9	Mallick P.K.; Salling K.B.; Pigosso D.C.A.; McAloone T.C.	202 2	Journal of Diabetes Science and Technology	6	10.1177/1932296822108832 9	English	Article	Final
4 0	Patil A.; Madaan J.; Shardeo V.; Charan P.; Dwivedi A.	202 2	International Journal of Logistics Management	12	10.1108/IJLM-11-2020-0425	English	Article	Final
4 1	Best S.; Williams S.J.	202 1	Frontiers in Public Health	17	10.3389/fpubh.2021.765501	English	Review	Final
4 2	Singh N.; Ogunseitan O.A.; Tang Y.	202 2	Critical Reviews in Environment al Science and Technology	93	10.1080/10643389.2021.188 5325	English	Review	Final
4 3	Wandji C.; Rejeb H.B.; Zwolinski P.	202 2	Procedia CIRP	3	10.1016/j.procir.2022.02.009	English	Conferen ce paper	Final
4 4	Ritchie N.H.	202 1	Healthcare Management Forum	5	10.1177/0840470421100361 0	English	Article	Final
4 5	Kumar N.M.; Mohammed M.A.; Abdulkareem K.H.; Damasevicius R.; Mostafa S.A.; Maashi M.S.; Chopra S.S.	202 1	Process Safety and Environment al Protection	55	10.1016/j.psep.2021.06.026	English	Article	Final
4 6	Harding C.; Van Loon J.; Moons I.; De Win G.; Bois E.D.	202 1	Sustainability (Switzerland)	20	10.3390/su13042207	English	Article	Final
4 7	Mekonnen B.A.; Aragaw T.A.	202 1	Environment al Footprints and Eco- Design of	19	10.1007/978-981-16-3860- 2_5	English	Book chapter	Final

			Products and Processes					
48	Meissner M.; Lichtnegger S.; Gibson S.; Saunders R.	2021	Risk Management and Healthcare Policy	11	10.2147/RMHP.S325017	English	Article	Final
49	Duane B.; Stancliffe R.; Miller F.A.; Sherman J.; Pasdeki-Clewer E.	2020	Journal of Dental Research	30	10.1177/0022034520919391	English	Article	Final
50	Macneill A.J.; Hopf H.; Khanuja A.; Alizamir S.; Bilec M.; Eckelman M.J.; Hernandez L.; McGain F.; Simonsen K.; Thiel C.; Young S.; Lagasse R.; Sherman J.D.	2020	Health Affairs	121	10.1377/hlthaff.2020.01118	English	Article	Final
51	Hatzivasilis G.; Soultatos O.; Ioannidis S.; Verikoukis C.; Demetriou G.; Tsatsoulis C.	2019	Proceedings - 15th Annual International Conference on Distributed Computing in Sensor Systems, DCOSS 2019	129	10.1109/DCOSS.2019.00091	English	Conference paper	Final
52	Viegas C.V.; Bond A.; Vaz C.R.; Bertolo R.J.	2019	Journal of Cleaner Production	54	10.1016/j.jclepro.2019.117719	English	Review	Final
53	Daú G.; Scavarda A.; Scavarda L.F.; Portugal V.J.T.	2019	Sustainability (Switzerland)	109	10.3390/su11123259	English	Article	Final
54	Kane G.M.; Bakker C.A.; Balkenende A.R.	2018	Resources, Conservation and Recycling	109	10.1016/j.resconrec.2017.07.030	English	Article	Final
55	Ali M.; Geng Y.	2018	Environmental Monitoring and Assessment	12	10.1007/s10661-018-7063-y	English	Article	Final
56	Alexaki S.; Alexandris G.; Katos V.; Nikolaos Petroulakis E.	2018	IEEE International Workshop on Computer Aided Modeling and Design of Communication Links and	29	10.1109/CAMAD.2018.8514954	English	Conference paper	Final

