Investigation of Hydrothermal Characteristics of Nanofluids and Turbulators in Double Tube Heat Exchangers



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ABSTRACT

The growing demand for energy efficiency underscores the vital importance of heat exchangers in a wide range of industries, from power generation to HVAC systems. With growing demands for improved efficiency and reduced operational costs, there has been significant research into thermal management technologies. Double tube heat exchangers (DTHEs), due to their simplicity and effectiveness, are widely used in industrial applications. This research aims to enhance the performance of DTHEs by integrating innovative turbulator designs and advanced nanofluids, contributing to the development of more energy-efficient thermal systems.

Turbulators disrupt fluid flow, enhancing heat transfer by breaking up the boundary layer on heat transfer surfaces. This study examines various turbulator shapes—rectangular, triangular, oval, and trapezoidal—in both transverse and helical configurations. Additionally, it explores the effects of different nanofluids, such as CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂, on heat transfer. Using volume fractions from 0 to 0.1, the nanofluids are selected for their ability to enhance thermal conductivity and convective heat transfer. The research employs the finite volume method and advanced computational tools, including ANSYS Fluent, to model and analyze these effects.

The results indicate that SiO₂ nanofluids provide the highest improvement in heat transfer efficiency, with an 18.4% enhancement compared to the base fluid. Among turbulator configurations, helical designs, particularly triangular ones, offer the best performance in terms of Nusselt number, pressure drop, and overall heat transfer efficiency. The study also highlights that adjusting the geometrical parameters of turbulators, such as rib height, can significantly impact heat transfer, with transverse turbulators showing up to a 471% increase. The substantial improvements observed in this study affirm the potential of these technologies to improve thermal systems design, offering significant advantages over traditional methods and contributing to sustainability and cost-effectiveness in thermal management.

KEYWORDS

Double tube heat exchanger, Passive method, Heat transfer, Fluid flow, Turbulator, Nanofluid.

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NOMENCLATURE

Symbols

C _p	Heat capacity, J/kg K
D	Tube diameter, m
d	Diameter, m
\dot{E}_D	Exergy destruction
e _r	Relative error
f	Friction factor
h	Height of rib, m, Convective heat transfer coefficient, $W/m^2 K$
k	Thermal conductivity, W/m K and turbulent kinetic energy, m^2s^{-2}
L	Tube length, m
Nu	Nusselt number
Р	Pressure, Pa
Pr	Prandtl number
R	Radius of the tube, m
Re	Reynolds number
\mathbb{R}^2	Coefficient of determination
S	Distance between ribs, m
t	Thickness of inner tube, m
Т	Temperature, K
V	Velocity, m/s
W	Width of rib, m
$Y_{\text{num,i}}$	Numerical value
Y _{pre,i}	Predicted value

Subscripts

Ave	Average
b	Base fluid, Bulk
c	Cold
e	Ambient
h	Hot, Hydraulic

i	Inner, Inlet
in	Inlet
max	Maximum
min	Minimum
nf	Nanofluid
0	Outer, Outlet, Plain
out	Outlet
р	Solid nanoparticles

Greek letters

3	Target parameter
φ	Nanoparticle volume fraction
μ	Dynamic viscosity, N s/m ²
ρ	Density, kg/m ³

Abbreviations

•

CFD	Computational fluid dynamics
DTHE	Double tube heat exchanger
FVM	Finite volume method
HPC	High performance computing
HVAC	Heating, ventilation, and air conditioning
PEC	Performance evaluation criteria
PTFE	Poly tetra fluoro ethylene
RMSE	Root mean squared error

STATEMENT OF ORIGINAL AUTHORSHIP

The work contained in this thesis has not been previously submitted to meet requirements for an award at this or any other higher education institution. To the best of my knowledge and belief, the thesis contains no material previously published or written by another person except where due reference is made.

Signature: ____Ebrahim Tavousi_____

Date: _____30-07-2024_____

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The development and improvement of heat exchangers represent a pivotal area of research in the field of engineering, underscored by the critical role these devices play in a myriad of industrial, automotive, and energy systems. Heat exchangers facilitate the transfer of heat between two or more fluids, making them indispensable in processes requiring heating, cooling, or thermal management. The efficiency and effectiveness of heat exchangers directly impact energy consumption, operational costs, and environmental sustainability, highlighting the importance of advancing heat exchanger technology. This study focuses on double tube heat exchangers (DTHEs), one of the most common types of heat exchangers. DTHEs are widely used due to their simplicity and effectiveness in transferring heat between fluids. By investigating and improving DTHE performance, this research aims to contribute to the development of more efficient and cost-effective thermal systems, which are critical for reducing energy consumption and enhancing environmental sustainability.

Turbulators, introduced into the flow path of a heat exchanger, serve to disrupt the laminar flow and promote turbulence. This increased turbulence enhances the heat transfer coefficient by improving the mixing of the fluid, thereby allowing for more efficient thermal energy exchange between the fluid and the tube walls. The strategic placement and design of turbulators can significantly augment the overall efficiency of heat exchangers by optimizing the flow patterns and heat transfer characteristics within them [1-3]. In recent years, the introduction of nanofluids has emerged as a revolutionary approach to enhance the thermal performance of heat exchangers. Nanofluids, which are engineered colloidal suspensions of nanoparticles in a base fluid, exhibit significantly enhanced thermal properties compared to traditional heat transfer fluids. The dispersion of nanoparticles, such as metals, metal oxides, or carbon nanotubes, within a base fluid like water, ethylene glycol, or oil, results in improved thermal conductivity, heat transfer coefficients, and reduced thermal resistance [4, 5].

Integrating the use of nanofluids with the implementation of turbulators in heat exchangers represents a synergistic approach to thermal management. This combination leverages the distinct advantages of each method: the enhancement of heat transfer through turbulence induction and the intrinsic thermal property improvements offered by nanofluids. Studies have shown that the application of nanofluids and turbulator insertions in heat exchangers can lead to remarkable increases in heat transfer efficiency, surpassing the performance achievable by either technique alone. This synergy not only facilitates the development of more compact and efficient heat exchangers but also opens new avenues for energy-efficient design and operation in thermal systems [6, 7]. However, the implementation of turbulators and nanofluids also introduces challenges, including the potential for increased pressure drop and concerns regarding nanoparticle stability and dispersion within the base fluid. Addressing these issues requires a comprehensive understanding of fluid dynamics, heat transfer, and nanomaterial science, underscoring the interdisciplinary nature of this research area [5, 8].

Figure 1.1 illustrates the yearly number of publications in the areas of nanofluids and heat exchangers (Data is collected from the Scopus website). The increasing trend observed over the last decade highlights the growing significance and interest in these fields among researchers.



Figure 1.1: Trend in the number of publications over time for a) nanofluids and b) heat exchangers.

1.1 Problem statement

Enhancing heat transfer and fluid flow characteristics in double tube heat exchangers (DTHEs) is a critical challenge in thermal engineering, necessitating innovative solutions to boost efficiency and performance. This research addresses this challenge using passive method, specifically the combination of turbulator insertion and nanofluid techniques. The study examines the effects of various turbulator designs, including transverse and helical configurations (rectangular, triangular, oval, and trapezoidal), in conjunction with different nanofluids (CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂ with volume fractions from 0 to 0.1), on the hydrothermal performance of a DTHE. This range was chosen because

it is more applicable in real-world scenarios, and higher concentrations increase the risk of friction and clogging in the system. Inserting turbulators enhances mixing and induces secondary flows, which reduces the thermal boundary layer and increases the heat transfer rate within a DTHE. Additionally, incorporating nanoparticles into the base fluid improves the thermophysical properties of the working fluid, thereby enhancing the overall performance of the DTHE. By combining turbulator insertion with nanofluids, it is expected to achieve maximum enhancement in the heat transfer rate of the DTHE.

1.2 Aim of the research

In light of aforementioned considerations, this Ph.D. thesis endeavours to explore the combined effects of turbulator insertion and nanofluid application within a double tube heat exchanger. By investigating these dual enhancement strategies, the thesis aims to contribute to improving performance of a double tube heat exchanger design and operation, paving the way for more energy-efficient and sustainable thermal systems.

1.3 Novelty and originality of the research

The research introduces the following novel contributions.

- A robust and comprehensive numerical methodology to evaluate the heat transfer and fluid flow characteristics of nanofluids and turbulators insertion in a double tube heat exchanger.
- Investigate the impact of introducing novel turbulators (transverse and helical types) combined with nanofluids (CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂ with volume fractions from 0 to 0.1) on enhancing the performance of a double tube heat exchanger.
- Examine how the geometric parameters of turbulator insertion-specifically the spacing, height, and width of the turbulators-affect the performance of a double tube heat exchanger.

1.4 Research objectives

The specific objectives of this research are outlined below.

1. To conduct a comprehensive and critical literature review to identify the most effective techniques for enhancing heat transfer, focusing on the performance improvements

achieved through various turbulator designs and nanofluid applications in double tube heat exchangers.

- 2. To validate numerical simulations with existing experimental results, such as average Nusselt number and friction factor, using computational fluid dynamics (CFD) software, ensuring that the simulations accurately reflect real-world performance.
- 3. To perform numerical simulations using a single-phase flow model for various nanofluids with different nanoparticle volume fractions, considering both counter-flow and parallel-flow configurations, as well as a novel transverse turbulator insertion design for a double tube heat exchanger.
- 4. To numerically assess the impact of geometrical parameters of turbulators, such as the height and shape, in combination with nanofluids, on the thermal performance of a double tube heat exchanger, identifying the parameters that lead to the highest heat transfer enhancement.
- 5. To simulate innovative helical turbulator configurations and compare their performance against traditional transverse and other conventional turbulator designs in double tube heat exchangers, providing insights into the most effective design strategies for heat transfer enhancement.
- 6. To summarize and draw conclusions from the simulations, offering recommendations for the optimal design and selection of turbulators and nanofluids in double tube heat exchangers to maximize energy efficiency and heat transfer performance.

1.5 Thesis Outline

Chapter 1 introduces heat exchangers, emphasizing their significance, and provides an overview of turbulators and nanofluids. It outlines the research's goals, novelty, and objectives. Additionally, the structure of the thesis is detailed in this chapter.

Chapter 2 presents an exhaustive review of the literature on methods for enhancing heat transfer in heat exchangers, with a particular emphasis on the passive method. It encompasses information on the four main techniques: turbulator insertion, extended surface area (fins), geometry change, and nanofluids. Subsequently, the chapter delves into each method, elucidating an investigation on the heat transfer rate and friction factor and presenting a statistical analysis of the results derived from other published works on the passive method.

Chapter 3 outlines the research methodology employed in this study. This chapter comprehensively discusses the models implemented in the numerical analysis, along with the assumptions made. It methodically details the procedural steps of the research, including grid independence tests and validations. The chapter also describes the domain and geometry of the double-tube heat exchangers. Furthermore, it elaborates on the designs of turbulators and nanofluids utilised in this research, providing detailed explanations of each.

Chapter 4 provides the fundamental equations employed in the research. It comprehensively explicates all the equations utilised, including the continuity, momentum, and energy equations which are pivotal for solving the problem domain through Computational Fluid Dynamics (CFD) software. Furthermore, the chapter delves into the equations governing the density, heat capacity, thermal conductivity, and viscosity of nanofluids, providing detailed discussions on each.

Chapter 5 presents the results and discussion of the research, wherein the outcomes of numerical simulations are detailed. The heat transfer and fluid flow characteristics resulting from the insertion of turbulators and the use of nanofluids in a double tube heat exchanger are explained comprehensively. Key parameters such as the Nusselt number, friction factor, and performance evaluation criteria are presented to facilitate a thorough evaluation of the heat exchanger's performance. Additionally, this chapter includes a comparative study aimed at evaluating the performance of new turbulator designs relative to traditional turbulator insertions in double tube heat exchangers.

Chapter 6 concludes the research and offers recommendations for future work. This chapter discusses the key findings of the research and outlines potential areas for future research endeavours.

This research also included efforts in experimental work. By reviewing literature and standards, possible designs of a DTHE were investigated to find the best option based on low cost and reliable leak prevention. After finalizing the designs, the required materials for the test rig were carefully identified. A price list of materials and equipment was submitted to the university for purchasing. Details about the experimental work are provided in Appendix A.

1.6 Publications

Six publications resulting from this PhD study have been published in high-quality Q1 journals. The full texts of these publications are provided in Appendix C. The list of all publications are as follows.

- Tavousi, E., Perera, N., Flynn, D. and Hasan, R., 2023. Heat transfer and fluid flow characteristics of the passive method in double tube heat exchangers: a critical review. International Journal of Thermofluids, 17, p.100282.
- Tavousi, E., Perera, N., Flynn, D. and Hasan, R., 2023. Numerical investigation of laminar heat transfer and fluid flow characteristics of Al₂O₃ nanofluid in a double tube heat exchanger. International Journal of Numerical Methods for Heat & Fluid Flow, 33(12), pp.3994-4014.
- Tavousi, E., Perera, N., Flynn, D. and Hasan, R., 2023. Numerical Investigation of Heat Transfer and Fluid Flow Characteristics of Al₂O₃ Nanofluid in A Double Tube Heat Exchanger With Turbulator Insertion. Proceedings of the 9th World Congress on Mechanical, Chemical, and Material Engineering (MCM'23) Brunel University, London, United Kingdom –August 06-08, 2023, Paper No. HTFF 218.
- Tavousi, E., Perera, N., Flynn, D., Hasan, R. and Rahman, M., 2024. Effect of novel turbulators on the hydrothermal performance of counterflow double tube heat exchanger using nanofluids. International Journal of Heat and Fluid Flow, 107, p.109427.
- Tavousi, E., Perera, N., Rahman, M., Hasan, R., and Flynn, D., Effects of Various Nanofluids on the Performance of a Double Tube Heat Exchanger, 17th International Conference on Knowledge Science, Engineering and Management (KSEM 2024).
- 6. Tavousi, E., Perera, N., Rahman, M., Hasan, R., and Flynn, D., Enhancement of Heat Transfer and Hydrodynamic Performance in a Double Tube Heat Exchanger Using Transverse and Helical Turbulators with Nanofluid, International Journal of Heat and Mass Transfer. (In the process of submission)

This chapter provides a comprehensive review of the literature on heat exchangers, focusing specifically on DTHEs. It begins by defining heat exchangers, detailing their applications, and classifying them. The chapter then extensively discusses the methods for enhancing heat transfer in DTHEs and presents the key findings from published research on each method. The conditions and findings of each pervious published research are summarised in detailed tables. The chapter concludes with a novel statistical analysis of the heat transfer rate and friction factor for each technique, providing a comparative analysis of the different techniques.

2.1 Introduction

A heat exchanger is a device used to transfer thermal energy between two or more fluids, separated by solid material. The applications of heat exchangers are extensive in industries where they are used to crystallize, concentrate, distil, fractionate, pasteurize, sterilize and control a process fluid. Some common heat exchangers are cooling towers, air preheaters, evaporators, condensers, automobile radiators, and shell and tube exchangers. Heat exchangers are classified in many ways, for example, according to the transfer process, the number of fluids, surface compactness, construction, flow arrangements, and heat transfer mechanisms. One of the standard classifications is based on the construction of heat exchangers (Figure 2.1). These classifications are divided into four subcategories: tubular, plate-type, extended surface, and regenerative. The tubular section is divided into four subcategories: double-pipe, shell and tube, spiral tube, and pipe coil [9, 10].



Figure 2.1: Classification of heat exchangers according to construction.

One of the common heat exchangers is the double tube heat exchanger (DTHE). These are used widely in industries and engineering applications such as refrigeration, air-conditioning, power plant, solar water heater and the process industry [11]. The main advantages of DTHEs are working with high pressure and temperature of working fluids, simple maintenance, modular construction, cost-effectiveness, and its simplicity (consisting of two concentric tubes) [12]. The purpose of using DTHEs is to transfer heat between the cold and hot regions (Figure 2.2). The flow directions of hot and cold fluids in DTHEs can either be parallel or counter. It is crucial and challenging for researchers to find ways and solutions to increase the DTHE's heat transfer rate and efficiency. In this regard, extensive research was carried out experimentally and numerically related to DTHEs to enhance heat transfer and improve fluid characteristics.



Figure 2.2: Counterflow double tube heat exchanger.

One of the earliest publications related to DTHEs dates back to 1928 [13]. The research into DTHEs expanded rapidly after 1928 and was divided into different categories. Some scholars focused on geometry change and the insertion of elements in inner and outer tubes [14, 15]. Some researchers investigated different shapes of fins, and others investigated different working fluids such as nanofluids [16, 17]. Using external forces such as magnetic field and vibration was the interest of some scholars in the subsequent years[18-20].

2.2 Heat transfer enhancement methods in DTHE

Enhancing the heat transfer rate in DTHEs is divided into three main methods: active, passive, and compound. In the active method, some external forces and energy are used to improve the heat transfer rate in the heat exchangers. For example, establishing a magnetic field for flow disturbance, using flow or surface vibration, rotating tubes and reciprocating plungers, pulsation by cams, and mechanical aids [21-25]. This method has limited practical applications because it needs extra equipment and instruments to add energy. The potential of the active method is less than the passive method as it is difficult to exert external energy in most cases [26].

In the passive methods of increasing heat transfer rate, external forces are not used to enhance the heat transfer rate in DTHEs. Some examples of passive methods to create turbulence in the flow field by inserting fins, coiled wires, swirl flow inducement, and wall roughness. In general, the passive method is preferred compared to the active method because, in this method, there is no need for external forces and its cost-effectiveness [27, 28].

Using two or more methods of the passive and active method together to increase the heat transfer rate and performance of heat exchangers is known as the compound method [29-33]. Using various enhancement methods together increases the heat transfer coefficient in heat exchangers because of interactions among the methods compared to just using one method. This compound method takes advantage of both the external forces and induces turbulence in the flow to increase the heat transfer rate [34].

2.2.1 Passive method

In the passive method, there are no external forces and energy for increasing the heat transfer. Researchers find the passive method widely attractive because of the cost-effective manufacturing, no external forces, simple to set up, and low maintenance requirements. It should be mentioned that the detrimental effect of the passive methods is the increased pumping power due to the increased friction factor. Generally, passive methods are proposed

to attain a high heat transfer rate with the smallest energy input for pumping fluids [12, 35]. Therefore, many studies have been conducted experimentally and numerically focused on this method to increase heat transfer. Some of the main techniques are turbulator insertion, extended surface area (fins), geometry changes, and using nanofluids.

Passive methods are divided into insertion elements as turbulator insertion, using different shapes of fins as extended surface area and modification in tubes and tube's wall (different roughness) as geometry change, and using nanofluids. With the passive method, the key factors that decrease the thermal boundary layer are the creation of secondary flow, disturbance, turbulence, and increasing the surface area.

 \checkmark Turbulator insertion

Turbulator insertions are used to induce disturbance and perturbation in the flow. This is achieved by inserting the coiled wire, twisted tape, or louvered strip.

✓ Extended surface area (fins)

Fins are used to increase surface area, creating secondary flow and turbulence in the flow.

 \checkmark Geometry change

Changing tubes cross-section, different shapes of tube walls, and roughness increases the heat transfer by creating turbulence and increasing the surface area. Some examples are corrugated tubes, helical tubes, and different cross-sections of tubes.

Nanofluids are used to increase heat capacity, the thermal conductivity of the base fluid, fluctuations and turbulence in the fluid flow.

 \checkmark Combination of different techniques

The key factors of different techniques interact with each other in this method to increase the heat transfer rate.

2.3 Impact of different passive techniques on the heat transfer and fluid flow characteristics of DTHE

One of the critical mechanisms to increase heat transfer between tube wall and fluid flow is reducing the thickness of the thermal boundary layer. The thickness of the thermal boundary layer is affected by the condition of the fluid flow, which is smaller in the turbulent flow. Therefore, the heat transfer in the turbulent flow is faster than laminar flow because the eddies

[✓] Nanofluids

convey the thermal energy quickly in the turbulent flow and the thickness of the thermal boundary layer is smaller in the turbulent flow [35, 36]. This section discusses the impact of different passive methods on the heat transfer and fluid flow properties in a DTHE.

2.3.1 Turbulator insertion

Inserting turbulators is simple, easy, cost-effective, and produces a good performance in heat exchangers. Turbulator insertion increases heat transfer by mixing fluid and creating turbulence in the flow. In this way, the thermal boundary decreases, and the convective heat transfer improves [26]. There are different turbulators insertion to enhance the heat transfer in DTHEs, such as coiled wire, twisted tape, and louvered strip [37-45]. These elements are generally used in the inner tube since there is a greater heat transfer improvement [46].

There are many publications [47-51] on the effects of twisted tape, coiled wire, and louvered strip elements on the heat transfer and fluid flow properties in a DTHE. Turbulator insertion makes flows swirl and changes fluid velocity near the wall because of various vorticity distributions in the vortex core of the tube. The swirl flow induces a tangential velocity component that enhances flow mixing between the tube core and near-wall region. Although the heat transfer increased with swirl flow, the pressure drag and shear stress in the tube also increased because of the coiled wire, twisted tape, and louvered strip [52].

Naphon [14] experimentally studied typical twisted tape configuration with different pitches in a double tube heat exchanger. The working fluids were hot water for the inner tube and cold water for the outer tube. They found that inserting twisted tape increases the heat transfer coefficient and pressure drop compared to a simple double tube heat exchanger. The overall heat transfer coefficient increased by 254% and decreased by increasing the Reynolds number.