			Networks, CAMAD					
57	Viani C.; Vaccari M.; Tudor T.	2016	Resources, Conservation and Recycling	18	10.1016/j.resconrec.2016.03.025	English	Article	Final
58	Govindan, K., Nosrati-Abarghoee, S., Nasiri, M.M. and Jolai, F.	2022	Journal of Environmental Management	37	10.1016/j.jenvman.2022.115888	English	Article	Final
59	Haber, N. and Fagnoli, M.	2021	Sustainability	27	10.3390/su13126624	English	Article	Final
60	Jafarzadeh Ghouschi, S., Memarpour Ghiaci, A., Rahnamay Bonab, S. and Ranjbarzadeh, R.	2022	Environmental science and pollution research	26	10.1007/s11356-022-19018-z	English	Article	Final
61	Kandasamy, J., Kinare, Y.P., Pawar, M.T., Majumdar, A., KEK, V. and Agrawal, R.	2022	Sustainable Development	16	10.1002/sd.2293	English	Article	Final
62	Dolatabad A.H.; Mahdiraji H.A.; Babgohari A.Z.; Garza-Reyes J.A.; Ai A.	2022	Environment, Development and Sustainability	18	10.1007/s10668-022-02535-9	English	Article	Article in press
63	Dukić N.; Blecich A.A.; Cerović L.	2013	Economic Research-Ekonomska Istrazivanja	9	10.1080/1331677X.2013.11517643	English	Article	Final
64	Martin N.; Mulligan S.; Fuzesi P.; Hatton P.V.	2022	Journal of Dentistry	9	10.1016/j.jdent.2022.103948	English	Article	Final
65	Saber D.A.; Aziza R.; Dreyer S.; Sanford D.; Nadeau H.	2022	Online Journal of Issues in Nursing	6	10.3912/OJIN.Vol27No02PPT33	English	Article	Final
66	Meister J.A.; Sharp J.; Wang Y.; Nguyen K.A.	2023	Processes	4	10.3390/pr11010036	English	Article	Final
67	Chew X.Y.; Khaw K.W.; Alnoor A.; Ferasso M.; Al Halbusi H.; Muhsen Y.R.	2023	Environmental Science and Pollution Research	47	10.1007/s11356-023-26677-z	English	Article	Final

6 8	Dihan M.R.; Abu Nayeem S.M.; Roy H.; Islam M.S.; Islam A.; Alsukaibi A.K.D.; Awual M.R.	202 3	Science of the Total Environment	37	10.1016/j.scitotenv.2023.162 083	English	Review	Final
6 9	Ranjbari M.; Shams Esfandabadi Z.; Shevchenko T.; Chassagnon- Haned N.; Peng W.; Tabatabaei M.; Aghbashlo M.	202 2	Journal of Hazardous Materials	84	10.1016/j.jhazmat.2021.1267 24	English	Article	Final
7 0	Kazançoğlu Y.; Sağnak M.; Lafcı Ç.; Luthra S.; Kumar A.; Taçoğlu C.	202 1	International Journal of Environment al Research and Public Health	22	10.3390/ijerph18147513	English	Article	Final
7 1	van Straten B.; Dankelman J.; van der Eijk A.; Horeman T.	202 1	Sustainable Production and Consumption	51	10.1016/j.spc.2020.10.030	English	Article	Final
7 2	Wright C.Y.; Godfrey L.; Armiento G.; Haywood L.K.; Inglesi-Lotz R.; Lyne K.; Schwerdtle P.N.	201 9	Globalization and Health	38	10.1186/s12992-019-0501-y	English	Review	Final
7 3	Leissner S.; Ryan-Fogarty Y.	201 9	Resources, Conservation and Recycling	38	10.1016/j.resconrec.2019.104 462	English	Article	Final
7 4	Ferronato N.; Ragazzi M.; Torrez Elias M.S.; Gorritty Portillo M.A.; Guisbert Lizarazu E.G.; Torretta V.	202 0	Waste Management and Research	20	10.1177/0734242X19883690	English	Article	Final
7 5	Voudrias E.A.	201 8	Waste Management	50	10.1016/j.wasman.2018.04.0 20	English	Editorial	Final

Appendix 2 Article Relevance Criteria and coding schema for content analysis

Categorisation process:

[Score: Low=1, Medium=2, High=3 for each RQs]; Agreed Total Score: High ≥ 7 , Medium= 4-6, Low < 4

ID	Articles for content analysis	Preliminary Assessment (abstract reading)	Detailed Review	C1 Score	C2 Score	C3 Score	Total Score	Relevance Category	Thematic scope	Subthematic scope	Geographic scope	Geographic scope (Country)	Methodological approach	Sub-methodological approach
1	Abhilash and Inamdar (2022)	Pass, conduct detailed review	Conduct scoring	1	2	2	5	Medium	Healthcare Waste Management	Innovative Waste Treatment Methods	Not Specified	Not Specified	Qualitative	literature review
2	Ahkola et al. (2024)	Pass, conduct detailed review	Conduct scoring	2	2	1	5	Medium	Healthcare Waste Management	Waste Minimization Techniques	Europe	Finland	Qualitative	literature review
3	Alexaki et al. (2018)	Pass, conduct detailed review	Conduct scoring	3	2	2	7	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	Cyprus	Theoretical	concept frameworks
4	Ali and Geng (2018)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Resource Recovery and Recycling	Asia	Pakistan	Qualitative	case studies
5	Ali and Kannan (2022)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Economic and Policy Frameworks	Circular Economy Business Models	Not Specified	Not Specified	Theoretical	systematic literature review
6	American Public Health Association (2023)	Pass, conduct detailed review	Conduct scoring	3	2	2	7	High	Healthcare Waste Management	Waste Minimization Techniques	North America	United States	Theoretical	systematic literature review
7	Benedettini (2022)	Pass, conduct	Conduct	3	3	3	9	High	Sustainable Product	Design for Circularity	North America	United States	Qualitative	interviews

		detailed review	scoring						ct or Procedure Design	rity in Medical Products				
8	Best and Williams (2021)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Economic and Policy Frameworks	Regulatory and Policy Challenges	North America	United States	Theoretical	systematic literature review
9	Chau et al. (2022)	Pass, conduct detailed review	Conduct scoring	1	2	1	4	Medium	Healthcare Waste Management	Innovative Waste Treatment Methods	Europe	United Kingdom	Theoretical	systematic literature review
10	Chauhan et al. (2021)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Not Specified	Not Specified	Qualitative	literature review
11	Chen et al. (2023)	Pass, conduct detailed review	Conduct scoring	2	2	2	6	Medium	Healthcare Waste Management	Innovative Waste Treatment Methods	Not Specified	Not Specified	Qualitative	literature review
12	Chew et al. (2023)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Healthcare Waste Management	Innovative Waste Treatment Methods	Asia	Iraq	Qualitative	literature review
13	Chu et al. (2023)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Healthcare Waste Management	Innovative Waste Treatment Methods	Asia	China	Qualitative	literature review
14	Cobra et al. (2023)	Pass, conduct detailed review	Conduct scoring	3	2	3	8	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	South America	Brazil	Qualitative	case studies
15	Cook et al. (2023)	Pass, conduct detailed review	Conduct scoring	2	3	1	6	Medium	Healthcare Waste Management	Innovative Waste Treatment Methods	Asia	China	Theoretical	systematic literature review

16	Daú et al. (2019)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	South America	Brazil	Qualitative	case studies
17	Dihan et al. (2023)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Healthcare Waste Management	Innovative Waste Treatment Methods	Asia	Bangladesh	Qualitative	literature review
18	Dolatabad et al. (2022)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Asia	Iran	Theoretical	systematic literature review
19	Duane et al. (2020)	Pass, conduct detailed review	Conduct scoring	2	3	1	6	Medium	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	United Kingdom	Qualitative	literature review
20	Dukić et al. (2013)	Pass, conduct detailed review	Conduct scoring	1	2	1	4	Medium	Economic and Policy Frameworks	Regulatory and Policy Challenges	Europe	Croatia	Theoretical	systematic literature review
21	Ezeudu et al. (2022)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Economic and Policy Frameworks	Regulatory and Policy Challenges	Africa	Nigeria	Qualitative	literature review
22	Fanta et al. (2021)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Not Specified	Not Specified	Theoretical	systematic literature review
23	Ferronato et al. (2020)	Pass, conduct detailed review	Conduct scoring	1	3	1	5	Medium	Healthcare Waste Management	Waste Minimization Techniques	South America	Bolivia	Qualitative	case studies
24	Gaberščik et	Pass, conduct	Conduct	3	2	1	6	Medium	Sustainable Produ	Design for Circula	Europe	Ireland	Quantitative	Survey

	al. (2021)	detailed review	scoring						ct or Procedure Design	rity in Medical Products				
2 5	Govindan et al. (2022)	Pass, conduct detailed review	Conduct scoring	1	3	1	5	Medium	Healthcare Waste Management	Innovative Waste Treatment Methods	Not Specified	Not Specified	Qualitative	case studies
2 6	Haber and Fargnoli (2021)	Pass, conduct detailed review	Conduct scoring	2	2	2	6	Medium	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	European Countries	Qualitative	case studies
2 7	Harding et al. (2021)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Healthcare Waste Management	Waste Minimization Techniques	North America	United States	Qualitative	case studies
2 8	Hatzivasilis et al. (2019)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Economic and Policy Frameworks	Circular Economy Business Models	Europe	European Countries	Qualitative	literature review
2 9	Hunfeld et al. (2023)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	Netherlands	Qualitative	case studies
3 0	Ishaq et al. (2024)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	European Countries	Qualitative	case studies
3 1	Jafarzadeh Ghoushchi et al. (2022)	Pass, conduct detailed review	Conduct scoring	2	3	1	6	Medium	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Asia	Iran	Qualitative	case studies
3 2	Kandasamy et al. (2022)	Pass, conduct detail	Conduct	3	3	2	8	High	Economic and Policy	Circular Economy	Asia	India	Quantitative	Survey