Naphon [53] experimentally studied the heat transfer characteristics and pressure drop of a DTHE with coil wire insert (Figure 2.3). Cold and hot water were used as a working fluid in the outer and inner sides. The results showed that heat transfer enhancement decreases by increasing Reynolds number, and wire coil insertion significantly increases the heat transfer rate in the laminar flow region.



Figure 2.3: A schematic diagram of the test section [53].

The heat transfer rate in a DTHE can be increased by inserting louvered strips. Eiamsaard, et al. [54] experimentally investigated the louvered strips with forward, backwards, and different inclined angles (θ =15°, 25° and 30°) configuration in a DTHE (Figure 2.4). It was reported that the louvered strips increased the average Nusselt number and friction loss up to 284% and 413%, respectively, compared to a conventional DTHE.



Figure 2.4: Louvered strips with forward and backward arrangements [54].

Zhang, et al. [55] conducted an experiment to study the heat transfer and fluid flow characteristics of a DTHE fitted with a stationary and self-rotating twisted tape (Figure 2.5). The experiment was conducted under turbulence flow and for different twist ratios. It was observed that the self-rotating twisted tape increased the heat transfer more than the stationary

twisted tape. The thermal performance factor, pressure drop, and Nusselt number also increased with decreasing twist ratios.





Other types of turbulators insertion, such as propellers and swirl generators, are used to increase the heat transfer rate. Since the increase of pressure drop of such turbulators is high compared to the increase in heat transfer rate, they are not commonly used. Yildiz, et al. [36] showed that using propellers as turbulators increases, the pressure drop up to 1000% with an increase of 250% in the heat transfer rate. Using swirl generators with holes in the entrance increased the Nusselt number and friction factor by 130% and 190%, respectively [56]. Aridi, et al. [57] presented a numerical investigation on the performance of heat transfer enhancement using a trapezoidal vortex generator in a DTHE. They wanted to compare the effect of the turbulator in three cases. These are the turbulator in the inner tube (case 1), in the outer side of the inner tube (case 2), and in the inner side of the outer tube (case 3). The results showed that the turbulator is effective in all cases, and the greatest improvement was 97% for case 1, 92% for case 2, and 56% for case 3. Table 2.1 summarises the information on different turbulators insertions and their effects in comparison to a conventional DTHE.

Table 2.1. Summar	y of information on unreferit turbular	tors insertion compared to	
Author	Configuration	Conditions	Findings
Akpinar [58]	Helical wire	Experimental	✓ Increase of Nusselt
	manometers	Re: 6500-13000	number: 164%
	UU	Inner: hot air	✓ Increase of friction
	helical spring	Outer: cold water	factor: 174%
	air, out	Parallel and Counter	
	rotaneter	flow	
	Ta water, in Totameter		
	digital channel channel heater		
Naphon [14]	Twisted tape	Experimental	\checkmark Increase of heat
	2300	Re: 7000-23000	transfer rate
	200 + H+	Inner: hot water,	coefficient: up to
	Hot water me	temperature: 40-45 °C	253%
	Hot water outlet	Outer: cold water,	\checkmark The overall heat
	Thermocouple Cold	temperature: 15-20 °C	transfer coefficient
	Inner Outer	Counter flow	decreases by
			increasing the
			Reynolds number.
Elamsa-ard, et	Louvered strip	Experimental	✓ Increase of average
al. [54]	Front view Top view	Ke: 6000-42000	Nusselt number: 284%
	Forward arrangement	tomporature: 25°C	• Increase of Incrion
		Outer: cold water	factor: 41370
	Jasulation	temperature: 25°C	
	L Backward arrangement	Counter flow	
	Inflow		
Yaday [59]	Half-length twisted tape inserted	Experimental	\checkmark Increase of heat
Tudu, [57]	in U-bend [60]	Inner: hot oil	transfer: 40%
		Outer: cold water,	✓ Thermal performance
	(a)	temperature: 25°C	of smooth tube is
		Counter flow	better than half-length
	$_{3VW} = 3.0 \iff 3$		twisted tape by 30%
			✓ Thermal performance
	y/w =4.0		of plain heat
	y/w =5.0		exchanger 1s better
			than half-length
Shashank and	Coil wire with different materials	Experimental	✓ The increase of heat
Taii [61]	(copper aluminum and stainless	Re: 4000-13000	transfer for copper
I uji [01]	steel) [49]	Inner: hot water	aluminum, and
		Outer: cold water	stainless steel: 58, 41,
		Counter flow	and 31%
			✓ The increase of
			friction factor for
	<u>H</u>		aluminum, stainless
			steel and copper: 570,
			490, and 440%
	1 1 <i>L</i> / 1 1		• The Iniction factor
			decreasing coil wire
			nitch
Sheikholeslami	Agitator	Experimental	✓ Inserting the agitator
et al. [62]	r spirator	Re: 6000-12000	in the inner tube
et un [02]		-10.0000 12000	increases the heat
			transfer rate

Table 2.1: Summary of information on different turbulators insertion compared to a conventional DTHE.

Author	Configuration	Conditions	Findings
	nmm	Inner: hot water, temperature: 70, 80, 90°C Outer: cold air Counter flow	✓ Enhancement of heat transfer decreases with increase of Reynolds number
Moya-Rico, et al. [63]	Twisted tape	Experimental Re: 6000–12000 Inner: hot sugar-water mix, temperature: 57, 46, 32, and 17°C Outer: cold propylene glycol, temperature: constant inlet 8°C	 ✓ Increase of heat transfer: up to 80% ✓ Increase of pressure drop: up to 50% ✓ Nusselt number and friction factor is higher in the shorter spacer
Slaiman and Znad [64]	Wire coil [65]	Experimental Re: 5000-40000 Inner: hot water, temperature: 60 and 70 Outer: cold water Counter flow	 ✓ Increase of heat transfer: up to 143% ✓ Increase of pressure drop: up to 375% ✓ Maximum Nusselt number enhancement occurred at Re: 5000 ✓ Heat transfer enhancement is more effective at low values of Reynolds number than high values
Padmanabhan, et al. [66]	Helical wire insertion	Numerical Inner: cold water, temperature: inlet 28°C Outer: hot water, temperature: inlet 90°C Counter flow	 ✓ Increase of heat transfer coefficient: up to 63.91% ✓ The wall thermal transmission and heat flux increase by reducing the pitch gap
Ibrahim [52]	Helical screw-tape	Experimental Re: 570-1310 Inner: cold water Outer: hot water Counter flow	 ✓ Increase of Nusselt number: 115% ✓ Increase of friction factor: 60% ✓ The Nusselt number increase increases with the increase of Reynolds number and with the decrease in spacer length twist ratio
Pourahmad and Pesteei [67]	Wavy strip	Experimental Re: 3000-13500 Inner: hot water, temperature: 54°C Outer: cold water Counter flow	 Increase of effectiveness: up to 71% Increase of friction factor: up to 600% The effectiveness increases with the increase of Reynolds number and increases with the decrease of the wavy strip angle

Author	Configuration	Conditions	Findings
	plain tube θ=45° θ=60° θ=90° θ=120° θ=150°		✓ The effectiveness and Number of Transfer Units (NTU) have a maximum value at the angle of 45°
Murugesan, et al. [68]	With and without V-cut twisted tape (a) W = 23.5 mm H = 50, 110 and 150 mm (b) VTT (DR = 0.34, WR = 0.43) y = 2.0 y = 4.4 y = 2.0 y = 4.4 y = 0 y = 2.0 $y = 10 \text{ mm}, d_e = 8 \text{ mm}$	Experimental Re: 2000-12000 Inner: hot water, temperature: 54°C Outer: cold water, temperature: 30°C Counter flow	 ✓ Increase of Nusselt number with and without cut: 150% and 100% ✓ Increase of friction factor with and without cut: 470% and 280% ✓ The V-cut twisted tape offered a higher heat transfer rate, friction factor and thermal performance factor compared to the plain twisted tape
Wijayanta, et al. [69]	Square-cut Twisted Tape	Numerical Re: 8000-18000 Inner: hot water Outer: cold Counter flow	 Increase of Nusselt number with and without cut: 80.7% and 74.4% Increase of friction factor with and without cut: 230% and 200% The decrease of the pitch ratio leads to the increase of efficiency, Nusselt number and friction factor

2.3.2 Extended surface area (fin)

Another way to increase the heat transfer rate in DTHEs is to use fins and enlarge the surface area of the fins [70-87]. This technique can help fluids with naturally low heat transfer coefficients, such as gases and high-viscosity liquids, by placing them on the fin side. Designing DTHEs by fins is very cost-effective because they are cheaper than prime tube surfaces. When fins are used in the fluid side, which has a lower heat transfer coefficient, it decreases the thermal resistance and the heat transfer capacity increases due to the bigger heat transfer surface area [88, 89]. The geometry and type of the fins are two critical factors for improving the hydrothermal properties in DTHEs. These two elements establish secondary

flow in DTHEs, reducing hydraulic diameter, increased surface area, vortices, and intensifying turbulence induced by the vortex generators [90-92].

In the helical fin designs, by decreasing the helical pitch, pressure drop increased sharply at a high Reynolds number; conversely, the efficiency of the heat transfer enhancement is low at the large helical pitch. So, using helical fins to enhance heat transfer is suitable for applications at low Reynolds numbers [93]. Zhang, et al. [90] installed helical fins and vortex generators on the surface of the outer tube of a DTHE shown in Figure 2.6 and concluded that heat transfer and pressure drop increased up to 46% and 146%, respectively, compared to the conventional tube.



Figure 2.6: Inner tubes with helical fins and vortex generators on its outer wall [94].

El Maakoul, et al. [95] numerically studied the heat transfer and fluid flow characteristics and performance of an air-water DTHE with helical and longitudinal fins (Figure 2.7). The results showed that helical fins have a better heat transfer rate, about 3-24% higher than longitudinal fins. It was also reported that the heat transfer rate and friction factor increased when decreasing the helical space. In another publication, El Maakoul, et al. [96] numerically compared a DTHE with conventional longitudinal fins and split longitudinal fins (Figure 2.8). The results showed that split longitudinal fins increase heat transfer 31%-48% more than conventional longitudinal fins.



Figure 2.7: Models of double pipe heat exchangers with longitudinal fins and helical fins with a) and b) longitudinal, c) and d) helical [95].



Figure 2.8: Schematic of DTHEs with a) normal longitudinal fins and b) split longitudinal fins [96].

Majidi, et al. [97] experimentally worked on the air heat transfer in a helical fin DTHE and presented an equation for increasing the overall heat transfer coefficient due to the fin. The results showed that the presence of the annulus fin increases the overall heat transfer coefficient. Syed, et al. [98] introduced the tip thickness in fins design as a new parameter by

significant impacts on the heat transfer and flow properties in DTHEs (Figure 2.9). The tip thickness was controlled by the ratio of tip to base angles as a parameter with values varying from 0 to 1 corresponding to the fin shapes varying from the triangular to the rectangular cross-section. Variation in fin-tip thickness appears to significantly influence the primary flow variable, the velocity field, displacing the high-velocity region and changing the velocity gradients at the wetted perimeter. Table 2.2 summarises information on different extended surface areas and their effects in comparison to a conventional DTHE.



Figure 2.9: Different fin-tip thickness [98].

Author	Configuration	Conditions	Findings
Braga and Saboya [16]	Longitudinal rectangular fins Ø D2 DIMENSIONS: D1 = 19.05 mm (3/4 in) D2 = 50.40 mm (1in) D2 = 50.40 mm (2in) H = 10.00 mm Fin thickness: 21 = LIOmm	Experimental and numerical Re: 10000-50000 Inner: hot water, temperature: 98°C Outer: cold air, temperature: 10- 25°C Parallel flow	✓ The fin or the region efficiency are known functions of the Reynolds number of the airflow and thermal conductivity of the fin material
Zhang, et al. [90]	Helical fins and vortex generators [94]	Experimental Re: 6627-13387 Inner: steam, temperature: 100°C Outer: cold air, temperature: 24– 28°C Counter flow	 ✓ Increase of heat transfer: up to 46% ✓ Increase of pressure drop: up to 146% ✓ Heat exchanger with helical fins and vortex generators have better performance than heat exchangers only with helical fins at shorter pitch ratio
Zohir, et al. [99]	Coil wire around outer surface of inner tube [100] Helical wire (turbulator) for inside of the annulus Helical wire (turbulator) for inside of the inner tube telical wire (turbulator) for inside of the inner tube telical wire (turbulator) for inside of the inner tube General view Inner tube	Experimental Re: 4000-14000 Inner: hot water, temperature: 65°C Outer: cold water, temperature: 25°C Parallel and counter flow	 Increase of heat transfer: 450% for counterflow and 400% for parallel flow The Nusselt number increases with Reynolds number and pitch ratio
Sheikholeslami, et al. [101]	Dutertube Typical and perforated circular-ring P_=2.8m P_=3.8m d_=6m p_=1.8m P_=2.8m P	Experimental Re: 6000–12000 Inner: hot water Outer: cold air, temperature: 28°C Counter flow	 ✓ Increase of Nusselt number with and without holes: 48% and 56% ✓ Increase of friction factor with and without holes: 310% and 650% ✓ Nusselt number and friction factor decrease by increasing the pitch ratio and

Table 2.2: Summary of information on different extended surface compared to a conventional DTHE.
Author	Configuration	Conditions	Findings
			number of
Sheikholeslami, et al. [102]	Typical and perforated discontinuous helical	Experimental Re: 6000-12000 Inner: hot water Outer: cold air, temperature: 28°C Counter flow	 perforated hole ✓ Increase of Nusselt number with and without holes: 62% and 76% ✓ Increase of friction factor with and without holes: 46% and 610% ✓ Nusselt number
Karanth and Murthy [103]	Rectangular, triangular and concave parabolic fin [95] Fins Inner tube Outer tube	Numerical Re: 3000-20000 Inner: hot water, temperature: 59°C Outer: cold water, temperature: 30°C Parallel flow	 and friction factor decrease with the increase of pitch ratio and perforated hole ✓ Increase of heat transfer: 128% ✓ Increase of pressure drop: 368% ✓ Rectangular fin has the highest heat transfer rate and pressure drop compared to triangular and concave parabolic
El Maakoul, et al. [104]	Continuous helical baffle	Numerical Re: 6000-72000 Inner: hot water, temperature: 36- 40°C Outer: cold water, temperature: 8-17°C Counter flow	fin ✓ Increase of heat transfer: 45% ✓ Increase of pressure drop: 21 times ✓ The highest thermo-hydraulic performance is achieved when helical baffles are
Sreedhard and Varghese [105]	Longitudinal fin patterns [95]	Numerical Re: 2230 Inner: hot water, temperature: 97°C Outer: cold water, temperature:27°C Counter flow	used in laminar flow regime ✓ Increase of heat transfer: 60.5% ✓ Maximum heat transfer and overall heat transfer coefficient is found when using
Zhang, et al. [106]	Helically petal-shaped fin	Experimental Re: 12000-18000 Inner: cold water Outer: hot water Counter flow	four external fins ✓ Increase of heat transfer: 233% ✓ Increase of pressure drop: 111% ✓ The increase in heat transfer is



Author	Configuration	Conditions	Findings
Shaji [110]	Twisted Tape	Numerical Re: 4717-14591 Inner: hot water, temperature: 80°C Outer: cold water, temperature:27°C Counter flow	 ✓ Temperature gradient reduces with augment of the pitch ratio ✓ Increase of Nusselt number: 43% ✓ Increase of friction factor: 177% ✓ Secondary flows induced by the
Yassin, et al. [111]	Straight fin Presenters (1) Finst representers (1)	Experimental Re: 30000-90000 Inner: hot air Outer: cold air Counter flow	 twisted tape, enhanced cross stream mixing of the fluids, increase in the effective flow length ✓ Increase of Nusselt number: 118% ✓ The Nusselt number is proportional to the axial Re, Ta, fin heights and
Ravikumar and Raj [112]	Different profiles of fin	Numerical Mass flow: 0.01- 0.07 kg/s Inner: hot water Outer: cold water Counter flow	number of fins ✓ Increase of heat transfer: 220% ✓ Increase of pressure drop: 10%
Sivalakshmi, et al. [113]	Helical fin	Experimental Mass flow: 0.01- 0.05 kg/s Inner: hot water, temperature: 80°C Outer: cold air, temperature: 30°C Counter flow	 ✓ Increase of heat transfer: 38.46% ✓ utilising of helical fin in water–air exchanger in annulus side could improve the heat transfer rate

2.3.3 Geometry change

This technique is usually used to modify the inner and outer tubes to increase the DTHEs heat transfer rate [114-124]. Corrugated tubes, helical and spiral tubes, and different cross-

sections of tubes are examples of this technique that can be used widely in various industries' waste heat recovery systems [125]. This technique increases the heat transfer rate by increasing fluid mixing in the boundary layer, turbulence level of the fluid flow, and heat transfer surface area [126-128]. There are many publications that use different geometries in DTHEs to improve the heat transfer rate compared to conventional DTHEs, for example, inner curved-pipe [129], oval pipe[130, 131], coaxial annular tube with wall deformations[132], different conical tubes[133], inner sinusoidal tube[134], and inner corrugated tube[128].

Dizaji, et al. [127] performed an experiment to compare inner and outer corrugated tubes in a DTHE. It was shown that using both inner and outer corrugated tubes increased the Nusselt number and friction factor from 23-117% and 200-254%, respectively. With the inner tube being corrugated, the Nusselt number and friction factor increased from 10-52% and 150-190%, respectively. Also, Zambaux, et al. [132] numerically confirmed that the wall deformation on both inner and outer tubes increased the performance evaluation criteria up to 43% compared with only deformation on the outer or inner tube (Figure 2.10).



(a) Deformations principle



(d) Internal and external deformations

Figure 2.10: Different inner and outer tube deformation [132].

Webb [135] showed that if the rib pitch decreased less than required for reattachment of the boundary layer, the heat transfer coefficient decreased. So, the maximum amount occurs at the reattachment point. Bhadouriya, et al. [136] developed experimental and numerical investigation on hydrothermal properties in a DTHE with the inner twisted square duct and outer circular pipe (Figure 2.11). It was reported that with this configuration of DTHE, the heat transfer enhancement is suitable for laminar flow rather than turbulent flow. Table 2.3 summarises information on different geometry changes and their effects in comparison to a conventional DTHE.



Figure 2.11: Details of twisted square duct and outer circular pipe [136].

Author	Configuration	Conditions	Findings
Córcoles, et al.	Spirally corrugated tube	Experimental and	✓ Increase of average
[15]		numerical	heat transfer rate: up to
		Re: 25000-50000	23%
	D	Inner: cold water,	✓ Increase of pressure
	W H	temperature: 22.1°C	drop: 315 and 27% for
	(b) Detail of the lengths that define the corrugation shape.	Outer: hot water,	inner and outer tube
		temperature: 60°C	respectively
		Counter flow	✓ With decreasing
			helical pitch and
			increasing corrugation
			height the heat transfer
			increased
Luc and Song	Counter twisted evel tubes	Numerical	Increased
[137]	Counter-twisted ovar tubes	\mathbf{R}_{e} 1000 15000	number: up to 157%
[157]	1 December 1	Inner: wall temperature	✓ Increase of friction
		constant at 300°C	factor: up to 118%
		Outer: inlet temperature	\checkmark The intensity of the
	x p z z z p z z z z $portion 1$	20°C	vortices increases with
		Counter flow	the decrease of aspect
			ratio and twist ratio
	Conical tube form	Numerical	✓ Increase of Nusselt
Hashemian, et	1, (0,g)/2 L	Re: 12202-48808	number: 63%
al. [133]		Inner: hot water,	✓ Increase of friction
	$(b_{ab})/2 = (b_{ab})/2$ $(b_{ab})/2 = (b_{ab})/2$ $(b_{ab})/2 = (b_{ab})/2$	temperature: 52°C	factor: 700%
	(****)****(***************************	temperature: 25°C	 The Nussell number is highest in both inner
	1	Counter and parallel	and outer conical tubes
	(0 _{*4})/2	flow	and outer connear tubes
	(Pau)/2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	110 11	
	Corrugated shell and tube	Experimental	✓ Increase of NTU: 34 to
Dizaji, et al.		Re: 3500-18000	60%
[138]	Inner tube : Smooth	Inner: hot water,	• Exergy loss: 1 / to
		Outer: cold water	01% √Maximum NTU is
	Inner tube : Courses	temperature: 22°C	obtained for heat
	Outer tube : Smooth Outer tube : Coseave	Counter flow	exchanger made of
			corrugated shell and
	Outer tabe : Coaves		corrugated tube
	Inser table : Concave		
	Outer tabe : Smooth Outer tabe : Coaves		
	Inner corrugated tube	Numerical	✓ Increase of Nusselt
Han, et al. [128]		Re: 26250-65625	number: 81%
	inner tube wall	Inner: constant wall	✓ Increase of friction
		temperature: 42/°C	factor: 500%
		temperature: 200°C	• The decrease of
	inside wall of annular duct	temperature. 200 C	Reynolds number
	+ <u>L</u>		increase the overall
			heat transfer
			coefficient
	Convex and concave corrugated	Experimental	✓ Increase of Nusselt
Dizaji, et al.	tube	Re: 3500-18000	number: 117%
[127]		Inner: hot water,	✓ Increase of friction
		temperature: 40°C	factor: 254%

 Table 2.3: Summary of information on different extended surface compared to a conventional DTHE.

Author	Configuration	Conditions	Findings
	Laser tales : Search Laser tales : Search Construints : Search	Outer: cold water, temperature: 8°C Counter flow	 Maximum effectiveness is obtained for the heat exchanger with a concave corrugated outer and convex corrugated inner tube.
Wang, et al. [139]	Outward helically corrugated tube	Numerical Re: 4300-18800 Inner: Helium, temperature: 390°C Outer: Helium, temperature: 300°C Counter flow	 ✓ Increase of heat transfer: 28% ✓ The heat transfer performance linearly decreased with the increase in the shell diameter, but the pressure drop sharply decreased when the shell diameter equals 38 mm
Pethkool, et al. [140]	Helical corrugated tube	Experimental Re: 5500-60000 Inner: hot water, temperature: 70°C Outer: cold water, temperature: 28°C Counter flow	 Increase of heat transfer rate: 232% Increase of friction factor: 115% The Nusselt number, friction factor and thermal performance factor increased when increasing the pitch ratio and the rib-height ratio
Laohalertdecha and Wongwises [141]	$\begin{array}{c} p = Pitch \\ p = Pitch \\ p = Pitch \\ \beta = Helix angle \end{array}$	Experimental Re:8000-27000 Inner: R-134a, temperature: 40, 45 and 50°C Outer: Cold water Counter flow	 ✓ Increase of heat transfer rate: 50% ✓ Increase of friction factor: 70% ✓ The average heat transfer coefficient and pressure drop increased when increasing the mass flux as well as average quality
Webb, et al. [142]	Helical-rib roughness [143] With internal ribs	Experimental Re: 20000-80000 Inner: water Outer: R-12	 Increase of heat transfer coefficient: 133% Increase of friction factor: 120% The area increase and fluid mixing in the interfin region caused by flow separation and reattachment are two key factors, which affect the enhancement heat transfer rate

Author	Configuration	Conditions	Findings
	Outward convex corrugated tube	Numerical	✓ Increase of Nusselt
Han, et al. [144]		Re: 45938-26250	number: 63.6%
	Tube side Tube side enter the side	temperature: 330°C	• Increase of Inction factor: 380%
		Outer: constant wall	\checkmark The most significant
	Shell side outlet flow I, inlet flow	temperature: 327°C	factor in Nu is Re,
	j e		which intensively
			relates to the thickness
			of the thermal
			turbulent intensity
			\checkmark The most significant
			effect factor on heat
			transfer and friction
			factor is the ratio of
			corrugation height to
	Helically coiled tube	Experimental	✓ Increase of heat
Wongwises and		Mass flux: 400 and 800	transfer coefficient; 33
Polsongkram		kg/m ² .s	to 53%
[145]		Inner: HFC-134a,	✓ Increase of pressure
	Location of Thermocouple	temperature: 40 and	drop: 29 to 46%
		So C Outer: water	 The average heat transfer coefficient
		Counter now	increases when
			increasing average
			vapor quality and mass
			flux and decreases
			saturation temperature
			\checkmark The frictional pressure
			drop of the
			condensation process
			increases with
			vapor quality and mass
			flux and decreases
			with increasing
			saturation temperature
	Haliaally aciled type	Numerical	of condensation
Kumar et al	(a)	Re: 5000-70000	 Increase of Nussell number: 70%
[146]		Inner: air	✓ Increase of friction
		Outer: water	factor: 435%
	Ĥ	Counter and parallel	\checkmark With the increase in
	do,outerj	flow	operating pressure in the inner tube the
	diouter		overall heat transfer
	(b) Innertube Outertube Better		coefficient increases
	Barnes		
	Shell Outlet		
	a-a section	Experimental	\checkmark Increase of heat
Yang and	$\rightarrow \Rightarrow \qquad $	Re: 1000-20000	transfer rate: 100%
Chiang [129]	hot in hot out	Inner: hot water	✓ Increase of friction
		Outer: cold water	factor: 40%
	+ cold out cold in	Counter flow	



2.3.4 Nanofluids

Nanofluid is defined as a fluid in which nanometer-sized particles are suspended [148, 149]. Nanofluids, including suspended nanoparticles in liquids, increase the base fluids' thermal convective and conductive heat transfer performance [150]. The classification of nanofluids is various; however, they are generally classified based on nanoparticles or base fluids. The two categories of nanofluids based on nanoparticles are metallic or non-metallic nanofluids [151-153]. The suspension of metallic nanoparticles makes the metallic-based nanofluids that it can be as metal or metal oxides such as Al, Cu, Zn, CuO, ZnO [154-158]. On the other side, the non-metallic-based nanofluids are made by suspension of non-metallic nanoparticles such as SiO₂, carbon-based nanoparticles, nanofibers, graphene, graphene oxide, and nanotubes [159-163]. When more than one type of nanoparticle is used, non-metallic or metallic nanoparticles, the nanofluids are classified as hybrid nanofluids. [164-166]. According to the base fluid, nanofluids are classified as water-based, aqueous-based, or non-aqueous-based. Nanoparticles can be dispersed in different base fluids such as oils or ethylene glycol [161, 167-169]. Figure 2.12 shows one of the most common classifications of nanofluids.



Figure 2.12: Classification of nanofluid [170].

Nanofluids enhance the heat transfer rate by increasing the surface area of nanoparticles, heat capacity, effective and apparent thermal conductivity, interactions and collisions among particles, fluctuations and turbulence of the fluid [171, 172].

Using nanofluids in DTHEs instead of pure water or other liquids can enhance the performance of the system. So, this area of research has caught the attention of many researchers [37, 38, 173-184]. Generally, researchers investigate nanofluids as a working fluid in DTHEs. For example, some researchers investigated different nanoparticles such as aluminum oxide, copper oxide, titanium dioxide to determine their effect on the heat transfer rate in a heat exchanger [185-187]. Table 2.4 summarises information on using different nanofluids and their effects in comparison to pure water in a conventional DTHE.

Table 2.4: Summary of information on using different nanofluids in comparison to pure water in a conventional DTHE.

Author	Conditions	Findings
Chun, et al. [17]	Experimental	✓ Increase of the heat transfer coefficient:
	Re: 100-450	up to 25%
	Nanofluid: Al ₂ O ₃ , base fluid: water and	\checkmark The surface properties of nanoparticles,
	transformer oil, concentration: 0.25% and	particle loading, and particle shape are
	0.5%	key factors for enhancing the heat
	Inner: cold nanofluid and water	transfer properties of nanofluids
	Outer: not water and nanofluid	
	Parallel and counter llow	
Zamzamian, et al.	Experimental	✓ Increase of the heat transfer coefficient:
[188]	Re: turbulent flow	up to 37.2%
	Nanofluid: Al ₂ O ₃ and CuO, base fluid:	\checkmark the convective heat transfer coefficient
	ethylene glycol, mean diameter 20 nm,	of nanofluid increases with increasing
	concentration: Al_2O_3 : 0.1, 0.5, and 1%,	volume fraction and temperature of
	CuO: 0.1, 0.3, 0.5, 0.7, and 1%	nanofluid
	Inner: hot nanofluid, temperature: 45, 60,	✓ The theoretical and experimental
	and /5°C	results are same in lower temperatures
Darzi at al [180]	Superimental	Increase of Nusselt number: 10%
Dalzi, et al. [109]	Re: 5000-20000	✓ Increase of friction factor: 15%
	Nanofluid: Al ₂ O ₂ base fluid: water mean	\checkmark By increasing the volume fraction of
	diameter 20 nm, concentration: 0.25, 0.5.	nanofluid, the heat transfer and
	0.75, and 1%	pressure drop increase
	Inner: cold nanofluid, temperature: 27-	\checkmark Adding nanoparticles has better results
	55°C	at high Reynolds number
	Outer: hot water	
Aghayari, et al.	Experimental	✓ The increase of heat transfer: 12%
[190]	Re: 15000–28000	\checkmark The nanofluid with suspended
	Nanofluid: Al_2O_3 , mean diameter 20 nm,	nanoparticles increases the thermal
	base fluid: water, concentration: 0.1, 0.2,	conductivity of the Mixture and a large
	and 0.3%	the sheetic movement of percenticles
	50°C	the chaotic movement of hanoparticles
	Outer: cold water	
	Counter flow	
Sarafraz and	Experimental	✓ Increase of heat transfer coefficient: up
Hormozi [191]	Re: 1000-11000	to 67%
	Nanofluid: green tea leaves and silver	✓ Increase of friction factor: 11.3%
	nitrate, mean diameter 40-50 nm, base	✓ Pressure drop and friction factor
	fluid: 50% water and 50% ethylene	increases by increasing volume fraction

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Author	Conditions	Findings
	glycol, concentration: 0.1, 0.5 and 1%,	
	temperature: 25-80°C	
	Inner: hot nanofluid	
	Outer: cold water	
El Maghlany, et al	Counter now Experimental	✓ Increase of NTU and offectiveness:
[185]	Re: 2500-5000	• Increase of NTO and effectiveness. 23.4% and $16.5%$
[105]	Nanofluid: Cu mean diameter: 63-100	\checkmark Increase of pressure drop: 36%
	nm, base fluid: water, concentration: 1, 1.5, 2, 2.5, and 3%	· increase of pressure drop. 50%
	Inner: hot water	
	Outer: cold nanofluid	
	Counter flow	
Han, et al. [186]	Experimental	✓ Increase of Nusselt number: up to
	Re: 20000-60000	24.5% at 50°C
	Vertical DTHE	\checkmark The heat transfer increases with the
	Nanofluid: Al ₂ O ₃ , base fluid: water,	increase in volume fraction and
	concentration: 0.25 and 0.5%	temperature of nanoparticles
	Inner: cold nanofluid, temperature: 40 and 50°C	
	Outer: superheat steam Counter flow	
Mohamed, et al.	Numerical	\checkmark Increase of average heat transfer rate:
[192]	Re: 2473–4947	up to 13% and 7.6% for Cu and Al_2O_3
	Nanofluid: Al ₂ O ₃ , Cu, base fluid: water,	✓ Increase of NTU: up to 18.8% and
	concentration: 1, 2, and 3%	10.72% for Cu and Al_2O_3
	Inner: hot water, temperature: 60°C Outer: cold nanofluid, temperature:	✓ Increase of effectiveness: up to 13.06 and 7.56% for Cu and Al₂O₂
	constant 28°C	\checkmark Increase of pressure drop: up to 37.26
	Counter flow	and 27.1% for Cu and Al_2O_3
		\checkmark By increasing inlet temperature heat
		transfer of nanofluids increases which
		shows nanofluids dependency on
		temperature
Zheng, et al. [193]	Experimental	✓ Increase of Nusselt number
	Re: 4500-14500	(concentration): Al_2O_3 : 12.2% (2%),
	Nanofluid (mean diameter): Al_2O_3 (20	CuO: 44.3% (1%), Fe ₃ O ₄ : 53.5% (1.5%) $Z_{2}O_{2}$ (1.5%) $Z_{3}O_{3}$ (1.5%) $Z_{3}O_{3}$ (1.5%) $Z_{3}O_{3}$
	nm), CuO (40 nm), Fe ₃ O ₄ (20 nm), ZnO (20 nm), SiC (40 nm), and SiO ₄ (20 nm)	(1.5%), ZnO: 45% (1.5%), SnC: 08.4% (1.5%), SiO: 6.6% (0.5%)
	base fluid: water concentration: 0.5, 1	$\sqrt{1.5\%}$, SIO ₂ : 0.0% (0.5%)
	1.5 and $2.0%$	(concentration): Al ₂ O ₂ : 53 4% (2%)
	Inner: cold nanofluid, temperature: 25°C	CuO: 45.5% (2%). Fe ₃ O ₄ : 73.1% (2%).
	Outer: hot water, temperature: 60°C	ZnO: 73.5% (2%), SiC: 77.6% (2%),
	Counter flow	SiO ₂ : 46.4% (2%)
Esfe, et al. [178]	Experimental	✓ Increase of heat transfer coefficient:
	Re: 4000-31000	32%
	Nanofluid: COOH-functionalized double-	✓ Increase of pressure drop: 20%
	walled carbon nanotubes, base fluid:	\checkmark Nanofluid concentration of the
	water, concentration: 0.01 to 0.4%	maximum heat transfer coefficient and
	Inner: cold nanofluid	pressure drop: 0.4%
	Outer: hot water	
	Counter flow	
Duangthongsuk	Experimental	✓ Increase of heat transfer coefficient:
and Wongwises	Re: 3000-18000	26%
[194]	Nanofluid: TiO ₂ , mean diameter: 21 nm,	✓ Increase of pressure drop: 28%
	base fluid: water, concentration: 0.2 to 2%	\checkmark The pressure drop of nanofluids
	Inner: cold nanofluid, temperature: 15, 20,	increases with increasing Reynolds
	25 °C	number and there is a small increase

Author	Conditions	Findings
	Outer: hot water, temperature: 35, 45 °C	with increasing particle volume
	Counter flow	concentrations
Arani and Amani	Experimental	✓ Increase of heat transfer coefficient:
[179]	Re: 8000-51000	72%
	Nanofluid: TiO_2 , mean diameter: 30 nm,	✓ Increase of pressure drop: 54%
	base fluid: water, concentration: 0.002 to	✓ The use of nanofluid with the higher
		concentration provides considerably
	Inner: cold nanofluid	higher Nusselt number and thermal
	Counter: not water, temperature: 60 °C	performance for all Reynolds numbers
Esfa at al [190]	Counter now Experimental	· Increase of heat transfer coefficient:
Este, et al. [100]	$\mathbf{R}_{\mathbf{a}}$: 3200, 19000	• Increase of heat transfer coefficient.
	Nanofluid: MgO mean diameter: 40 nm	\checkmark Increase of pressure drop: 16%
	base fluid: water concentration: 0.0625 to	\checkmark The maximum thermal conductivity is
	1%	belonged to maximum nanofluid
	Inner: cold nanofluid, temperature: 24.7	concentration
	to 60 °C	
	Outer: hot water	
	Counter flow	
Khalifa and	Experimental	✓ Increase of heat transfer coefficient:
Banwan [181]	Re: 3000-6000	22.8%
	Nanofluid: Al_2O_3 , mean diameter: 10 nm,	✓ Increase of Nusselt number: 20%
	base fluid: water, concentration: 0.25 to	✓ The heat transfer coefficient and
		Nusselt number are increased by
	Inner: cold nanofluid, temperature: 20 to	increasing Reynolds number and
	SS °C	particles volume traction
	Counter flow	
Madhesh and	Experimental	✓ Increase of heat transfer coefficient:
Kalaiselvam [195]	Re: 300-700	54.3%
Hundbertum [190]	Nanofluid: Ag. mean diameter: 10-65 nm.	✓ Increase of pressure drop: 23.7%
	base fluid: ethylene glycol, concentration:	\checkmark At a lower volume concentration, the
	0.1 to 2%	mean free path available for particles
	Inner: hot nanofluid, temperature: 60 °C	moving between the inner fluids layers
	Outer: cold water, temperature: 40 °C	could benefit in transferring the heat
	Counter flow	effectively
Khedkar, et al.	Experimental	✓ Increase of heat transfer coefficient:
[182]	Re: 500-4000	33%
	Nanofluid: TiO ₂ , mean diameter: 20 nm,	\checkmark For the same range of Reynold's
	base fluid: water, concentration: 2 and 3%	number, addition of nanoparticles to
	Inner: cold nanofluid	the base fluid enhances the heat-
	Outer: hot water, temperature: 55-75 °C	transfer performance and results in the
	Counter flow	nigher heat transfer coefficient than
		that of the base fluid

2.3.5 Combination of different techniques

To enhance the thermal performance of DTHEs, it is possible to use two or three techniques together [196, 197]. In this way, the key factors that increase the heat transfer rates reinforce each other and improve the performance of the heat exchanger. For example, a combination of turbulator insertion with geometry change [198], nanofluids with turbulator insertion and geometry change makes a good improvement in the thermal performance of

DTHEs [187, 199]. Some researchers use these techniques in a single pipe with the appropriate boundary condition that matches to the DTHEs to investigate its performance [200-217].

2.3.5.1 Combination of turbulator insertion and geometry change

Mashoofi, et al. [46] experimentally studied the thermal-frictional behaviour of helically coiled a DTHE, which contains the turbulator (Figure 2.13). Hot water and cold air were used as working fluids in the outer and inner tubes with inlet temperatures of 50°C and 25°C, respectively. The results showed that using a turbulator in the outer tube increased the airside Nusselt number by around 8-32%. However, the employment of the turbulator in the inner side increased the Nusselt number of the inner side by around 52-81%. The friction factor increased about 519% when compared to a conventional DTHE without a turbulator.

Mokkapati and Lin [198] numerically studied the combination of turbulator insertion and geometry change in a DTHE (Figure 2.14). Hot water was employed in the inner corrugated tube with twisted tape insertion at 510°C and cold water on the outer side at 90.55°C. It showed that corrugated tubes with twisted tape insert increased the heat transfer rate by about 235.3% and 67.26% compared with a straight tube and corrugated tube without twisted tape insertion, respectively.



Figure 2.13: a) Experimental setup and b) a schematic illustration of the test set-up: 1. test section, 2. Rotameter, 3. warm water tank, 4. dimmer and thermostat, 5. heater, 6. water pump, 7. condenser, 8. compressor, 9.valves [46].



Figure 2.14: Cross sectioned view of a) ACT heat exchanger and b) ACT heat exchanger with twisted tape [198].

2.3.5.2 Combination of nanofluids and turbulator insertion

Chandra Sekhara Reddy and Vasudeva Rao [218] conducted experiments on TiO₂ nanofluid with the base fluid of 60% water and 40% ethylene glycol in the range of Reynolds number from 4000 to 15000 (Figure 2.15). Nanofluid with the mean diameter of nanoparticles 21 nm and hot water flowed in the inner and outer tube as working fluids, respectively. This study aimed to indicate the effects of nanofluid with and without helical coil insertion. The results showed that heat transfer coefficient enhancement due to nanofluid with and without helical insertion was 17.71% and 10.73%, respectively. However, the friction factor increased by16.58% due to nanofluid and helical coil insertion. Table 2.5 summarises information on the combination of different nanofluids and turbulator insertion and their effects in comparison to pure water and a conventional DTHE.



Figure 2.15: Photograph of wire coil inserts [218].

Author	Conditions	Findings
Maddah, et al [199]	Experimental	\checkmark Increase of heat transfer rate: up to
	Twisted tape	300%
	Re: 5000-21000	\checkmark Increase of friction factor: up to 180%
	Nanofluid: Al ₂ O ₂ mean diameter 20-22	increase of menon factor, up to 100%
	nm base fluid: water concentration:	
	0.2 0.5 and 0.9%	
	Inner: hot nanofluid temperature:	
	constant inlet 40°C	
	Outer: cold water, temperature: constant	
	inlet 25°C	
	Counter flow	
Chandra Sekhara	Experimental	\checkmark Increase of heat transfer due to
Reddy and Vasudeva	Helical coil	nanofluid: up to 10.73%
Rao [218]	Re: 4000-15000	\checkmark Increase of heat transfer due to
	Nanofluid: TiO ₂ , mean diameter 21 nm,	nanofluid and helical coil: up to 17.71%
	base fluid: 60% water and 40% ethylene	\checkmark Increase of friction factor due to
	glycol, concentration: 0.004, 0.012, and	nanofluid and helical coil: up to 16.58%
	0.02%	1
	Inner: cold nanofluid	
	Outer: hot water	
	Counter flow	
Prasad, et al. [219]	Experimental	✓ Increase of Nusselt number: 34.24%
	Trapezoidal-cut twisted tape	✓ Increase of friction factor: 29%
	Re: 3000-30000	✓ The average Nusselt number increase
	Nanofluid: Al ₂ O ₃ , mean diameter less	by increasing Reynolds number
	than 50 nm, base fluid: water,	
	concentration: 0.01 and 0.03%	
	Inner: cold nanofluid	
	Outer: hot water, temperature: 70°C	
V 1 (220)	Counter flow	
Karimi, et al. [220]	Numerical	 Increase of the Nusselt number due to
	I wisted tape	twisted tape: 22%
	Re: 250-2250 and 5000-9000	 Increase of near transfer due to twisted tage and appropriate up to 20%
	Nanofluid: Al_2O_3 , base fluid: water,	tape and nanoparticles: up to 30%
	mean diameter 20 mm, concentration: 1,	 Increase of the pressure drop due to twisted tang and panoparticles; up to
	2, all 5%	
	niner. cold nanomuld, temperature.	40% • The use of twisted tapes at high
	Outer: superheat steam temperature:	Reynolds numbers is more economical
	37°C	compared to low Reynolds numbers
	Counter flow	compared to low Reynolds humbers.
Gnanavel et al	Numerical	\checkmark Increase of Nusselt number: TiO ₂ :
[221]	Spiral Spring insertion	117 39% BeO: 63 09% ZnO: 56 63%
	Re: 1000-10000	and CuO: 47 62%
	Nanofluid: TiO ₂ , BeO, ZnO, and CuO.	\checkmark Increase of friction factor: CuO: 312%.
	base fluid: water	ZnO: 304.89%, BeO: 288%, TiO ₂ :
	Inner: hot nanofluid	275.55%
	Outer: cold water	\checkmark The thermal performance factor tends to
		decrease with the rise of Reynolds
		number, for most of the cases
Karuppasamy, et al.	Numerical	✓ Increase of Nusselt number: Al ₂ O ₃ :
[222]	Cone shape insertion	65%, CuO: 56%
-	Re: 2000-10000	✓ Increase of friction factor: Al ₂ O ₃ : 50%,
		CuO: 47%

Table 2.5: Summary of information on the combination of different nanofluids and turbulator insertion and their effects compared to pure water and a conventional DTHE.