		ed revie w	scor ing						Frame works	Busine ss Model s				
3 3	Kane et al. (2018)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	3	9	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	North Amer ica	United States	Qualitat ive	literatu re review
3 4	Kazanç oğlu et al. (2021)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	2	8	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Not Speci fied	Not Specifi ed	Qualitat ive	literatu re review
3 5	Kheira badi and Sheikh i (2022)	Pass, cond uct detail ed revie w	Con duc t scor ing	2	3	1	6	Medi um	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	North Amer ica	United States	Qualitat ive	literatu re review
3 6	Kumar and Chhab ra (2022)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	2	2	7	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Asia	India	Theoret ical	system atic literatu re review
3 7	Kumar et al. (2021)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	2	8	High	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	Not Speci fied	Not Specifi ed	Qualitat ive	literatu re review
3 8	Leissn er and Ryan- Fogart y (2019)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	2	8	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Europ e	Irland	Qualitat ive	case studies
3 9	MacN eill et al. (2020)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	2	8	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	North Amer ica	United States	Qualitat ive	literatu re review
4 0	Mahjo ob et al. (2023)	Pass, cond uct detail ed	Con duc t scor ing	3	3	3	9	High	Econo mic and Policy	Circula r Econo my Busine	Not Speci fied	Not Specifi ed	Qualitat ive	literatu re review

		review							Frame works	ss Model s				
4 1	Mallick et al. (2022)	Pass, conduct detailed review	Conduct scoring	2	2	1	5	Medium	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	Denmark	Qualitative	case studies
4 2	Mariampillai et al. (2023)	Pass, conduct detailed review	Conduct scoring	3	2	2	7	High	Healthcare Waste Management	Innovative Waste Treatment Methods	North America	United States	Qualitative	literature review
4 3	Martin et al. (2022)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Healthcare Waste Management	Waste Minimization Techniques	Europe	United Kingdom	Qualitative	observational study approach
4 4	Meissner et al. (2021)	Pass, conduct detailed review	Conduct scoring	3	2	1	6	Medium	Healthcare Waste Management	Waste Minimization Techniques	North America	United States	Qualitative	case studies
4 5	Meister et al. (2022)	Pass, conduct detailed review	Conduct scoring	2	3	1	6	Medium	Healthcare Waste Management	Innovative Waste Treatment Methods	Europe	United Kingdom	Qualitative	case studies
4 6	Mekonnen and Araga w (2021)	Pass, conduct detailed review	Conduct scoring	2	3	1	6	Medium	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	North America	United States	Theoretical	systematic literature review
4 7	Najar et al. (2024)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Healthcare Waste Management	Innovative Waste Treatment Methods	Not Specified	Not Specified	Qualitative	Literature Review
4 8	Narang and Vij (2021)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Asia	India	Qualitative	literature review

49	Patil et al. (2022)	Pass, conduct detailed review	Conduct scoring	2	3	2	7	High	Economic and Policy Frameworks	Circular Economy Business Models	Not Specified	Not Specified	Qualitative	case studies
50	Priyadarshini et al. (2024)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Not Specified	Not Specified	Qualitative	case studies
51	Ramos et al. (2023a)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Europe	Denmark	Mixed	Qualitative and quantitative
52	Ramos et al. (2023b)	Pass, conduct detailed review	Conduct scoring	3	3	3	9	High	Healthcare Waste Management	Waste Minimization Techniques	North America	United States	Qualitative	literature review
53	Ranjbari et al. (2022)	Pass, conduct detailed review	Conduct scoring	3	3	2	8	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	Asia	Iran	Theoretical	systematic literature review
54	Ranjbari et al. (2023)	Pass, conduct detailed review	Conduct scoring	2	3	1	6	Medium	Healthcare Waste Management	Waste Minimization Techniques	Not Specified	Not Specified	Theoretical	systematic literature review
55	Ritchie (2021)	Pass, conduct detailed review	Conduct scoring	3	3	1	7	High	Sustainable Product or Procedure Design	Design for Circularity in Medical Products	North America	Canada	Qualitative	literature review
56	Saber et al. (2022)	Pass, conduct detailed review	Conduct scoring	1	2	1	4	Medium	Healthcare Waste Management	Waste Minimization Techniques	North America	United States	Qualitative	case studies