Author	Conditions	Findings
	Nanofluid: Al ₂ O ₃ and CuO, mean	\checkmark Aluminum oxide nano fluid gives the
	diameter 100 nm, base fluid: water, concentration: 1%	higher heat transfer rate than the copper Oxide nano fluid because of the nano layer and thermophysical properties of liquid and nanosolid particles
Singh and Sarkar	Experimental Tapered wire coil	✓ Increase of the Nusselt number: up to 84%
[100]	Re: 9000-40000 Nanofluid: Al ₂ O ₂ + MgO (50/50 volume	✓ Increase of the friction factor: up to 68%
	ratio), mean diameter less than 50 nm for AlaOa and 90 nm for MgO base	✓ Nusselt number increases with increase in temperature from 50 to 70 °C
	fluid: water, concentration: 0.1% Inner: hot nanofluid, temperature: 50, 60, and 70°C	 ✓ The entropy generation of nanofluid is lower than the base fluid in all cases
	Outer: cold water, temperature: constant at 30°C	
Singh and Sarkar	Counter flow Experimental	Increase of heat transfer coefficient due
[223]	V-cut twisted tape	to the nanofluid: up to 25.6%
	Re: $8000-40000$ Nanofluid: Al ₂ O ₃ , PCM, and	✓ Increase of pressure drop due to the nanofluid: up to 16.05%
	Al ₂ O ₃ +PCM, mean diameter 50 nm, base fluid: water, concentration: 0.01 and 0.1%	✓ Increase of heat transfer coefficient due to the nanofluid and V-cut twisted tape: up to 47.62%
	Inner: cold nanofluid, temperature: 30°C Outer: hot water, temperature: constant at 60°C	✓ Increase of pressure drop due to the nanofluid and V-cut twisted tape: up to 63.69%
	Counter flow	
Singh and Sarkar [224]	Experimental Conical wire coil insertion Re: 9000-45000 Nanofluid: Al ₂ O ₃ , CNT, hybrid (Al ₂ O ₃ +CNT), mean diameter: 10-100 nm, base fluid: water, concentration: 0.01% Inner: cold nanofluid, temperature:	 Increase of Nusselt number (hybrid nanofluid): up to 171, 152, and 139% for diverging, converging-diverging and converging wire coil insertion Increase of friction factor (hybrid nanofluid): up to 106, 92, and 72% for diverging, converging-diverging and converging wire coil insertion
	30°C	\checkmark The hybrid nanofluid has better heat
	Counter flow	\checkmark CNT nanofluid has better heat transfer
Mohammed, et al.	Numerical	than AI_2O_3 \checkmark Increase of heat transfer: 367-411% for
[11]	Louvered strip insert	backward louvered strip arrangement
	Re: $10000-50000$ Nanofluid: Al ₂ O ₃ CuO SiO ₂ and ZnO	and 350-400% for forward louvered
	mean diameter 20-50 nm, base fluid:	✓ Increase of friction factor: 900%
	water, concentration: 1-4%	\checkmark SiO ₂ nanofluid has the highest Nusselt
	Outer: constant heat flux	and CuO
		 The Nusselt number increases with decreasing the nanoparticle diameter and it increases slightly with increasing the volume fraction of nanoparticles
Sundar, et al. [173]	Experimental	✓ Increase of Nusselt number: 32.03%
	Wire coil insert	✓ Increase of friction factor: 16.2%
	Re: 16000-30000 Nanofluid: Fe2Ω4 base fluid: water	✓ The heat transfer of nanofluids increases with increasing particle
	concentration: 0.005-0.06%	concentration, Reynolds number and
	Inner: hot nanofluid, temperature: 60°C	-

Author	Conditions	Findings
	Outer: cold water, temperature: 29°C	decreasing pitch ratio of the wire coil
	Counter flow	inserts
Akyürek, et al. [37]	Experimental	✓ Increase of Nusselt number: 271.92%
	Wire coil insert	✓ Increase of friction factor: 500%
	Re: 4000-20000	\checkmark The Nusselt number increase as the
	Nanofluid: Al_2O_3 , mean diameter less	pitch of the turbulators placed in the
	than 100 nm, base fluid: water,	heat exchanger decreases
	concentration: 0.4-1.6%	
	Inner: cold nanofluid	
	Counter flow	
Khoshyaght	Experimental	V Increase of Nusselt number: 2020
Aliabadi et al [225]	Perforated tange jagged tange twisted	 Increase of pressure drop: 500%
Allabaul, et al. [223]	tape belical screw vortex generator	• Increase of pressure drop. 505%
	offset-strip	effect and perforated tape gets the
	Flow rate: 2-5 1/min	lowest effect
	Nanofluid: Cu mean diameter 40 nm	lowest effect
	base fluid: water. concentration: 0.1	
	and 0.3%	
	Inner: cold nanofluid, temperature:	
	30°C	
	Outer: steam	
	Counter flow	
Prasad, et al. [226]	Experimental	✓ Increase of Nusselt number: 32.91%
	Helical tape insert	✓ Increase of friction factor: 38%
	Re: 3000-30000	\checkmark The pressure drop in the inner tube
	Nanofluid: Al ₂ O ₃ , mean diameter less	increases with an increase in
	than 50 nm, base fluid: water,	nanoparticle volume concentration and
	concentration: 0.01 and 0.03%	aspect ratio of the insert
	Inner: cold nanofluid	
	Outer: hot water	
T T1 1 1	Counter flow	
Khoshvaght-	Experimental	✓ Increase of Nusselt number: 123.9%
Aliabadi, et al. [227]	vortex-generator insert	 Increase of pressure drop: 203.4% The using late saidth notice using late with the set of the s
	Ke: 5200-12200	 I ne winglets-width ratio, winglets-pitch settio, and winglets length ratio have
	Nanonuld: Cu, base nuid: water,	strong effects on the heat transfer and
	Inner: cold papofluid	pressure drop
	Outer: bot water	pressure drop
	Counter flow	
Prasad and Gupta	Experimental	✓ Increase of Nusselt number: 31.28%
[228]	Twisted tape insert	✓ Increase of friction factor: 23%
[*]	Re: 3000-30000	\checkmark Significant improvement in the
	Nanofluid: Al ₂ O ₃ , mean diameter less	performance parameters of the heat
	than 50 nm, base fluid: water,	exchanger with a rise in volume
	concentration: 0.01 and 0.03%	concentration of the nanoparticle
	Inner: cold nanofluid	
	Outer: hot water	
	Counter flow	
Kumar, et al. [177]	Experimental	✓ Increase of Nusselt number: 41.29%
	Longitudinal strip insert	✓ Increase of friction factor: 26.7%
	Re: 15000-30000	✓ Heat transfer increases with increasing
	Nanofluid: Fe_3O_4 , mean diameter 36	values of particle concentration,
	nm, base fluid: water, concentration:	Reynolds number and with decreasing
	0.005, 0.01, 0.03 and 0.06%	values of the aspect ratio of the
	inner: not nanofluid, temperature: 60°	iongitudinal strip insert
	U	
	Counter flow	

2.3.5.3 Combination of nanofluids and geometry change

Qi, et al. [187] represented an experimental study to investigate a combination of corrugated tubes and nanofluid in DTHEs based on thermal efficiency assessment (Figure 2.16). TiO₂-H₂O nanofluid and water were used as working fluids in outer and inner tubes, respectively. The results showed that the overall thermal performance was significantly enhanced using nanofluids and corrugated tubes, which was reflected in the increase of the Number of Transfer Units (NTU) and its effectiveness. In the best condition, the NTU was improved by 47.5%. However, for thermal fluid in the shell-side, the NTU and effectiveness decreased firstly and then increased with an increase in the Reynolds number. Table 2.6 summarises information on the combination of different nanofluids and geometry change and their effects in comparison to pure water and a conventional DTHE.



Figure 2.16: Schematic diagram of the experimental system [187].

Table 2.6: Summary of information on the combination of different nanofluids and geometry change,

 and their effects compared to pure water and a conventional DTHE.

Author	Conditions	Findings
Qi, et al. [187]	Experimental	✓ Increase of heat transfer: 14.8%
	Corrugated tube	at concentration 0.5%
	Re: 3000–12000	\checkmark Increase of the pressure drop:
	Nanofluid: TiO ₂ , base fluid: water,	up to 51.9%
	concentration: 0.1, 0.3 and 0.5%	\checkmark The number of transfer unit
	Inner: hot water, temperature: 40°C	(NTU) and effectiveness
	Outer: cold nanofluid, temperature: 20°C	decrease firstly and then
	Counter flow	increase with the increase of
		When non-offlyid is in the shall
		• when hanomuld is in the shell-
		performance index is stronger
Khanmohammadi, et	Numerical	\checkmark The increase of heat transfer:
al. [229]	Spiral tube	up to 6%
	Re: 10000-50000	\checkmark The increase of friction factor:
	Nanofluid: TiO ₂ , mean diameter 25 nm, base	up to 2%
	fluid: water, concentration: 0.1, 0.2, and 0.3%	\checkmark The friction factor increases
	Inner: cold nanofluid, temperature: 30°C	with increase of spiral diameter
	Outer: hot water, temperature: 50°C	✓ With increasing the
	Counter flow	concentration, the temperature
		increases and the temperature
		because of turbulance of the
		boundary layer due to adding
		nanoparticles
Kumar and	Experimental	✓ Increase of heat transfer: 35%
Chandrasekar [230]	Helical coiled tube	✓ Increase of friction factor: 40%
	Re: laminar flow	
	Nanofluid: multiwall carbon nanotube, mean	
	diameter 50-80 nm, base fluid: water,	
	concentration: 0.2, 0.4, and 0.6%	
	Inner: cold nanofluid	
	Outer: not water	
	Numerical	✓ Increase of heat transfer rate:
	Helical tube	19%
Huminic and	Re laminar flow	\checkmark The convective heat transfer
Huminic [231]	Nanofluid: Cu and TiO ₂ , mean diameter 24 nm,	coefficients of the nanofluids
	base fluid: water, concentration: 0.5-3%	and water increased with
	Inner: hot nanofluid, temperature: 80°C	increasing of the mass flow rate
	Outer: cold water, temperature: 10°C	and with the Dean number
	Counter flow	
Wu, et al. [232]	Experimental	✓ Increase of heat transfer: 3.43%
	Helical coiled tube	 The apparent friction factor
	Ke: 1000-15000 Nanofluid: Al-O, maan diamatar 40 nm basa	Be < 6000 and increases with Pe
	fluid: water concentration: 0.20, 0.56, 1.02	when Re>6000
	1.50. and 1.88%	\checkmark Additional possible effects of
	Inner: hot nanofluid, temperature: 28°C	nanoparticles, e.g., Brownian
	Outer: cold water, temperature: 5.5°C	motion, thermophoresis and
	Counter flow	diffusiophoresis, on the
		convective heat transfer
		characteristics of the nanofluids
		are insignificant compared to

Author	Conditions	Findings
Author Aly [233]	Conditions Numerical Coiled tube Re: 5000-30000 Nanofluid: Al ₂ O ₃ , mean diameter 40 nm, base fluid: water, concentration: 0.5, 1, 2% Inner: hot nanofluid, temperature: 50°C Outer: cold water, temperature: 20°C	Findings the dominant thermophysical properties of the nanofluids ✓ Increase of heat transfer coefficient: 30% ✓ Increase of pressure drop: 17% ✓ The heat transfer coefficient increases by increasing the coil diameter and nanoparticles volume concentration
	Counter flow	 The friction factor increases with the increase in curvature ratio, and pressure drop penalty is negligible when increasing the nanoparticles volume concentration

2.4 Statistical investigation

A statistical investigation was performed on 100 published articles to determine the impact of the different techniques on the heat transfer and friction factor. Twenty data were randomly selected for each technique from 1998 to 2022 to have a logical and equitable comparison among all techniques. The articles were chosen by searching keywords such as "double pipe heat exchanger", "double tube heat exchanger", and "concentric heat exchanger" in google scholar. Figure 2.17 shows the average heat transfer and friction factor augmentation for the combination of nanofluid and turbulator insertion, turbulator insertion, extended surface area, geometry change, and nanofluids in DTHEs.

Reviewing articles in these five categories showed that the combination of nanofluid and turbulator insertion technique had the highest heat transfer enhancement of an average of 131% as compared to the other techniques. This technique employs the beneficial characteristics of turbulator insertion and nanofluids simultaneously. Nanofluids contribute by increasing the surface area of nanoparticles, enhancing heat capacity, and improving both effective and apparent thermal conductivity. The interactions and collisions among nanoparticles further boost thermal properties. Concurrently, turbulator insertions promote effective fluid mixing, generate secondary flows, induce turbulence, create swirl, and alter fluid velocity near the wall.

These phenomena collectively reduce the thermal boundary layer, significantly improving the heat transfer rate in DTHEs. This combined approach leverages the strengths of both nanofluid technology and turbulator design, leading to substantial improvements in the efficiency of heat exchangers. The turbulator insertion technique is rated second with an average of 120% enhancement in the heat transfer rate. It showed the significance of the impact of turbulator insertion on increasing the heat transfer rate in DTHEs. The extended surface area

improved the heat transfer by an average of 110% more than the geometry changes and nanofluids technique. Extended surface area by establishing secondary flow, vortices, intensification of turbulence and increasing heat transfer area in the annulus side improves heat transfer rate. In this technique, fins in the outer tube side cause turbulating in the fluid flow. However, the main thermal boundary layer for increasing the heat transfer is on the inner tube side.

In addition, the concentration of fins is on the increment surface area, not turbulating and mixing fluid flow, so this technique has a lower heat transfer enhancement in comparison to turbulator insertion. It can be concluded that creating mixing fluid flow and turbulator is more effective in the inner tube compared to the outer tube. The geometry changes and the use of nanofluids have the lowest heat transfer enhancement by an average of 91% and 35%, respectively. In these techniques, creating turbulence and mixing in the fluid are not as effective as the turbulator insertion and extended surface area. It can be concluded that increasing the convective and conductive heat transfer coefficient of the base fluid are the main reasons for the heat transfer enhancement when using nanofluids. The fluctuation and turbulence of nanoparticles in the flow have a low effect on increasing the heat transfer rate compared to other techniques. Using nanofluids does not significantly improve the heat transfer rate. Hence, incorporating the use of nanofluids with other techniques is recommended.



Average heat transfer and friction factor augmentation

Figure 2.17: Average heat transfer and friction factor augmentation of different techniques.

As shown in Figure 2.17, the extended surface area has the highest increment of friction factor, an average value of 536% than the other techniques This is due to the presence of the fins giving a larger surface area against the flow in comparison to the turbulator insertion, geometry change, and nanofluids techniques. The average friction factor increments of the turbulator insertion, geometry change, and combination of nanofluid and turbulator insertion is about 248%, 206%, and 181%, respectively. In the turbulator insertion technique, an external element in the tube gives a high friction factor. While in the geometry change technique, the increment of friction factor is because of the modification in tubes' wall. Nanofluids have the lowest friction factor by an average of 31% because there is no change or elements hindering the fluid flow. The increase in friction factor is because of an increase in fluid viscosity.

According to the thermal performance factor equation, the thermal performance factor is the ratio of heat transfer enhancement to friction factor increment. It can be concluded that using nanofluid and the combination of nanofluids and turbulator insertion have the best thermal performance factor with the extended surface area the lowest thermal performance factor.

The standard deviation and box and whisker diagram were used to show the dispersion of heat transfer and friction factor augmentation data of each technique (Table 2.7 and Figure 2.18). Among these five techniques, the combination of turbulator insertion and nanofluid technique has the highest heat transfer standard deviation by an average value of approximately 132. From the standard deviation, minimum, maximum and median values, it can be concluded that the potential for the increase of the average heat transfer for this technique is extensive. The extended surface area and turbulator insertion techniques are rated second and third respectively with approximate standard deviation heat transfer averages of 81 and 79. The average heat transfer standard deviation decreases respectively for the extended surface area, turbulator insertion, geometry change and nanofluids. It can be concluded that decreasing the standard deviation is accompanied by a decrease in the potential of increased heat transfer for that technique. Figure 2.18 presents a box and whisker plot illustrating the heat transfer enhancements achieved by different techniques. The standard deviation for friction factor has a high value for all techniques except nanofluid. This means that the range of friction factor increment for these techniques is extensive, especially for the extended surface area. The range of friction factors varies extensively by the occupation of the flow area in the tube in the extended surface area.

Table 2.7: Average enhancement of heat transfer and friction factor and standard deviation of different techniques

Technique	Standard deviation		
	Heat transfer	Friction factor	
Nanofluids and turbulator insertion	131.70	244.91	
Extended surface (fin)	81.28	581.58	
Turbulator insertion	78.80	157.66	
Geometry change	54.28	194.71	
Nanofluid	18.30	18.21	



Figure 2.18: Heat transfer enhancement of different techniques (box and whisker plot)

2.5 Conclusion

This literature review has explored various passive methods to enhance heat transfer and friction factors in double tube heat exchangers. These passive techniques include turbulator insertion, extended surface area (fin), geometry changes, and the use of nanofluids. The primary objective of these methods is to improve heat transfer rates by reducing the thermal boundary layer and modifying the thermal properties of the fluids involved. This review has identified key parameters that influence the effectiveness of each technique and quantified their potential to enhance heat transfer rates in DTHEs. The key conclusions are:

- Heat transfer rate generally increases with higher Reynolds numbers across all techniques, but the enhancement effect of coil-wire inserts diminishes as Reynolds numbers rise. Conversely, turbulator insertion demonstrates greater heat transfer improvement at lower Reynolds numbers, where it significantly intensifies perturbations in laminar flow.
- Reducing the pitch of coil, twisted tape, and helical inserts leads to higher heat transfer rates but also increases pressure drops, highlighting the trade-off between thermal performance and pressure loss in these techniques.
- Nanofluids combined with turbulator insertion provide the greatest enhancement in heat transfer, outperforming nanofluids used alone. The synergistic benefits of these two methods result in superior thermal performance.
- The extended surface area (fin) technique exhibits the worst impact on pressure drop and friction factor, making it less efficient in terms of fluid flow compared to other methods, despite its potential for heat transfer enhancement.
- Modifications to both the inner and outer tubes significantly enhance heat transfer and friction factor, with greater improvements compared to modifying only the inner tube. These geometric changes amplify heat transfer but also elevate pressure losses.
- The combination of turbulator insertion and nanofluids has the highest potential for heat transfer enhancement, though it also results in a higher increase in friction factor. For most techniques, the friction factor rises more sharply than the heat transfer rate, indicating a greater potential for flow resistance than for thermal improvement.

This literature review demonstrates that the combination of turbulator insertion and nanofluids has the highest potential for enhancing heat transfer rates. While there is substantial research on other techniques such as geometry changes, extended surface areas, and nanofluids individually, there is a lack of comprehensive studies on the combined approach of turbulator insertion and nanofluids. Additionally, turbulator insertion requires less modification to the DTHE design compared to geometry changes and extended surfaces, as it only involves adding an external object inside the inner tube. This makes turbulator insertion a more practical and advantageous method for improving heat transfer in DTHEs.

This chapter of the thesis provides a comprehensive research methodology adopted to investigate the stated problem, emphasizing the intricate design and systematic approach employed. Initially, the problem statement is meticulously defined, laying the foundation for the research, followed by a detailed exposition of the numerical method employed, underscoring the computational fluid dynamics (CFD) simulations that constitute the core of the numerical analysis. Subsequent sections delve into the grid independence test, a critical procedure to ensure the accuracy and reliability of the CFD results by evaluating the effect of grid size on simulation outcomes. Validation of the numerical model is then rigorously conducted by comparing simulation results with existing experimental, theoretical and numerical data, establishing the credibility of the research findings. The chapter further explores the innovative use of nanofluids, examining their potential to enhance thermal performance due to their superior thermal properties. Finally, the insertion of turbulators within the flow field is discussed as a strategic approach to augment heat transfer rates, showcasing the practical implications of these methodologies in improving the performance of DTHEs. Collectively, this chapter sets the stage for a thorough investigation, combining theoretical frameworks with practical applications to address the research objectives.

3.1 Numerical setup

The enhancement of heat transfer and fluid flow characteristics within DTHEs represents a pivotal challenge in the field of thermal engineering, necessitating innovative approaches to improve their efficiency and performance. This research focuses on investigating the impact of various turbulator designs, including both transverse and helical configurations (rectangular, triangular, oval, and trapezoidal shapes), in conjunction with the application of nanofluids (CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂ with volume fractions ranging from 0 to 0.1), on the hydrothermal performance of a DTHE. The study aims to understand how these modifications affect heat transfer rates and fluid flow dynamics within a system where the inner tube is tasked with transporting cold nanofluid, and the outer tube circulates hot water. To address this problem, a comprehensive numerical simulation approach was employed, utilising the finite volume method (FVM) in ANSYS Fluent to discretise the governing equations for laminar forced convection. The DTHE system under investigation was specifically designed with an inner tube diameter of 0.014 m and an outer tube diameter of 0.08 m, extending a total length of 1.8 meters. Tube sizes were selected as 1/2 and 3 inches, a decision driven by their widespread availability and applicability in practical and industrial settings. The choice of copper as the material for the inner tube, with a thickness of 0.001 m, was based on its superior thermal conductivity. Turbulator inserts with a diameter of 0.002 m were placed within the centre of inner tube, ribs starting 0.01 m from the inlet, to disrupt the flow and enhance heat transfer. The transverse turbulator insertion case was modelled to maintain axisymmetric along the longitudinal axis, simplifying the simulations and saving computational time.