57	Sadhu khan and Sekar (2022)	Pass, conduct detailed review	Conduc t scor ing	3	3	3	9	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Asia	China	Qualitat ive	literatu re review
58	Shaba ni et al. (2024)	Pass, conduct detailed review	Conduc t scor ing	3	3	2	8	High	Health care Waste Manag ement	Waste Minim ization Techni ques	Africa	Zimba bwe	Qualitat ive	case studies
59	Sharm a et al. (2023)	Pass, conduct detailed review	Conduc t scor ing	2	2	1	5	Medi um	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	Asia	India	Qualitat ive	case studies
60	Singh et al. (2022)	Pass, conduct detailed review	Conduc t scor ing	2	3	1	6	Medi um	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	Asia	Pakist an	Theoret ical	system atic literatu re review
61	Singh et al. (2023)	Pass, conduct detailed review	Conduc t scor ing	2	3	1	6	Medi um	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	Not Speci fied	Not Specifi ed	Theoret ical	concept framew orks
62	Sittig et al. (2022)	Pass, conduct detailed review	Conduc t scor ing	3	2	2	7	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	North Amer ica	United States	Theoret ical	concept framew orks
63	Soares et al. (2023 a)	Pass, conduct detailed review	Conduc t scor ing	3	3	2	8	High	Health care Waste Manag ement	Waste Minim ization Techni ques	Not Speci fied	Not Specifi ed	Qualitat ive	literatu re review
64	Soares et al. (2023 b)	Pass, conduct detailed review	Conduc t scor ing	3	3	3	9	High	Educ ation and Stakeh older Engag ement	Traini ng Progra ms for Health care Profes sionals	Europ e	Europ ean Countr ies	Quantit ative	Survey
65	Syms et al. (2023)	Pass, conduct detail	Conduc t	3	3	3	9	High	Sustai nable Produ ct or	Design for Circula rity in	Africa	Egypt	Qualitat ive	literatu re review

		ed revie w	scor ing						Proced ure Design	Medic al Produ cts				
6 6	Ugand ar et al. (2023)	Pass, cond uct detail ed revie w	Con duc t scor ing	2	3	1	6	Medi um	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	Asia	India	Qualitat ive	case studies
6 7	Van Boerd onk et al. (2021)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	2	2	7	High	Econo mic and Policy Frame works	Circula r Econo my Busine ss Model s	Not Speci fied	Not Specifi ed	Qualitat ive	case studies
6 8	Van Strate n et al. (2021)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	3	9	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Europ e	Nethe rlands	Qualitat ive	case studies
6 9	Viani et al. (2016)	Pass, cond uct detail ed revie w	Con duc t scor ing	2	3	1	6	Medi um	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Europ e	United Kingdo m	Qualitat ive	intervie ws
7 0	Viegas et al. (2019)	Pass, cond uct detail ed revie w	Con duc t scor ing	2	2	2	6	Medi um	Econo mic and Policy Frame works	Circula r Econo my Busine ss Model s	Europ e	United Kingdo m	Qualitat ive	literatu re review
7 1	Vishw akarm a et al. (2024)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	2	2	7	High	Econo mic and Policy Frame works	Circula r Econo my Busine ss Model s	Asia	India	Theoret ical	system atic literatu re review
7 2	Voudri as (2018)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	1	7	High	Sustai nable Produ ct or Proced ure Design	Design for Circula rity in Medic al Produ cts	Europ e	Europ ean Countr ies	Qualitat ive	literatu re review
7 3	Wandj i et al. (2022)	Pass, cond uct detail	Con duc t	1	2	1	4	Medi um	Sustai nable Produ ct or	Design for Circula rity in	Not Speci fied	Not Specifi ed	Theoret ical	system atic literatu

		ed revie w	scor ing						Proced ure Design	Medic al Produ cts				re review
7 4	Wright et al. (2019)	Pass, cond uct detail ed revie w	Con duc t scor ing	2	3	2	7	High	Econo mic and Policy Frame works	Circula r Econo my Busine ss Model s	Africa	Moza mbiqu e	Qualitat ive	literatu re review
7 5	Zlaugo tne et al. (2022)	Pass, cond uct detail ed revie w	Con duc t scor ing	3	3	2	8	High	Health care Waste Manag ement	Innova tive Waste Treat ment Metho ds	Europ e	Europ ean Countr ies	Theoret ical	system atic literatu re review