Operating conditions were set with the inner tube carrying cold nanofluids at a constant inlet temperature of 295 K, while the outer tube was charged with pure hot water at a constant inlet temperature of 335 K. These temperatures were selected to align with common industrial practices to provide results that are more applicable to real-world scenarios [54, 234, 235]. As some published work concluded that the single-phase approach and constant thermophysical properties of fluids agree with the experimental results, these two approaches were selected for the numerical investigation [236, 237]. This setup explored the thermal interaction between the hot and cold fluids under the influence of inserted turbulators and nanofluid properties. The numerical methodology adopted a coupled approach for velocity-pressure coupling and a second-order upwind scheme for the momentum and energy equations to enhance the precision of the simulations. The convergence criterion for numerical calculations was rigorously set up to 10^{-7} for all variables, ensuring high accuracy in the simulation outcomes.

In the context of computational analysis, the following assumptions are typically imposed to facilitate the modelling process and reduce computational complexity. These assumptions are critical for defining the scope and applicability of the simulation outcomes.

- Steady-State flow: The fluid motion and thermal fields are assumed to remain constant over time, indicating that transient effects are negligible.
- Flow in the entry and fully developed regions: The analysis examines flow at various Reynolds numbers, considering both the entry region and fully developed flow

conditions. At low Reynolds numbers, the boundary layer is primarily developing, while at high Reynolds numbers, fully developed flow conditions are not yet achieved.

- Incompressible flow: The density of the fluid is assumed constant, implying that changes in pressure or temperature have minimal effect on the fluid's density.
- Laminar flow in both inner and outer tubes: The flow within the DTHE's inner and outer tubes is assumed to be laminar, characterized by smooth, orderly motion of fluid particles. This assumption necessitates a Reynolds number below the critical value for transition to turbulence.
- Axisymmetric in the presence of transverse turbulators: The geometric configuration and flow field are assumed to be axisymmetric, particularly in sections with transverse turbulators, simplifying the computational model to a two-dimensional problem.
- 3D simulations for the helical turbulators: The geometry of helical turbulator insertions is designed in a three-dimensional model, and simulations are set up for 3D calculations.
- Constant thermal properties of the fluid: The thermal conductivity, specific heat capacity, and viscosity of the fluid are assumed to remain constant, disregarding any temperature-induced variations.
- Single-phase model of nanofluid: The nanofluid is treated as a single, homogeneous phase, ignoring the discrete phase of the nanoparticles.

3.2 Geometry of DTHE and turbulator insertions

The dimensions of the DTHE, as previously mentioned, include an inner copper tube with a diameter of 0.014 m and a wall thickness of 0.001 m, and an outer tube with a diameter of 0.08 m. Both tubes have a length of 1.8 m. Turbulator insertions are introduced to enhance the heat exchange efficiency by disrupting the flow, thereby reduces the thermal boundary layer close to the wall and enhancing the thermal mixing. These insertions are categorized into transverse and helical types, with shapes including rectangular, triangular, oval, and trapezoidal configurations. The dimensions of the turbulators, specifically, the distances between the ribs (s), the height of the ribs (h), and the width of the ribs (w), are critical parameters that were systematically varied to study their impact on the heat transfer and fluid flow within the DTHE. The diameter of the turbulator insertions is consistently maintained at 0.002 m, with the first rib positioned 0.01 m from the inlet, ensuring a uniform start point for comparing the results

of different cases. Figure 3.1 depicts the geometry of the DTHE, both with and without the insertion of transverse turbulators.

For the transverse turbulator, an axisymmetric 2D model was used, and the results showed excellent agreement with the 3D model, confirming the validity of the 2D approach for this configuration. For the simulations of helical turbulator insertion, the same DTHE with the same dimensions was used to ensure comparable results. As with the transverse turbulators, four different shapes of helical turbulators were designed: rectangular, triangular, oval, and trapezoidal. Since the helical turbulator lacks symmetry, the entire DTHE was modeled in 3D for simulations. The helical twist ratio for all cases was set at 1 to 0.04 m, meaning one revolution of the helix is 40 mm. Additionally, the height of the helical turbulators (h) was varied to study its impact on the performance of the DTHE. Figure 3.2 illustrates the configuration of helical turbulator insertions within the inner tube of the DTHE.

Through a comprehensive literature review, it was found that while numerous turbulator designs have been studied, regular shapes such as rectangular, triangular, trapezoidal, and oval have not been investigated in the context of double tube heat exchangers. These regular shapes were selected due to their ease of manufacturing compared to more complex, irregular geometries. This choice makes them highly practical for real-world applications, where manufacturing cost and simplicity are significant considerations. By selecting these shapes, this research not only addresses a gap in the current literature but also provides valuable insights for future research and practical implementations in industrial heat exchangers. The potential for easier fabrication and implementation of these regular geometries enhances the feasibility of transferring the findings from this study to practical heat transfer systems, contributing to both academic knowledge and industrial innovation.



Figure 3.1: Schematic of the analyzed DTHE, both with and without transverse turbulator inserts (not to scale).



Figure 3.2: Schematic of the analyzed DTHE, a) overall domain and helical turbulators, b) rectangular, c) triangular, d) oval, e) trapezoidal.

The values of the three dimensionless key parameters (S, W, and H), as derived from Equation 25 (Chapter 4: Governing Equations), with the selected dimensions for s, w, and h, are presented in Table 3.1.

Tuble 3.1. The value of unitensionless key parameters.						
	s [m]	S	w [m]	W	h [m]	Н
	0.02	2.86	0.001	0.14	0.001	0.14
	0.04	5.71	0.002	0.29	0.002	0.29
	0.06	8.57	0.003	0.43	0.003	0.43
	0.08	11.43	0.004	0.57	0.004	0.57
	0.10	14.29	0.005	0.71	0.005	0.71

Table 3.1: The value of dimensionless key parameters.

3.3 Nanofluids

In the investigation of heat transfer and fluid flow characteristics within DTHEs, nanofluids play a pivotal role due to their enhanced thermal properties. This research utilises nanofluids as the working fluid in the inner tube of the DTHE, where cold nanofluids are employed to facilitate heat transfer from the hot water flowing in the outer tube. The selection of nanofluids includes CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂, which are chosen for their varied and potentially beneficial thermal conductivity and viscosity characteristics. The nanofluids are tested across a spectrum of volume fractions ranging from 0 to 0.1, to meticulously evaluate their impact on the heat exchanger's performance. This approach allows for a comprehensive analysis of how different nanofluids, with their unique thermophysical properties, influence the overall efficiency and performance of heat transfer in DTHEs. Table 3.2 presents the thermal properties of water and the nanoparticles utilised in this study. It is essential to note that these properties correspond to a temperature of 300K. Furthermore, the nanoparticles, assumed spherical in shape, have a diameter of 40 nm.

Thermophysical properties	ρ (kg/m³)	C _p (J/kg K)	k (W/m K)	μ (N s/m ²)
Water [238]	997	4179	0.613	0.000855
Copper [239]	8978	381	387.6	-
CuO [240]	6500	535.6	20	-
ZnO [241]	5600	495.2	13	-

Table 3.2: Thermophysical properties of water and nanoparticles.

Thermophysical properties	ρ (kg/m ³)	C _p (J/kg K)	k (W/m K)	μ (N s/m ²)
Fe ₃ O ₄ [242]	5180	670	6	-
Diamond [243]	3510	497.26	1000	-
Ag [244]	10500	235	429	-
TiO ₂ [245]	4175	692	8.4	-
Al ₂ O ₃ [11]	3600	765	36	-
SiC [246]	3160	675	490	-
SiO ₂ [247]	2200	703	1.2	-

Table 3.3 presents the calculated thermophysical properties of three nanofluids—CuO, Al₂O₃, and SiO₂—at a volume fraction of 0.05, which are predominantly investigated in this study. These properties were evaluated at a temperature of 300 K. The nanoparticles are assumed to be spherical in shape with a diameter of 40 nm, as is typical in many studies. It is important to emphasize that these thermophysical properties, including density, specific heat capacity, thermal conductivity, and dynamic viscosity, play a pivotal role in determining the heat transfer and fluid flow characteristics in nanofluids.

Thermophysical properties	ρ (kg/m ³)	C _p (J/kg K)	k (W/m K)	μ (N s/m ²)
CuO	1272.2	3248.2	0.70101	0.00169
Al ₂ O ₃	1127.2	3633.8	0.70477	0.00169
SiO ₂	1057.2	3817.3	0.63552	0.00169

Table 3.3: Thermophysical properties of water-based nanofluids at a volume fraction of 0.05.

3.4 Grid independence test

To ensure the accuracy and reliability of computational simulations, a grid independence test was performed in this study, focusing on both transverse and three-dimensional (3D) helical turbulator insertions. The primary aim of this test was to verify that the numerical results remain stable and unaffected by variations in the computational grid size. Achieving grid independence is essential for validating the simulation outcomes, as it identifies the optimal grid size that balances computational efficiency with precision in the simulation results, thereby optimizing both time and cost. To this end, the mesh configuration was carefully designed to be denser near the walls and around the turbulators. This approach is critical, considering these areas exhibit complex heat transfer and fluid flow behaviour, necessitating increased resolution to accurately capture the phenomena. Figure 3.3 and Figure 3.4 illustrate schematic diagrams of a grid with rectangular rib for a case of transverse turbulators and an oval helical turbulator for a case of helical turbulators, respectively.



Figure 3.3: Schematic of the overall domain featuring a grid with rectangular ribs.



Figure 3.4: Schematic of the overall domain featuring a grid with an oval helical turbulator.

3.5 Validation

The validation section is an essential part of the research methodology for numerical studies, aiming to verify the accuracy and reliability of the results. In this research, the validation was carefully carried out through four distinct comparisons, each confirming the consistency of the simulation outcomes with existing literature. For validation, two key parameters were examined: the Nusselt number, representing heat transfer characteristics, and the friction factor, representing fluid flow characteristics. These parameters were used to compare the present simulation results with those from previously published studies, ensuring the simulations' fidelity to established data.

The first validation compared the derived Nusselt number correlations from experiments with present numerical data for water as the working fluid in a double tube heat exchanger without turbulator insertions. The experimental data from Seider and Tate [248], Shah and
London [249], Gnielinski [250], and Hausen [251] used as reference points for evaluating the accuracy of the present simulations in replicating heat transfer characteristics under laminar flow conditions. Subsequently, the numerical results of the current study were compared with another dataset from Bahmani, et al. [252], which focused on a double tube heat exchanger using a single-phase model to simulate nanofluid flow without turbulator insertions. This comparison evaluated the model's ability to accurately predict heat transfer enhancements when using nanofluids as the working fluid in a DTHE.

An additional validation step involved comparing the results of the present study's singlephase model with the two-phase nanofluid model by Shirvan, et al. [253], and with the experimental data on nanofluid heat transfer in a double tube heat exchanger without turbulator insertions by Heyhat, et al. [254]. This comparison demonstrated the accuracy of the current study and revealed less deviation from experimental results compared to the two-phase model. Lastly, the simulation results were validated against experimental findings from a study conducted by Hong and Bergles [255], which involved the use of turbulator insertion in a double tube heat exchanger. This validation step was critical in affirming the simulation model's efficacy in accurately predicting the thermal performance enhancements attributable to the use of turbulators in double tube heat exchanger designs.

Throughout all validation process, the simulation results demonstrated remarkable agreement with the other published works, thereby underscoring the reliability and accuracy of the numerical models and methodologies employed in this study. This comprehensive validation approach not only strengthens the credibility of the current research findings but also lays a solid groundwork for future investigations into the heat transfer and fluid flow characteristics of nanofluids and turbulator insertions in double tube heat exchangers.

3.6 Hardware and computation time of simulation

One of the significant challenges during this research was the computation time of simulations. The hardware of the system greatly impacts the simulation time and post-processing efficiency. This study involved two types of simulations: 2D axisymmetric simulations for transverse turbulators and 3D models for helical turbulators. The 2D axisymmetric simulations required relatively less computation time. These simulations were performed on a laptop, with specifications provided in Table 3.4, and each simulation took a

maximum of three hours. However, the 3D simulations were much more computationally intensive.

A single 3D simulation on the laptop, which involved approximately 7 million cells, took more than 24 hours to complete. To address this issue, the high-performance computing (HPC) provided by Birmingham City University was utilised for the 3D simulations. The specifications of the HPC are also provided in Table 3.4. Using the HPC significantly reduced the computation time for each 3D simulation to about 18 hours. This hardware upgrade not only enhanced the efficiency of the research process but also allowed for more complex simulations to be run within a reasonable timeframe. The use of HPC resources was crucial in managing the extensive computational requirements of the 3D models and ensuring the timely completion of the research.

System	Specification
Laptop	CPU: Processor Intel(R) Core (TM) i5-10210U CPU @ 1.60GHz, 2112 Mhz, 4 Core(s), 8 Logical Processor(s)
	RAM: Total Physical Memory, 15.8 GB
	Graphics: NVIDIA GeForce MX330
HPC	CPU compute nodes: [node1-cluster3, node2-cluster3, node3-cluster3, node4- cluster3, node5-cluster3, node6-cluster3] - 72 cores per node!
	Intel Xeon Gold 6240 2.6G, 18C/36T, 10.4GT/s, 24.75M Cache, Turbo, HT (150W) DDR4-2933, (~180GB RAM)
	GPU compute nodes: [gpu1-cluster3] - 72 cores per node!
	Intel Xeon Gold 6240 2.6G, 18C/36T, 10.4GT/s, 24.75M Cache, Turbo, HT (150W) DDR4-2933, (~180GB RAM)
	NVIDIA(R) Tesla (TM) T4 16GB Passive, Single Slot, Full Height GPU (2 cards per node) - 320 Turing Tensor cores & 2560 Cuda cores per card!

This chapter presents the mathematical framework for the study, focusing on the continuity, momentum, and energy equations essential for analyzing fluid flow and heat transfer in double tube heat exchangers. It details the approach for calculating the thermal properties of various nanofluids, providing insights into their impact as working fluids inside the DTHE. Furthermore, it presents essential equations for determining the heat transfer coefficient, Nusselt number, friction factor, and performance evaluation criteria. These elements are pivotal in assessing the efficiency enhancements achieved through the use of turbulator inserts and nanofluids in double tube heat exchangers.

4.1 Fundamental flow equations for laminar flow

This research investigates the heat transfer properties and fluid dynamics of laminar flow in a DTHE. The governing equations for solving flows in the DTHE, including continuity, momentum and energy for laminar flow in steady states, are as follows. These equations provide a comprehensive framework for analysing and predicting the performance of DTHE under steady-state, laminar flow conditions [256].

In the case of steady and incompressible flow, the continuity equation is expressed as follows: $\nabla . (\rho V) = 0$ (1)

For incompressible flow with constant viscosity, the momentum equation can be expressed as follows:

$$\nabla . \left(\rho V V\right) = -\nabla P + \nabla . \left(\mu \nabla V\right) \tag{2}$$

For incompressible flow where the thermal conductivity remains constant, the energy conservation equation can be expressed as follows:

$$\nabla . \left(\rho V C_p T\right) = \nabla . \left(k \nabla T\right) \tag{3}$$

Where V, ρ , C_p , and k represent velocity, density, specific heat, and thermal conductivity, respectively.

4.2 Thermophysical properties of nanofluids

Adding nanoparticles to a base fluid changes its thermophysical properties, such as density, specific heat, viscosity, and thermal conductivity. These changes, in turn, affect convective heat transfer in the fluid flow. Different nanoparticles alter these properties to varying degrees, and factors like the concentration of nanoparticles, their purity, shape, and size significantly impact these changes [257]. The present study employed CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂ water-based nanofluids as incompressible working fluids with constant thermophysical properties. The thermophysical properties of these nanofluids need to be calculated and used in simulations to investigate the impact of these different nanofluids on the performance of the DTHE. Four key thermophysical properties, density, specific heat, thermal conductivity, and viscosity, are calculated using empirical and theoretical correlations provided in the literature, as discussed in this section.

4.2.1 Density of nanofluid

Density is a crucial thermophysical property for evaluating the heat transfer performance of nanofluids. Adding even a small amount of nanoparticles to a base fluid changes the nanofluid's density due to the higher density of solid materials compared to liquids. This change in density directly affects the Reynolds number, friction factor, pressure loss, and Nusselt number [257, 258]. Previous studies have shown that the density of nanofluids depends directly on the volume concentration of nanoparticles [259]. Therefore, the density of a nanofluid can be calculated as follows [257, 260-262].

$$\rho_{nf} = (1 - \varphi)\rho_b + \varphi\rho_p \tag{4}$$

Where ρ_{nf} , φ , and ρ_p represent density of nanofluid, volume fraction, and density of nanoparticle, respectively.

4.2.2 Specific heat capacity of nanofluid

The specific heat is a crucial property that significantly influences the heat transfer rate of nanofluids. It represents the amount of heat needed to raise the temperature of one gram of nanofluid by one degree Celsius. It directly impacts the thermal characteristics and performance of materials; higher specific heat capacity indicates greater energy storage capability, while lower capacity means less energy retention [257]. Introducing nanoparticles into a fluid generally improves its thermal conductivity, but it can also reduce the specific heat

capacity. This reduction can limit its effectiveness as a coolant. Therefore, achieving a balance in the alteration or enhancement of thermophysical properties is essential for optimizing nanofluid applications. Heat transfer fluids with enhanced heat capacity are necessary for efficient and environmentally friendly heat transfer processes. Several mechanisms have been proposed to enhance specific heat capacity, including higher specific surface energy, increased thermal resistance between nanoparticles and surrounding liquid molecules (known as interfacial thermal resistance), and the formation of a semi-solid liquid layer around nanoparticles [259, 263]. The specific heat capacity depends on the volume fraction of nanoparticles and can be calculated as follows [257, 260-262].

$$(\mathcal{C}_p)_{nf} = (1 - \varphi)(\mathcal{C}_p)_b + \varphi(\mathcal{C}_p)_p \tag{5}$$

Where C and φ are the specific heat capacity and volume fraction, respectively. The subscripts p, nf, and b denote particles, nanofluid, and base fluid, respectively.

4.2.3 Viscosity of nanofluid

The viscosity refers to a fluid's resistance to motion, which is crucial for understanding heat transfer applications because it affects pressure drop and pumping power [259]. The effective viscosity of nanofluids depends on both the viscosity of the base fluid and the concentration of nanoparticles. Factors such as particle size, temperature, and the type of nanoparticles also influence this effective viscosity. In the flow of nanofluids, striking a balance between enhancing thermal conductivity and managing viscosity is essential. For instance, while a viscous base fluid can enhance thermal conductivity through Brownian motion and micro-convection effects, it can also potentially offset these gains [257]. The viscosity of nanofluids has been extensively studied in past research to develop accurate empirical and theoretical correlations for prediction. This study aims to use the most practical and precise viscosity correlations for calculating nanofluids was developed by Maïga, et al. [264]. This correlation relates the viscosity of the nanofluid to the volume concentration of Al₂O₃ nanoparticles. The formulation of this correlation is as follows.

$$\mu = \frac{\mu_{nf}}{\mu_b} = 123\varphi^2 + 7.3\varphi + 1 \tag{6}$$

Sharma, et al. [242] presented a viscosity correlation for nanofluids that takes into account the volume concentration of nanoparticles, nanoparticle diameter, and nanofluid temperature. The equation is as follows.

$$\frac{\mu_{nf}}{\mu_b} = \left(1 + \frac{\varphi}{100}\right)^{11.3} \times \left(1 + \frac{T_{nf}}{70}\right)^{-0.038} \times \left(1 + \frac{d_p}{170}\right)^{-0.061}$$
(7)

The subscripts p, nf, and b denote particles, nanofluid, and base fluid, respectively.

4.2.4 Thermal conductivity of nanofluid

Thermal conductivity is a transport property defined as the ratio of heat flux to a local temperature gradient. The addition of nanoparticles to a conventional fluid enhances its thermal conductivity. This increase is primarily due to Brownian motion (Figure 4.1), a crucial mechanism influencing the thermal behaviour of nanoparticle-fluid suspensions. Another contributing factor is the formation of an interfacial layer, or nanolayer, where liquid molecules (Figure 4.2) near the solid particle surface create layered structures. These layers act as a thermal bridge between the nanoparticles and the bulk liquid, thereby enhancing thermal conductivity. The relationship between this nanolayer and the thermal properties of solid-liquid suspensions is complex. The molecules in these layers exist in an intermediate state between the bulk liquid and the solid particle. This solid-like nanolayer of liquid molecules can significantly increase thermal conductivity compared to the bulk conventional fluid [259, 265].

To calculate the thermal conductivity of nanofluids, two widely accepted correlations were used: one presented by El Bécaye Maïga, et al. [266], and the other by Vajjha and Das [267]. These correlations are as follows.

$$\frac{k_{nf}}{k_b} = 4.97\varphi^2 + 2.72\varphi + 1 \tag{8}$$

$$\frac{k_{nf}}{k_b} = \left[\frac{k_p + 2k_b - 2(k_b - k_p)\varphi}{k_p + 2k_b + (k_b - k_p)\varphi}\right] \times 5 \times 10^4 \beta \varphi \rho_b C_{p,b} \sqrt{\frac{\kappa T}{\rho_p d_p}} f(T,\varphi)$$
(9)

$$f(T,\varphi) = (2.8217 \times 10^{-2}\varphi + 3.917 \times 10^{-3}) \left(\frac{T}{T_0}\right) + (-3.0669 \times 10^{-2}\varphi - 3.91123 \times 10^{-3})$$
(10)

Where β , κ , and T_0 represent fraction of liquid volume traveling with a particle, Boltzmann constant, and reference temperature, respectively. The subscripts p, nf, and b denote particles, nanofluid, and base fluid, respectively.



Figure 4.1: Nanofluid domain and Brownian motion of nanoparticles [257].



Figure 4.2: Structure of nanofluid featuring nanoparticles, nanolayers, and at bulk liquid the solid/liquid interface [257].

4.3 Exergy analysis

Exergy represents the maximum theoretical work that can be obtained from a system as it reaches equilibrium with its environment through a reversible process. In the context of a DTHE, exergy destruction indicates the amount of potential work lost due to inefficiencies. This measure serves as a clear indicator of energy degradation within the system, highlighting areas where improvements can be made to enhance overall performance and efficiency [56, 268]. Exergy destruction in the heat exchangers can be obtained through following equations [269].

$$\dot{E}_{D} = T_{e} \dot{m}_{h} c_{p,h} \ln\left(\frac{T_{h,o}}{T_{h,i}}\right) + T_{e} \dot{m}_{c} c_{p,c} \ln\left(\frac{T_{c,o}}{T_{c,i}}\right)$$
(11)

Where \dot{E}_D , \dot{m}_h , \dot{m}_c , $c_{p,h}$, $c_{p,c}$, T_e , $T_{h,o}$, $T_{h,i}$, $T_{c,o}$, and $T_{c,i}$ represent the exergy destruction, mass flow rate of the hot fluid, mass flow rate of the cold fluid, heat capacity of the hot fluid, heat

capacity of the cold fluid, ambient temperature (approximately 25 °C), hot fluid outlet temperature, hot fluid inlet temperature, cold fluid outlet temperature, and cold fluid inlet temperature, respectively. Dimensionless exergy destruction for heat exchangers can be obtained from the following equation [56, 270].

Dimensionless exergy destruction
$$= \frac{\dot{E}_D}{T_e(C_{min})}$$
 (12)

Where C represents the product of mass flow rate and heat capacity, denoting the minimum value between the hot and cold fluids.

4.4 Hydrothermal performance and related parameters

In the computational fluid dynamics simulations of a DTHE, several governing equations play a pivotal role in accurately predicting the system's thermal and flow behaviour. These equations include the heat transfer coefficient, Nusselt number, Reynolds number, friction factor, and performance evaluation criteria. Each of these parameters is essential for a comprehensive understanding of the DTHE's performance under various operating conditions.

The equations below can be used to determine both the local and overall convection heat transfer coefficients, as well as the Nusselt number for nanofluids flowing inside a channel with an inner radius of R_{in} [271, 272].

$$h_{nf} = \frac{-k_{nf} \frac{\partial T}{\partial r}|r=R_{in}}{T_{wall} - T_{b,nf}}$$
(13)

$$\overline{h_{nf}} = \frac{1}{L} \int_{0}^{L} h_{nf} dx_{|r=R_{in}}$$
(14)

$$Nu_{nf} = \frac{h_{nf}(2R_{in})}{k_{in}} \tag{15}$$

$$\overline{Nu_{nf}} = \frac{\overline{h_{nf}}(2R_{in})}{k_{in}}$$
(16)

The subscript b denotes a bulk or average value, while L represents the length of the tube.

The Reynolds number, a dimensionless parameter, characterizes the flow regime within the heat exchanger, distinguishing between laminar and turbulent flow. It is a function of the fluid's density, velocity, hydraulic diameter, and viscosity.

$$Re = \frac{\rho V d_h}{\mu} \tag{17}$$

Where ρ , *V*, *d_h* and μ are the density, velocity, hydraulic diameter of the tube cross-section, and viscosity, respectively.

The friction factor is crucial for determining the pressure drop across the DTHE. It is dependent on the pressure drop, hydraulic diameter, length, density and velocity of flow. An accurate prediction of the friction factor is essential for evaluating the pumping power requirements and the overall energy efficiency of the DTHE [273].

$$f = \frac{2\Delta P d_h}{L\rho V^2} \tag{18}$$

Where ΔP , L, ρ , and d_h are the pressure drop, length of DTHE, density the hydraulic diameter of the tube cross-section, respectively.

The performance evaluation criteria (thermal efficiency) provide a comprehensive measure of the heat exchanger's effectiveness. The PEC considers both the thermal performance and the friction factor, offering a balanced assessment of the heat exchanger's efficiency. The PEC of DTHE can be obtained from the following equation [274].

$$PEC = \frac{\left(\frac{Nu}{Nu_0}\right)}{\left(\frac{f}{f_0}\right)^{1/3}}$$
(19)

Where the subscribe *o* indicates the base fluid without nanoparticles and turbulator insertion.

To validate the numerical simulations, it is necessary to compare the simulation results with experimental data. In this regard, several empirical correlations for the Nusselt number have been extracted from the literature review. Sieder and Tate [248] presented an empirical correlation for calculating the Nusselt number for both heating and cooling, given by.

$$Nu = 1.86 \left(RePr \frac{d}{L} \right)^{0.33} \tag{20}$$

Shah and London [249] provided an empirical correlation for the Nusselt number in laminar flow with pure water as the working fluid, given by.

$$Nu = 1.953 \left(RePr \frac{d}{L} \right)^{0.33} \tag{21}$$

Gnielinski [250] derived an empirical correlation for the Nusselt number in laminar flow with pure water as the working fluid, expressed as.

$$Nu = \left[3.66^3 + 1.61^3 \left(RePr\frac{d}{L}\right)\right]^{0.33}$$
(22)

Chapter 4: Governing Equations

Hausen [251] presented an empirical correlation for the Nusselt number in laminar flow with pure water as the working fluid, given by.

$$Nu = 3.66 + \frac{0.19 \left(RePr\frac{d}{L}\right)^{0.8}}{1 + 0.177 \left(RePr\frac{d}{L}\right)^{0.467}}$$
(23)

Where Re stands for the Reynolds number, Pr represents the Prandtl number, d is the tube diameter, and L denotes the length of DTHE.

The relative error e_r can be calculated as follows.

$$e_{\rm r} = \frac{|\varepsilon - \hat{\varepsilon}|}{\hat{\varepsilon}} \times 100 \tag{24}$$

In which ε represents the target parameter, and $\hat{\varepsilon}$ represents the corresponding target parameter in the highest mesh element numbers.

The dimensions of the turbulators, specifically, the distances between the ribs (s), the height of the ribs (h), and the width of the ribs (w), are critical parameters that were systematically varied to study their impact on the DTHE. These factors help determine the effect of each dimension on the heat transfer and fluid flow characteristics of the DTHE. To better understand and compare these parameters, the following dimensionless key parameters were defined for s, w, and h.

$$S = \frac{S}{R_i}$$

$$W = \frac{W}{R_i}$$

$$H = \frac{h}{R_i}$$
(25)

Where R_i is the radius of the inner tube.

Root mean square error (RMSE) and coefficient of determination (R^2) are used to determine the quality of curve fitting and extracted correlations. The following equations can be used for RMSE and R^2 [275, 276].

RMSE =
$$\left[\frac{1}{N}\sum_{i=1}^{n}(Y_{pre,i} - Y_{num,i})^2\right]^{1/2}$$
 (26)

$$R^{2} = 1 - \frac{\sum_{i=1}^{n} (Y_{num,i} - Y_{pre,i})^{2}}{\sum_{i=1}^{n} (Y_{num,i})^{2}}$$
(27)

Where the $Y_{\text{pre},i}$ and $Y_{\text{num},i}$ are the predicted and numerical values, respectively.

Chapter 5 presents a detailed analysis and discussion of the results obtained from the numerical simulations conducted to investigate the heat transfer and fluid flow characteristics of nanofluids and various turbulator designs within a double tube heat exchanger. Initially, it addresses the grid independence test results, confirming the computational accuracy and reliability. Subsequently, it compares the results of this study with those in existing literature to validate the simulations' credibility. This chapter explores how different configurations of counter and parallel flow in DTHE, various nanofluid volume fractions, and different types of nanofluids (CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, SiO₂) affect the heat transfer performance of the DTHE. It also explores the influence of distinct transverse and helical turbulator shapes-rectangular, triangular, oval, and trapezoidal-on the performance of DTHE.

5.1 Grid independence test

The impact of varying mesh densities on heat transfer and hydrodynamic parameters was evaluated for both transverse and helical turbulator insertions. This assessment aimed to confirm the adequacy of mesh refinement and ensure independence within the computational simulations. The mesh independence test was evaluated based on three critical parameters: outlet temperature, pressure drop, and the average Nusselt number across the inner tube. Figure 5.1 illustrates that the optimal mesh comprises approximately 107,000 elements, with a maximum discrepancy of less than 2.2% compared to simulations employing the highest mesh density. Furthermore, Figure 5.2 presents the variation in outlet temperature, pressure drop, and Nusselt number for the inner tube equipped with a rectangular helical turbulator. It shows that the deviation in outcomes with the use of 7,000,000 elements, as compared to the case with the highest number of elements, is less than 2%. To optimize computational time and expenses, the simulations utilised mesh sizes of approximately 107,000 for transverse turbulator insertions and about 7,000,000 elements for helical turbulator insertions. It was also concluded that the Nusselt number exhibited greater sensitivity to variations in the number of mesh elements relative to the other considered parameters.



Figure 5.1: Relative error of the selected parameters for different number of mesh elements for rectangular ribs.



Figure 5.2: Relative error of the selected parameters for different number of mesh elements for rectangular helical turbulator.

5.2 Validation of simulation results

5.2.1 Empirical correlation validation

Figure 5.3 displays the average Nusselt number results against Reynolds number obtained using the empirical correlations presented by Seider and Tate [248] (Equation 20), Shah and London [249] (Equation 21), Gnielinski [250] (Equation 22), and Hausen [251] (Equation 23) for laminar flow with pure water. To validate these correlations, a Python code (Appendix B) was developed to compute the average Nusselt number for each equation and compare them with results from numerical simulations. In this case, the inlet temperatures for the inner and outer tubes were set at 280 K and 350 K, respectively. The Reynolds number for the outer tube was held constant at 800. Also, the length, inner, and outer tube diameter of the DTHE are 1.8 m, 0.014 m, and 0.08 m, respectively. The results of present study revealed a maximum deviation of 5.64% when compared to the findings reported by Seider and Tate [248] results. The friction factor results obtained in this study were compared with the theoretical correlation for laminar flow, as depicted in Figure 5.4. The maximum discrepancy observed between the present study's friction factor and the theoretical value was less than 18.6%.



Figure 5.3: Results of the present study vs empirical correlations results for average Nusselt number in counter flow using pure water.



Figure 5.4: Comparison of friction factor results from the present study with the theoretical correlation.

5.2.2 Numerical validation

An additional validation was conducted by comparing the nanofluid simulation results of the present study with those published by Bahmani, et al. [277]. This comparison focused on the average Nusselt number across Reynolds numbers ranging from 100 to 2000 for the inner tube, while maintaining a constant Reynolds number of 500 for the outer tube, along with constant inlet temperatures of 283 K and 353 K, as reported in Bahmani's study. These comparisons are illustrated in Figure 5.5. In this case, the size of the DTHE was characterized by a length of 2 m, an inner tube diameter of 0.026 m, and an outer tube diameter of 0.05 m. The results from the current study demonstrated a deviation of less than 12% compared to those of Bahmani, M.H.



Figure 5.5: Comparison of average Nusselt number results from the present study with numerical findings of Bahmani, M.H. [277], for counterflow configuration.

5.2.3 Experimental validation with nanofluid

Further validation was conducted by comparing the ratio of average Nusselt numbers (nanofluid to pure water) using Al₂O₃ nanofluid and a single-phase model, against numerical results from a two-phase model by Shirvan, et al. [253], and experimental results by Heyhat, et al. [254]. For this validation, the DTHE featured a copper inner tube with a diameter of 0.005 m, a wall thickness of 0.0005 m, and a length of 2 m. The outer tube is immersed in a steam bath to maintain a constant temperature throughout the system, while the inlet temperature of the inner tube is maintained at 333.15 K. Figure 5.6 displays the validation outcomes for the average Nusselt number ratio of nanofluid to pure water across various Reynolds numbers. The results of the current study, utilising a single-phase model, demonstrated a maximum deviation of less than 5.42% compared to the experimental data. Similarly, the two-phase model indicated a deviation of less than 9.83% from the experimental results. Consequently, it can be concluded that the single-phase model aligns more closely with the experimental data.



Figure 5.6: Results of present study using single-phase model with numerical two-phase model and experimental results for Al_2O_3 nanofluid at ϕ =0.01.

5.2.4 Turbulator insertion experimental validation

To enhance the accuracy and reliability of the turbulator insertion simulations, the present study's results were compared with the experimental outcomes of turbulator insertion by Hong and Bergles [255]. In this context, the experimental setup consisted of a tube characterized by a diameter of 0.0102 m, a length of 1.22 m, and a wall thickness of 0.00051 m. The Reynolds number varied between 450 and 1500, under a constant heat flux of 1000 W/m² and an inlet temperature of 318.15 K. A twisted tape turbulator, with a thickness of 0.00046 m and a width of 0.0097 m, possessing a twist ratio of 2.45, was inserted inside the tube. Figure 5.7 presents a comparison of the average Nusselt number for numerical and experimental turbulator insertions. The comparison revealed a maximum discrepancy of less than 17.9%, indicating a reasonable agreement with the experimental findings.



Figure 5.7: Comparison of average Nusselt number results from the present study's simulation with the experimental turbulator insertion.

5.3 Performance of DTHE without turbulator insertion

5.3.1 Parallel and counter flow configuration

Figure 5.8 compares the counter and parallel flow for the average heat transfer coefficient against the Reynolds number for different nanoparticle volume fractions. The results show that counterflow configuration gives a better heat transfer enhancement than parallel flow configuration in all cases. So, the counter flow DTHE is more efficient than parallel flow because it can exchange the maximum amount of heat between cold and hot fluids. The thickness of the boundary layer in counter flow is less than in parallel flow. Also, the counter flow has a better temperature uniformity and smaller outlet temperature difference in comparison with the parallel flow [278, 279]. The outlet temperature difference of counter and parallel flow, at a fixed volume fraction φ =0.05 and various Reynolds numbers, is compared in Figure 5.9.



Figure 5.8: Comparison heat transfer coefficient vs Reynolds number in counter and parallel flow.



Figure 5.9: Comparison outlet temperature difference of counter and parallel flow vs Reynolds number.

5.3.2 Effect of different nanofluid volume fraction

Figure 5.10 illustrates the effect of different Reynolds numbers against the average Nusselt numbers for various volume fractions of nanoparticles in the counter flow configuration. It is observed that the average Nusselt number enhances with increasing nanoparticle volume fractions and Reynolds number. The boundary layer decreases by increasing the nanoparticles volume fraction and Reynolds number [26]. This effect makes the velocity and temperature gradient increase near the wall. The maximum average Nusselt number enhancement occurs at 0.1 volume fraction and Reynolds number 5.10 to predict the value of the Nusselt number in counter flow.



Figure 5.10: Variation of Nusselt number vs Reynolds number for different volume fractions in counter flow.

 $Nu = 0.08837 \times Re^{0.553} + 25.37 \times \varphi^{1.304} + 2.622 \qquad \text{RMSE} = 0.1305 \qquad \text{R}^2 = 0.9921 \quad (28)$

Figure 5.11 shows the effect of different Reynolds numbers against average Nusselt numbers for different volume fractions of nanoparticles in parallel flow configuration. The same as counter flow, it can be seen that the Nusselt number increases by increasing nanoparticles volume fraction and Reynolds number. The maximum average Nusselt number enhancement occurs at 0.1 volume fraction and Reynolds number 2000. Correlation 29 was derived by curve fitting the results shown in Figure 5.11 to predict the value of the Nusselt number in parallel flow.



Figure 5.11: Variation of Nusselt number vs Reynolds number for different volume fractions in parallel flow.

 $Nu = 0.3178 \times Re^{0.3952} + 24.24 \times \varphi^{1.392} + 1.44 \qquad \text{RMSE} = 0.1183 \qquad \text{R}^2 = 0.9902 \tag{29}$

Figure 5.12 shows the effect of various nanoparticle volume fractions and Reynolds number for the pressure drop of the inlet and outlet of the inner tube in the DTHE. It can be concluded that increasing nanoparticle volume fractions and Reynolds number increases pressure drop. The gradient of pressure drop is higher for bigger Reynolds numbers than lower Reynolds numbers. As the friction factor in laminar flow is primarily dependent on the Reynolds number and surface roughness, the friction factor remains unchanged. However, the pressure drop increases due to the higher viscosity of the nanofluid compared to water.



Figure 5.12: The effect of different nanoparticles volume fractions on pressure drop for different Reynolds number.

Figure 5.13 shows the contours of static pressure, static temperature, and velocity magnitude of inner and outer tubes in the DTHE. Reynolds number and nanofluid volume fraction for this counter flow configuration are 400 and 0.1, respectively. Figure 5.13 b illustrates changes in temperature near the copper wall and the heat transfer between the cold and hot flow. The analysis reveals that the maximum temperature change occurs near the wall, where the cold nanofluid and hot water exchange heat across the copper tube's thickness. The heat transfer from the hot water to the cold nanofluid intensifies along the inner tube's length. Near the outlet of the inner tube, a pronounced temperature gradient extends towards the tube's center.



Figure 5.13: Colour plots of a) Pressure coefficient, b) Temperature, c) Velocity for Re=400 and 0.1 volume fraction.

Figure 5.14 represents the maximum enhancement of the average Nusselt number compared to pure water for counter and parallel flow configurations. This figure shows that increasing nanoparticle volume fractions increases the average Nusselt number enhancement. The maximum average Nusselt number enhancement occurs in the highest Reynolds number, which shows that the effect of nanoparticles is noticeable at higher Reynolds numbers. For all cases, the enhancement of the average Nusselt number for counter flow is bigger than the parallel flow.



Figure 5.14: Maximum enhancement of Nusselt number compared to pure water in counter and parallel flow for different nanoparticle volume fractions at Re=2000.

Figure 5.15 and Figure 5.16 show the performance evaluation criteria (thermal efficiency) of DTHE for both counter and parallel flow configurations. In both configurations, the PEC increases by increasing the nanoparticle volume fractions and Reynolds number. The gradient of PEC decreases by increasing the Reynolds number, and for lower nanoparticle volume fractions, this gradient is lower. Using nanoparticles in the high Reynolds numbers is more efficient than using them in the lower Reynolds numbers. For all cases, the PEC of counter flow is higher than parallel flow. The correlations 30 and 31 were derived by curve fitting the results shown in Figure 5.15 and Figure 5.16 to predict the value of the PEC in counter and parallel flow, respectively.



Figure 5.15: Variation of thermal efficiency vs Reynolds number for different volume fractions in counter flow.

$$PEC = 0.5709 \times Re^{0.03049} + 2.438 \times \varphi^{1.137}$$

+ 0.2875 RMSE = 0.009129 R² = 0.9813 (30)



Figure 5.16: Variation of thermal efficiency vs Reynolds number for different volume fractions in parallel flow.

$$PEC = 0.03076 \times Re^{0.1972} + 2.471 \times \varphi^{1.204}$$

+ 0.87 RMSE = 0.008704 R² = 0.9751 (31)

The present study validates the accuracy of Equation 28, extracted from Figure 5.10 by curve fitting, by comparing it with available data in the literature, as shown in Figure 5.17. Specifically, the average Nusselt number ratio from the experimental study by Heyhat, et al. [254] and the numerical two-phase model by Shirvan, et al. [253], for nanoparticle volume fractions of 0.001 and 0.01, was compared with Equation 28 for Reynolds numbers ranging from 400 to 2000. The results indicated that equation 28 provided a better fit to the experimental data in comparison to the numerical two-phase model. The maximum deviation of equation 28 from the experimental results was found to be less than 6.5%.



Figure 5.17: Validation of Equation 28 with the experimental results from Heyhat, et al. [254] and the numerical two-phase model from Shirvan, et al. [253].

Figure 5.18 depicts the dimensionless exergy destruction against Reynolds number for various volume fractions. The exergy destruction serves as a clear indicator of the amount of available work lost during a process, thereby indicating the level of energy degradation in the DTHE. The results show that the exergy destruction in the DTHE decreases with increasing Reynolds number and volume fractions. This indicates that the utilisation of nanofluids in DTHEs leads to improved energy loss and enhanced efficiency. Furthermore, a comparison of exergy destruction between counter flow and parallel flow reveals that energy loss is lower in the counter flow configuration as compared to the parallel flow configuration.



Figure 5.18: Dimensionless exergy destruction vs Reynolds number for counter and parallel flow configurations.

5.3.3 Effect of different nanofluids

Nine different nanofluids, namely CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂, were selected to evaluate their impact on the performance of the DTHE without turbulator insertion. Figure 5.19 and Figure 5.20 depict the percentage enhancement in the average Nusselt number and pressure drop for these nanofluids at a Reynolds number of 1200 and a volume fraction of 0.05, in comparison to water. The findings indicated that the SiO₂ nanofluid exhibits the highest Nusselt number and pressure drop rise when compared to other nanofluids. This difference can be attributed to SiO₂'s lower thermal conductivity and density compared to the other nanoparticles. As a result, at the same Reynolds number, SiO₂ achieves a higher average velocity. This increased fluid velocity significantly impacts the heat transfer coefficient and forced convection [280]. Similarly, it was observed that CuO nanofluid demonstrated the smallest increase in Nusselt number and pressure drop when compared to water. For comparison with existing literature, the results by Yogaraj, et al. [281], who used ZnO and TiO₂ nanofluids, reported heat transfer enhancements of 18.5% and 15.5%, respectively.



Figure 5.19: Percentage enhancement in the average Nusselt number of different nanofluids compared to water, without turbulator insertion, at a Reynolds number of 1200 and a volume fraction of 0.05.



Figure 5.20: Percentage enhancement in pressure drop of different nanofluids compared to water, without turbulator insertion, at a Reynolds number of 1200 and a volume fraction of 0.05.

Figure 5.21 depicts the PEC for different nanofluids at a Reynolds number of 1200 and a volume fraction of 0.05 without turbulator insertion. All nanofluids exhibited a PEC greater than 1, indicating that despite an increase in pressure drop, the use of nanofluids is justified by

the enhancement of the DTHE performance. Furthermore, the results demonstrated that the heat transfer rate increase for SiO_2 nanofluid is more significant compared to the pressure drop increase, with this nanofluid achieving the highest PEC of 1.18. Conversely, CuO, having a minimal increase in heat transfer rate, recorded the lowest PEC, suggesting it is not recommended for use as a nanofluid in heat exchangers.



Figure 5.21: PEC for different nanofluids, without turbulator insertion, at a Reynolds number of 1200 and a volume fraction of 0.05.

5.4 Performance of DTHE with transvers turbulator insertion

5.4.1 Effect of different shape of turbulator

Figure 5.22 illustrates the average Nusselt number of the inner tube against Reynolds numbers for various rib shapes and CuO nanofluid. The data indicates that the utilisation of nanofluid leads to a notable increase in the Nusselt number compared to using pure water, and this effect is further enhanced when turbulator insertion is employed. Specifically, the trapezoidal and triangular turbulators exhibit the higher Nusselt numbers, with trapezoidal ribs yielding the superior results compared to other rib shapes. On the other hand, the rectangular ribs showed the least increase in Nusselt number among all the different rib shapes. The observed rise in the Nusselt number can be attributed to two main factors. Firstly, the incorporation of nanoparticles enhances the thermal properties of the working fluid. Secondly, the insertion of turbulator induces additional mixing and secondary flow, which reduces the thermal boundary layer close to the wall [26]. The Nusselt number increases with the increase

of the Reynolds number due to an increase in momentum and mixing flow. These combined effects of nanoparticles and turbulator insertion led to improved heat transfer performance of the DTHE.



Figure 5.22: The average Nusselt number against Reynolds numbers for various rib shapes, CuO nanofluid φ =0.05, S=5.71, W=0.29, and H=0.29.

Figure 5.23 depicts the inner tube's pressure drop and friction factor against Reynolds numbers for various rib shapes and CuO nanofluid. The addition of nanoparticles to the working fluid increases the pressure drop compared to pure water, and this increase becomes more pronounced when a turbulator is inserted into the DTHE. The pressure drop and friction factor are critical parameters that affect the performance of DTHEs. The figures reveal that the triangular rib shape exhibits the highest pressure drop and friction factor, whereas the oval turbulator demonstrates the lowest values. The triangular rib shape, by virtue of its shape, is likely to present a more abrupt obstruction to the flow, leading to increased flow separation and consequently higher energy losses. This phenomenon is further compounded by the formation of a more pronounced recirculation zone behind the rib, which contributes to an increase in the system's overall resistance to flow, reflected in the heightened pressure drop [282]. Comparatively, the trapezoidal rib, while still inducing a significant pressure drop, might offer a slightly less aggressive interruption to the flow due to their sloped faces. The gradient provided by the trapezoidal shape potentially allows for a more gradual deviation of the flow, which in turn might result in a somewhat reduced pressure drop relative to triangular ribs. Due to its longer length at the top of the shape, the rectangular rib induces a lower pressure drop. Conversely, the oval rib, characterized by a smoother surface, diminishes the friction between the flow and the turbulator. This results in a reduced pressure drop and friction factor compared to other shapes.



Figure 5.23: a) the pressure drop and b) friction factor against Reynolds numbers for various rib shapes, CuO nanofluid φ =0.05, S=5.71, W=0.29, and H=0.29.

Figure 5.24 presents colour plots illustrating the a) normalized temperature, b) normalized velocity magnitude, c) normalized radial velocity, and d) pressure coefficient for various shapes, including triangular, trapezoidal, rectangular, and oval, using the CuO nanofluid with a φ =0.05. The normalized parameters for temperature, velocity magnitude, and radial velocity are obtained by dividing each local parameter by the inlet temperature and velocity, respectively. The results show that the trapezoidal, triangular, and oval shapes exhibit a more uniform normalized temperature distribution than the rectangular shape. This suggests that the mixing and secondary flow contribute to a more evenly distributed temperature in the flow. Furthermore, the triangular shape experiences the highest intensity of pressure coefficient, while the oval shape exhibits the lowest. This phenomenon is attributed to the creation of smoother obstacles in the path of the flow, leading to variations in pressure distribution. The normalized velocity magnitude and normalized radial velocity plots provide insights into the flow patterns around the different shapes and describe the formation of vortices behind each rib. It can be seen that the change in normalized magnitude velocity and normalized radial velocity is more pronounced in triangular and trapezoidal shapes when compared to rectangular and oval shapes.





Normalized Velocity Magnitude



Normalized Radial Velocity

Figure 5.24: Colour plots of a) normalized temperature, b) pressure coefficient, c) normalized velocity magnitude, and d) normalized radial velocity for different geometries, utilising CuO nanofluid at Re=800, φ =0.05, S=5.71, W=0.29, and H=0.29.

Figure 5.25 illustrates the recirculation lengths associated with different rib geometries in a flow with a Reynolds number of 1200, using CuO nanofluid at a volume fraction $\varphi=0.05$. The recirculation zones, a key factor in the enhancement of heat transfer, are initiated at the flow separation points, locations proximate to the top of the ribs, and extend downstream to the points of flow reattachment on the turbulator wall. In a descending order of length, the trapezoidal rib induces the longest recirculation zone, followed by the triangular rib, then the oval, and finally the rectangular rib, which generates the shortest length. The length of the recirculation zone is crucial, as it directly influences the intensity of fluid mixing and the generation of secondary flow patterns within the flow field. The secondary flow is instrumental in disrupting thermal boundary layers and augmenting convective heat transfer, as quantified by the Nusselt number [26]. Hence, the data imply that the ribs with trapezoidal and triangular shapes are more effective in enhancing the heat transfer rate compared to those with oval and rectangular shapes. This phenomenon is attributable to the more pronounced fluid dynamic activities within the recirculation zones created by the trapezoidal and triangular rib configurations [282]. Table 5.1 shows the recirculation length in millimeters for each rib type, listed from longest to shortest: trapezoidal rib, triangular rib, oval rib, and rectangular rib.

d)


Figure 5.25: Recirculation length of a) triangular, b) trapezoidal, c) rectangular, and d) oval ribs for Reynolds number of 1200, CuO nanofluid φ =0.05, S=5.71, W=0.29, and H=0.29.

Table 5.1: Recirculation length of different ribs (trapezoidal, triangular, oval, rectangular).TurbulatorRecirculation length [mm]Trapezoidal11.55Triangular10.41Oval10.40Rectangular10.32

5.4.2 Effect of different height of the ribs

Figure 5.26 presents the average Nusselt number of the inner tube plotted against Reynolds numbers for different ratios of the height of the trapezoidal rib to the radius of the inner tube (H) in the presence of SiO₂ nanofluid. The graph demonstrates that as the H increases, the Nusselt number shows an upward trend. This phenomenon can be attributed to the enhanced mixing and secondary flow resulting from the increased obstruction in the flow caused by the trapezoidal rib. As a result, the thermal boundary layer decreases [26], leading to an overall increase in heat transfer. Furthermore, a noticeable enhancement occurs at H=0.57, where the average Nusselt number of the DTHE exceeds 40. These results indicate a significant improvement in the average Nusselt number at this specific H value compared to the other H values. The Nusselt number of all cases shows an increasing trend with the rise in the Reynolds number.



Figure 5.26: The average Nusselt number and heat transfer coefficient of inner tube against Reynolds numbers for different H, SiO₂ nanofluid φ =0.05, S=5.71, and W=0.29.

Figure 5.27 the inner tube's pressure drop and friction factor are depicted against Reynolds numbers for different ratios of the height of the trapezoidal rib to the radius of the inner tube (H) in the presence of SiO_2 nanofluid. The graph clearly illustrates that both the pressure drop and friction factor increase as the value of H increases. This is attributed to the greater obstruction in the flow resulting from the increased rib height. Notably, the impact of this increase is significant for H=0.71, where the flow experiences maximum obstruction.



Figure 5.27: a) pressure drop and b) friction factor of inner tube against Reynolds numbers for different H, SiO₂ nanofluid φ =0.05, S=5.71, and W=0.29.

Figure 5.28 presents color plots that visually represent the a) normalized temperature and b) normalized velocity magnitude at various heights of trapezoidal ribs using a SiO₂ nanofluid

with $\varphi = 0.05$. The findings indicate that when the height of the ribs is increased, the temperature distribution within the flow becomes more uniform. This uniformity is attributed to enhanced mixing and the development of secondary flow patterns caused by the presence of taller obstacles in the flow path. As a result of these effects, the thermal boundary layer is disrupted after passing each rib, reducing its thickness [26]. This reduction contributes to an improved heat transfer rate within the system. However, as the height of the ribs increases, the velocity magnitude reveals the formation of vortices and a corresponding decrease in flow velocity. This phenomenon results in an increase in pressure drop across the system.



Figure 5.28: Colour plots of a) normalized temperature and b) normalized velocity magnitude for different height, utilising SiO₂ nanofluid at Re=1200, φ =0.05, S=5.71, and W=0.29.

5.4.3 Effect of different distances between the ribs

Figure 5.29 and Figure 5.30 present the inner tube's average Nusselt number, pressure drop, and friction factor against Reynolds numbers. These figures illustrate the impact of rectangular ribs and varying ratios of the distances between the ribs to the inner tube radius (S) when Al_2O_3 nanofluid is used. The findings indicate a significant improvement in the average Nusselt number, pressure drop, and friction factor when a turbulator is utilised, compared to where no turbulator is employed or when nanofluid is used alone. When the distances between ribs exceed a value of S=5.71, there is only a minor influence on the average Nusselt number, pressure drop, and friction factor. However, as the distances between the ribs decrease, the number of ribs increases, leading to interactions between the flow and the rib obstacles at closer distances. Consequently, this generates enhanced secondary flow and increased mixing within the fluid stream. Furthermore, it can be deduced that the parameter S exerts a greater effect on the heat transfer and fluid flow characteristics than the parameter W. However, its effect is less significant than parameter H.



Figure 5.29: The average Nusselt number of inner tube against Reynolds numbers for different S, Al₂O₃ nanofluid ϕ =0.05, W=0.29, and H=0.29.



Figure 5.30: a) pressure drop and b) friction factor of inner tube against Reynolds numbers for different S, Al₂O₃ nanofluid φ =0.05, W=0.29, and H=0.29.

5.4.4 Effect of different width of the ribs

Figure 5.31 and Figure 5.32 represent the average Nusselt number, pressure drop, and friction factor of the inner tube against Reynolds numbers for different ratios of the rectangular rib width to the inner tube radius (W) in the presence of SiO₂ nanofluid. The findings reveal a substantial enhancement in the average Nusselt number, pressure drop, and friction factor when employing a turbulator and nanofluid compared to cases with no turbulator and nanofluid alone. These figures demonstrate that changes in the parameter W have a limited impact on the average Nusselt number, pressure drop, and friction factor. For example, the change in the average Nusselt number for Re=1200 between values of W=0.43 and 0.57 is 0.26%. However, the corresponding percentage changes for Re=1200 for S=8.57 and 5.71 and H=0.43 and 0.57 are observed to be 2.36% and 33.85%, respectively. So, variations in W exhibit a minimal influence on generating secondary flow and mixing within the fluid stream. For all cases, it is observed that the average Nusselt number and pressure drop increased with an increase in Reynolds number, while the friction factor decreases with increasing Reynolds number.



Figure 5.31: The average Nusselt number of inner tubes against Reynolds numbers for different W, SiO_2 nanofluid ϕ =0.05, S=5.71, and H=0.29.



Figure 5.32: a) pressure drop and b) friction factor of inner tube against Reynolds numbers for different W, SiO₂ nanofluid φ =0.05, S=5.71, and H=0.29.

Figure 5.33 illustrates the ratio of the average Nusselt number and friction factor for SiO₂ and various dimensionless parameters, W, S, and H, to the average Nusselt number and friction factor of water without turbulator insertion. This figure indicates that the height of the ribs exerts the most significant influence on enhancing the heat transfer rate while also resulting in the highest friction factor. Conversely, the width of the ribs has the least impact on both heat transfer rate and friction factor. This occurs because taller ribs induce more mixing and secondary flow, which reduces the thermal boundary layer [26]. The spacing between the ribs ranks as the second most influential parameter. Decreasing the distance between the ribs increases the number of ribs, leading to higher heat transfer rates and friction factors. The

comparative analysis of the results, emphasizing the increased heat transfer, alongside the statistical investigation by Tavousi, et al. [3] regarding enhanced heat transfer through the combination turbulator insertion and nanofluid techniques, indicates that the improvement in heat transfer rate observed in the current study exceeds the average outcomes previously reported. In their study, the average heat transfer rate enhancement was approximately 131%, while the maximum enhancement of the average Nusselt number was approximately 470%. For comparison, the results by Dhumal and Havaldar [283], who employed twisted and helical tapes, reported a maximum heat transfer enhancement of 315%.



Figure 5.33: The ratio of average Nusselt number and friction factor for SiO₂ and various dimensionless parameters, W, S, and H, to the average Nusselt number and friction factor of water without turbulator insertion.

Figure 5.34 shows the PEC for different shapes of ribs and Figure 5.35 shows the maximum PEC for all cases studied including using nanofluid alone with no turbulator and using turbulator insertion and SiO₂ nanofluid. PEC is a significant parameter that relates the useful criteria (Nusselt number) to the penalty criteria (friction factor) and provides valuable insights into the performance of heat exchangers. It can be observed that the trapezoidal turbulator exhibits the highest Nusselt number and heat transfer coefficient. However, the oval turbulator shows the highest PEC due to its lower friction factor when compared to the other turbulator shapes. The rectangular turbulator had the worst PEC, as it exhibited the lowest improvement in Nusselt number and heat transfer coefficient while having a high friction

factor. The triangular ribs had the highest friction factor among the four turbulators, resulting in a low PEC. It was concluded that all the turbulators, the PEC was more than 1. The highest PEC was 1.91 for H=0.71, and the lowest PEC was 1.08 for W=0.71, as shown in Figure 5.35. The results demonstrated that the change in the width of the ribs produced the lowest PEC. The change in rib width decreased the PEC of DTHE compared to using nanofluids without turbulator insertion. This decrease is attributed to the increase in the friction factor, which outweighs the increase in the Nusselt number. For comparison, the results by Dhumal and Havaldar [283], who employed twisted and helical tapes, reported a maximum PEC of 3.06.



Figure 5.34: PEC for the different shapes of ribs.



Figure 5.35: Maximum PEC achieved for all cases.

5.5 Performance of DTHE with helical turbulator insertion

5.5.1 Effect of different shape of helical turbulator

Figure 5.36 illustrates the average Nusselt number of the inner tube against Reynolds numbers for various helical turbulator shapes with SiO₂ nanofluid and a volume fraction 0.05 as the working fluid. In all cases, the twist ratio, height, and width of the turbulators were 1 to 0.04 m, and 0.002 m, and 0.001 m, respectively. The results indicate that the use of nanofluids significantly increases the Nusselt number compared to pure water. This increase is further enhanced by the insertion of turbulators. Specifically, the helical triangular turbulator shows considerably higher Nusselt numbers than other shapes. Conversely, the oval, rectangular, and trapezoidal helical turbulators exhibit similar average Nusselt numbers, with the trapezoidal shape demonstrating the lowest value.

The rise in the Nusselt number can be attributed to two primary factors. First, the nanoparticles enhance the thermal properties of the fluid. Second, the turbulators induce additional mixing and secondary flows, reducing the thermal boundary layer near the wall. The distinct geometry of helical triangular turbulators generates more intense secondary flows and turbulence within the fluid [55]. This effect arises because the sharp angles of the triangular turbulators disrupt the flow more effectively than smoother shapes, such as ovals, rectangles, or trapezoids. This disruption diminishes the thickness of the thermal boundary layer, thereby enhancing the rate of heat transfer. Also, the Nusselt number increases with the increase of the Reynolds number due to an increase in momentum and mixing flow. These combined effects of nanoparticles and turbulator insertion led to improved heat transfer performance of the DTHE.



Figure 5.36: The average Nusselt number against Reynolds numbers for various helical turbulators, SiO₂ nanofluid φ =0.05, twisted ratio 1 to 0.04 m, w=0.001 m, and H=0.29.

Figure 5.37 depicts the pressure drop across the inner tube against Reynolds numbers for various helical turbulator shapes using SiO_2 nanofluid with a volume fraction of 0.05 as the working fluid. For all cases, the twist ratio, height, and width of the turbulators were 1, 0.04 m, 0.002 m, and 0.001 m, respectively. As it can be seen, the addition of nanoparticles to the working fluid results in an increased pressure drop compared to pure water, an effect that is accentuated by the insertion of a helical turbulator into the DTHE. The figure reveals that the pressure drops for all helical turbulator shapes are approximately same; however, the helical triangular and rectangular turbulators exhibit the highest pressure drop, while the helical oval and trapezoidal turbulators demonstrate the lowest values. This discrepancy can be attributed to the varying surface areas of each turbulator shape, indicating that the oval and trapezoidal turbulators.



Figure 5.37: The pressure drop against Reynolds numbers for various shapes of helical turbulators, SiO₂ nanofluid φ =0.05, twisted ratio 1 to 0.04 m, w=0.001 m, and H=0.29.

Figure 5.38 displays color plots that show the velocity magnitude and temperature contour for various helical shapes, triangular, trapezoidal, rectangular, and oval, utilising SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05. The results indicate that changes in velocity magnitude are more significant in the triangular and oval helical shapes compared to the rectangular and trapezoidal shapes. Furthermore, the rectangular and trapezoidal shapes maintain a more uniform temperature distribution than the triangular and oval shapes. This discrepancy can be attributed to the more intense secondary and swirl flows observed in the triangular and oval shapes, which disrupt the thermal boundary layer after passing the helical ribs [26], leading to sharper temperature gradients, especially noted in the triangular configurations.



Figure 5.38: Colour plots of a) velocity magnitude and b) static temperature for different shapes of helical turbulators, utilising SiO₂ nanofluid at Re=1200, φ =0.05, twisted ratio 1 to 0.04 m, w=0.001 m, and H=0.29.

Figure 5.39 depicts the PEC of DTHE for various helical shapes, triangular, trapezoidal, rectangular, and oval, using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05. The results indicate that the triangular helical shapes exhibit the highest PEC, reaching up to 1.2, surpassing the other helical shapes. All other configurations, including oval, trapezoidal, and rectangular shapes, show a PEC of less than 1, which is also lower than the DTHE without turbulator insertion, only utilising nanofluid. This suggests that under these conditions, the helical shapes are not optimized for design, making them ineffective. This

ineffectiveness is primarily due to the increased friction factor outweighing the enhanced heat transfer.



Figure 5.39: PEC of different shapes of helical turbulators utilising SiO2 nanofluid at Re=1200, φ =0.05, twisted ratio 1 to 0.04 m, w=0.001 m, and H=0.29.

5.5.2 Effect of different height of helical turbulator

Figure 5.40 illustrates the variation in the average Nusselt number within the inner tube for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05. It is observed that the Nusselt number increases with H. This increase can be attributed to enhanced secondary and swirl flows due to greater flow obstruction from the triangular helical shape, which reduces the thermal boundary layer thickness and enhances heat transfer [26]. A notable increase is observed at H=0.71, where the average Nusselt number exceeds 44, indicating a substantial improvement at this specific H value compared to others. For comparison with recent literature, Maleki, et al. [284]'s study, which employed a combination of passive and active methods, reported a heat transfer enhancement of up to 277.5%. However, in the present study, the maximum enhancement achieved through the combination of helical turbulators and SiO₂ nanofluid reached 567.38%.

Figure 5.41 presents the pressure drop in the inner tube for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05. The pressure drop escalates with

increasing H, correlating with the increased obstruction caused by the taller helical turbulators. The most significant impact is noted at H=0.71, where the flow encounters maximum obstruction, leading to the highest pressure drop up 648 Pa.



Figure 5.40: Average Nusselt number of the inner tube for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction ϕ =0.05.



Figure 5.41: Pressure drop of the inner tube for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction ϕ =0.05.

Figure 5.42 shows the maximum PEC for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05. It is evident that the PEC values exceed 1 in all scenarios, indicating that enhancement in heat transfer predominates over the increase in friction factor. Furthermore, an increase in the height of the helical turbulator results in higher PEC values, reaching up to 3.17 when H=0.71. This suggests that the swirl flow significantly boosts the heat transfer rate with only a minimal rise in friction factor, thus optimizing the performance of the DTHE. For comparison with recent literature, Maleki, et al. [284]'s study, reported a PEC enhancement of 3.92 using a combination of passive and active methods, including the application of an external magnetic field.



Figure 5.42: Maximum PEC for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction ϕ =0.05.

Figure 5.43 illustrates the bulk temperature within the inner tube for different ratios of the height of the triangular helical turbulator to the radius of the inner tube (H), using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05. The graph shows that as the height of the helical turbulators increases, the bulk temperature of the inner tube also increases. This is because higher helical turbulators enhance secondary and swirl flows within the inner fluid. These flows improve the distribution of heat transferred from the outer tube to the inner fluid. Consequently, the bulk temperature for H=0.71 is closer to the temperature of the outer fluid temperature and the inner fluid bulk temperature.



Figure 5.43: Bulk temperature within the inner tube for different H, using SiO₂ nanofluid at a Reynolds number of 1200 and a volume fraction φ =0.05.

Figure 5.44 displays color plots representing a) the velocity in the x-direction, b) the velocity in the z-direction, and c) the static temperature at different heights of a triangular helical turbulator using a SiO₂ nanofluid with a volume fraction φ =0.05. The data suggest that increasing the height of the helical turbulator leads to a more uniform temperature distribution across the flow. This uniformity is primarily due to enhanced secondary and swirling flow patterns, which are promoted by taller obstacles in the flow path. These obstacles disrupt the thermal boundary layer at each pitch [26], thinning it and thereby enhancing heat transfer rates within the system. However, increasing the height of the helical turbulator also intensifies the velocity in the z-direction, induces vortices, and slows the flow velocity, which results in a higher pressure drop across the system.



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Figure 5.44: Colour plots of a) the velocity in the x-direction, b) the velocity in the z-direction, and c) the static temperature at different heights of a triangular helical turbulator using a SiO₂ nanofluid at a Reynolds number of 1200 with a volume fraction φ =0.05.

5.6 Comparison between transverse and helical turbulator

This section compares the effects of two types of turbulators, transverse and helical, on the performance of the DTHE. Figure 5.45 illustrates the enhancement in the average Nusselt number when a combination of SiO₂ nanofluid (φ =0.05) and both types of turbulators (in triangular shapes) is used, relative to pure water and the same nanofluid without any turbulators. The results show that the helical turbulator offers a greater enhancement in the Nusselt number than the transverse turbulator, both against pure water and the nanofluid without turbulator insertion. This enhancement is attributed to the helical turbulators not only disrupting the flow direction along the tube but also inducing a swirling motion. This swirling motion increases mixing and secondary flow and extends the contact time between the fluid and the tube's inner wall, compared to the transverse turbulator. Thus, helical turbulators demonstrate a more effective heat transfer rate than transverse turbulators.

Furthermore, Figure 5.46 presents the pressure drop ratios for the DTHE employing both turbulator types, compared to configurations using only pure water and the nanofluid without turbulators. The findings indicate that the helical turbulator results in a smaller increase in

pressure drop than the transverse turbulator. This difference is likely due to the helical design creating fewer flow obstructions and the swirling motion reducing pressure drops, unlike the direct flow disruption caused by the transverse turbulator. Consequently, it is concluded that helical turbulators enhance the heat transfer rate more effectively by producing a lower pressure drop compared to transverse turbulators.



Figure 5.45: Enhancement in the average Nusselt number when a combination of SiO₂ nanofluid (φ=0.05) and both types of turbulators (in triangular shape) is used, relative to pure water and the same nanofluid without any turbulators at a Reynolds number of 400.



Figure 5.46: Increase in the pressure drop when a combination of SiO₂ nanofluid (φ =0.05) and both types of turbulators (in triangular shapes) is used, relative to pure water and the same nanofluid without any turbulators at a Reynolds number of 400.

Figure 5.47 illustrates the maximum PEC achieved with both transverse and helical turbulators. As previously mentioned, the Nusselt number enhancement is greater for the helical turbulator, while the increase in pressure drop is more significant for the transverse turbulator. Thus, it can be inferred that the helical turbulator provides a better PEC. Specifically, the highest PEC value for the helical turbulator, at 3.17, is observed with a triangular shape using SiO₂ nanofluid and an H value of 0.71. Conversely, the maximum PEC of 1.9 for the transverse turbulator is achieved with a trapezoidal shape using the same height and nanofluid.

Figure 5.48 presents the streamlines in both transverse and helical turbulators for a rectangular shape case. It is apparent that the streamlines in the helical turbulator navigate around the turbulators more smoothly compared to the direct disruption caused by the transverse turbulators, which results in vortices forming behind the ribs. Additionally, it demonstrates that the flow path line in the helical turbulator is longer over the same distance compared to the transverse turbulator. This results in the fluid being in contact with the inner tube wall for a longer period, thereby enhancing heat exchange with the hot fluid in the outer tube.



Figure 5.47: Maximum PEC achieved with both transverse and helical turbulators.





5.7 Comparative analysis of results

In this section, the results and outcomes of the current research are compared with other published works, focusing on the most recent studies. As previously discussed, enhancing heat transfer in heat exchangers can be categorized into three main methods: passive, active, and combined. Generally, active methods yield a greater increase in heat transfer compared to passive methods due to the utilising of external forces and power. Conversely, passive methods, which do not rely on external forces, offer advantages such as lower costs and easier maintenance.

This section aims to quantify the increment in heat transfer for passive, active, and combined methods and compare these increments with the results obtained in this study. This comparative analysis provides a clearer understanding of how the findings of this research align with real-world applications and the extent to which they are practical and effective. By systematically comparing the heat transfer enhancement achieved through different methods, this analysis underscores the practical relevance and applicability of the study's results. The findings from this research are evaluated against the backdrop of existing literature to highlight their significance and potential impact on the field of heat transfer enhancement in heat exchangers. This approach ensures a comprehensive assessment of the study's contributions and situates its results within the broader context of ongoing research and technological advancements.

• Passive method

The passive method of enhancing heat transfer can be categorized into four main techniques: using nanofluids, turbulator insertion, geometry modifications, and extended surface areas (fins). In this study, we employed turbulator insertion and nanofluids to investigate the enhancement of the heat transfer rate in a DTHE. Recent studies from each technique were reviewed to compare the percentage increase in heat transfer with the enhancements observed in this study.

Yogaraj, et al. [281] used zinc oxide and titanium oxide nanofluids with ethylene glycol as the base fluid in a counterflow DTHE, achieving a maximum heat transfer enhancement of 18.5% for zinc oxide. Marzouk, et al. [285] designed a turbulator using a one-meter steel nail rod in a DTHE, focusing on the pitch length of the nail rods, and achieved a maximum heat transfer enhancement of 90%. Chaurasiya, et al. [286] used corrugated tubes for the inner and outer tubes of a DTHE, implementing different helix angles, and achieved a maximum PEC of

1.17 and a 33% improvement in the Nusselt number. Firoozeh, et al. [287] employed the geometry change technique on the inner tube of a DTHE by varying the groove angles to improve the heat transfer rate. This investigation explored different groove angles and achieved a maximum enhancement of 32% in the heat transfer rate. Ashraf, et al. [288] utilised the extended surface area technique with arrow fins to enhance the performance of a DTHE. The study investigated varying numbers and heights of arrow fins and achieved a maximum improvement of 113.2% in the heat transfer rate. Sharaf, et al. [289] used a combination of techniques, including turbulator insertion, geometry change, and nanofluid, to enhance the heat transfer rate of a helical DTHE. A spring wire was inserted, and silicon dioxide nanofluid with water as the base fluid was used, resulting in a maximum heat transfer rate increase of 174%.

• Active method

Jawarneh, et al. [290] conducted an experimental study using the active method to enhance heat transfer in a DTHE by utilising jet vortex flow. By employing a vortex generator to create swirl flow with inclined holes and different inlet angles, a maximum heat transfer enhancement of 82% was achieved. Li, et al. [291] applied an audible acoustic field to enhance heat transfer in a DTHE. Investigating various parameters including sound pressure level and acoustic frequency, a maximum efficiency of 76.22% was achieved.

• Combined method

Maleki, et al. [284] combined passive and active methods to enhance heat transfer in a DTHE. Using a wire oscillator inside the inner tube as an electromagnetic vibration source and copper oxide nanofluid, a maximum heat transfer enhancement of 277.5% and a maximum PEC of 3.92 were achieved. Hedeshi, et al. [292] used ultrasonic vibration combined with a nanofluid in a DTHE. Employing ultrasonic waves at a frequency of 40 kHz and a power of 60 watts, along with aluminum oxide nanofluid, the thermal system efficiency of the DTHE was improved by up to 42.3%.

 Table 5.2 provides a summary of recent studies employing various methods, including passive, active, and combined approaches, to enhance the heat transfer rate in DTHEs.

Author	Method	Heat transfer enhancement [%] or PEC
Yogaraj, et al. [281]	Passive: Nanofluid	18.5

Table 5.2: Recent studies on heat transfer enhancement methods.

		Heat transfer enhancement
Author	Method	[%] or PEC
Sharaf, et al. [293]	Passive: Turbulator insertion	112
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Dhumal and Havaldar [283]	Passive: Turbulator insertion	PEC: 3.06
Marzouk, et al. [285]	Passive: Turbulator insertion	90
Chaurasia and Sarviya [294]	Passive: Turbulator insertion	100
		PEC: 1.5
Dandoutiya and Kumar [295]	Passive: Turbulator insertion	105.47
		PEC: 1.35
Ali and Shehab [296]	Passive: Geometry change	50
		PEC: 9.07
Zhang, et al. [297]	Passive: Geometry change	PEC: 3.2
Firoozeh, et al. [287]	Passive: Geometry change	32
Chaurasiya, et al. [286]	Passive: Geometry change	33
		PEC: 1.17
Hasan, et al. [298]	Passive: Extended surface area (fin)	210
Ashraf, et al. [288]	Passive: Extended surface area (fin)	113.2
Sharaf, et al. [289]	Passive: Combined techniques	174
Izadi, et al. [299]	Passive: Combined techniques	11.91
Jawarneh, et al. [290]	Active	82
Li, et al. [291]	Active	76.22
Maleki, et al. [284]	Combined	277.5
		PEC: 3.92
Hedeshi, et al. [292]	Combined	42.3
		PEC: 1.42

Author	Method	Heat transfer enhancement [%] or PEC
Azizi, et al. [300]	Combined	15

From the table, it is evident that different methods offer varying levels of heat transfer enhancement in DTHEs. This study focused on a combination of turbulator insertion and nanofluids as passive method to enhance heat transfer rates. Specifically, the increase in heat transfer due to the use of nanofluids alone in this study was 18.43%. When combined with helical turbulator insertion, the heat transfer enhancement reached up to 567.38% compared to using pure water without any turbulator insertion. Additionally, the maximum PEC achieved in this study was 3.17.

Comparing these results with those in Table 5.2 shows that the technique employed in this study provides a substantial enhancement. However, the PEC for the combined methods in other studies is higher, likely due to the advantages of using external forces and power. Furthermore, comparing the results of this study with those from the literature review for passive methods (as shown in Figure 2.17) indicates that the enhancement achieved in this study surpasses the average increase in heat transfer from various passive techniques. This demonstrates the effectiveness of the current turbulator designs and justifies their use. In conclusion, the combination of turbulator insertion and nanofluids used in this study significantly improves heat transfer rates in DTHEs, providing a competitive alternative to other enhancement methods. The results underscore the potential of these techniques to enhance thermal performance in practical applications.

In this study, an advanced study of heat transfer and fluid flow characteristics in a double tube heat exchanger was conducted through the investigation of various nanofluids and turbulator designs, utilising computational fluid dynamics tools provided by ANSYS Fluent versions 2020 to 2023. The research rigorously explored the hydrothermal interactions within DTHE systems configured with both helical and transverse turbulators, examining the performance of different nanofluids such as CuO, ZnO, Fe₃O₄, Diamond, Ag, TiO₂, Al₂O₃, SiC, and SiO₂. The study also investigated the impact of various turbulator designs, focusing on the roles of shape, height, width, and different distances between ribs in influencing fluid flow and enhancing convective heat transfer. A single-phase model was considered for the nanofluids, and a coupled approach for velocity-pressure simulations, along with a second-order upwind scheme for momentum and energy equations based on the finite volume method, was employed for simulations of the DTHE.

The detailed analysis highlights the differential impacts of turbulator configurations, revealing that helical turbulators, which induce a more effective swirl flow, generally outperform transverse turbulators in terms of improving heat transfer while minimizing pressure drops. These findings underscore the potential for tailored design considerations in thermal management systems, particularly in optimizing heat exchanger performance for industrial applications in HVAC systems, power generation, and beyond, making the results highly relevant for real-world engineering challenges. Some findings emerged from this study; however, the following represent some of the most significant and pivotal results.

- SiO₂ nanofluid achieved the highest increase in heat transfer, with an 18.4% improvement and a performance evaluation criterion (PEC) of 1.18. In contrast, CuO nanofluid showed the least improvement, with a 9.8% increase in heat transfer and a PEC of 1.1, compared to a DTHE utilising pure water without turbulator insertion.
- In transverse turbulator insertions, the trapezoidal shape exhibited the maximum increase in Nusselt number, the triangular shape caused the greatest pressure drop, and the oval shape provided a more favourable PEC.

- Changes in the height of the turbulators had a more pronounced effect on the Nusselt number and friction factor than changes in the width, pitch ratio, and distance between the ribs.
- Triangular helical turbulator showed the highest increases in Nusselt number, pressure drop, and PEC among the helical designs.
- Helical turbulators demonstrated superior performance over transverse ones by creating more effective swirl flows and lower pressure drops.
- The helical turbulator designs achieved a maximum PEC of 3.17, whereas transverse turbulators reached a maximum of 1.9, suggesting that helical turbulators are more advantageous for use in DTHEs than their transverse counterparts.

In this study, an attempt was made to employ novel turbulator designs and less studied nanofluids within double tube heat exchangers to enhance their performance for real-world applications. The exploration focused on leveraging these innovative approaches to push the boundaries of what's possible in heat exchanger efficiency and effectiveness. This extensive body of research has significantly advanced the understanding of how these enhancements can improve efficiency and performance in heat exchange systems. Despite these efforts, several areas remain unexplored and could serve as fertile ground for future research. The potential for further innovation and optimization in DTHE design and operation presents an exciting opportunity for upcoming studies. These unexplored areas not only promise to refine existing heat transfer models but also aim to integrate novel materials and geometries that could revolutionize the efficiency standards of current systems. As the demand for more efficient thermal management solutions increases in industrial applications, the exploration of these new frontiers becomes increasingly critical. The areas that can be explored area:

- 1. **Comparative analysis of techniques**: Investigate different enhancement techniques, such as turbulator insertion, extended surfaces, geometry modifications, and the use of nanofluids, separately. This involves precisely comparing the results to determine which technique offers the best heat transfer rate and friction factor.
- 2. **Combination of techniques**: Explore the synergistic effects of combining various techniques such as turbulator insertion with geometry changes, extended surfaces with turbulator insertions, and the integration of nanofluids with geometry modifications or extended surfaces.

- Exploration of alternative working fluids: Investigate the enhancement techniques using different working fluids besides water, across a broad range of fluid temperatures. This could uncover new insights into the adaptability and efficiency of double tube heat exchangers with various fluids.
- 4. **Perforated turbulator insertions**: Investigate the performance impact of perforated helical and transverse turbulator insertions. This study could reveal potential improvements in heat transfer and fluid dynamics within the double tube heat exchanger.
- 5. **Transient regime studies**: Explore the effects of turbulator insertion, extended surfaces, geometry modifications, and nanofluid techniques under transient operating conditions to understand the dynamic responses of double tube heat exchangers.
- 6. **Integration of multiple techniques**: Investigate the effects of integrating three or four different enhancement techniques simultaneously. This comprehensive approach could lead to significant breakthroughs in maximizing the performance of double tube heat exchangers.
- 7. **Investigation of combined enhancement methods:** Study the combination of turbulator insertion and nanofluid use with active methods of heat transfer enhancement. This approach would delve into the effectiveness of integrating passive techniques with active ones to achieve superior thermal performance improvements in double tube heat exchangers.
- 8. **Experimental analysis:** While this study made efforts in design and experimental setup (details provided in Appendix A), it is worth exploring new turbulator insertions and nanofluids in experimental work.

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Appendices

Appendix A

Experimental setup and design overview of a double tube heat exchanger

This research encompasses the development of an experimental framework aimed at designing a novel double tube heat exchanger. Initially, quotations are obtained from various suppliers for standard double tube heat exchangers, which are summarised in Table 6.1. These models are typically solid and non-modular, lacking the flexibility required for our experimental purposes, especially the frequent cleaning necessitated by the use of nanofluids and the associated sedimentation. The double tube heat exchager's size, dimensions, and material were obtained from the literature review and previously published work.

To overcome these challenges, a new design is proposed that allows for easy disassembly and modification of the inner tube dimensions. This design not only meets the specific experimental requirements but also reduces overall costs compared to the previously available options. Figure 6.1 illustrates this design, highlighting the different parts of the DTHE. A key feature of this design includes the integration of a Poly Tetra Fluoro Ethylene (PTFE) gland mechanism, which adjusts to provide a tight seal around the inner tube. This adjustment is achieved by applying pressure through gland by two screws that expand the PTFE to seal the integrate. The main parts of double tube heat exchanger are depicted in Figure 6.2 to Figure 6.6.

Furthermore, the experimental setup includes a comprehensive arrangement of the necessary apparatus configured on a test rig. This rig comprises the newly designed DTHE, storage tanks for hot and cold fluids, pumps for circulation, flow control valves, and various measurement devices such as flow meter, thermometer and pressure gauges, a chiller and a heater, which are used to maintain the required temperatures of the working fluids. The schematic of this setup is detailed in Figure 6.7. Materials selected for the outer and inner pipes are mild steel and copper (high thermal conductivity), respectively, in compliance with British and International Standards (ASTM).

Regarding Figure 6.7 the test rig includes a chiller and heater to regulate the temperature conditions within the DTHE. Fluid circulation is facilitated by two pumps, while flow rates are

controlled using valves strategically positioned throughout the system. Prior to testing, all measurement devices, including a datalogger, flow meter, thermometer, pressure gauge, and viscometer, are calibrated to ensure the accuracy of the data collected. The laboratory setup also incorporates a magnetic stirrer and an ultrasonic bath, crucial for preparing homogeneous and stable nanofluid mixtures.

In addition, a comprehensive investigation was conducted to identify the materials and equipment necessary for the experimental work. By reviewing relevant literature and previous experimental studies, a list of required materials was compiled. Various suppliers were researched online to source each item. The finalized list of required materials, along with suggested suppliers, was then prepared for purchasing. Table 6.2 presents all the items and materials needed to conduct the experimental work for future studies.

Company Name	Price of DTHE [£]
Specialist Heat Exchangers Ltd	2950
HRS	1475
UK Exchangers Ltd	2500



Figure 6.1: Schematic overview of the double tube heat exchanger showcasing various parts.



Figure 6.2: Detailed drawing of the inner tube design for the double tube heat exchanger.



Figure 6.3: Detailed drawing of the outer tube design for the double tube heat exchanger.



Figure 6.4: Detailed drawing of the inner tube flange design for the double tube heat exchanger.



Figure 6.5: Detailed drawing of the outer tube flange design for the double tube heat exchanger.



Figure 6.6: Detailed drawing of the gland design for the double tube heat exchanger.



Figure 6.7: Schematic diagram of the proposed experimental test rig setup.

Table 6.2: List of required items for the experimental setup of D7	ΓHE.
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No.	Required items	Supplier	Application
1	Mild Steel Pipe Nominal (Standard): 3 inches Outer Diameter: 88.9 mm Wall Thickness: 4.05 Length 1.8 meters	Edwards Metals Ltd	Outer tube
2	Mild Steel Pipe Nominal (standard): 1 inch Length: 0.2 meters	Edwards Metals Ltd	Inlet and outlet flow connection
3	Copper pipe Nominal (standard): 1/2 inches Outside diameter: 15.875 mm Wall Thickness: 1.2 mm Length: 2 meters	Edwards Metals Ltd	Inner tube
4	Copper pipe Nominal (standard): 5/8 inches Outside diameter: 19.05 mm Wall Thickness: 1.2 mm Length: 2 meters	Edwards Metals Ltd	Inner tube
5	Copper pipe Nominal (standard): 3/4 inches Outside diameter: 22.225 mm Wall Thickness: 1.6 mm Length: 2 meters	Edwards Metals Ltd	Inner tube

No.	Required items	Supplier	Application
6	Mild Steel Round Bar Diameter: 180 mm Thickness: 35 mm	Edwards Metals Ltd	Using for flange
7	Mild Steel Round Bar Diameter: 180 mm Thickness: 40 mm	Edwards Metals Ltd	Using for flange
8	Gland Packing Seal (PTFE) Size: thickness \times width = 10mm \times 10mm	RS Components Ltd	To seal between inner tube and flange
9	Gland Packing Seal (Graphite) Size: thickness × width = 8mm × 8mm	RS Components Ltd	To seal between inner tube and flange
10	Natural Rubber Gasket Nominal (standard): 3 inches Outside diameter: 136.5 mm Inside diameter: 88.9 mm	RS Components Ltd	Gasket between two faces of flanges
11	Flexible Tube (PVC) Inside diameter: 16 mm Outside diameter: 22 mm	RS Components Ltd	Used as a connector in the system
12	Flexible Tube (PVC) Inside diameter: 20 mm Outside diameter: 26.5 mm	RS Components Ltd	Used as a connector in the system
13	Flexible Tube (PVC) Inside diameter: 32 mm Outside diameter: 39.2 mm	RS Components Ltd	Used as a connector in the system
14	Flexible Tube (PVC) Inside diameter: 13 mm Outside diameter: 20 mm	RS Components Ltd	Used as a connector in the system
15	PTFE Tape Size: 12m × 12mm	RS Components Ltd	To seal threads in connectors
16	Flow Meter ifm electronic, 0.1-25 L/min Flow Controller, PNP Output, 19-30 V dc, LED, 1/2 in Pipe Diameter, M12	RS Components Ltd	To measure flow rates of inner and outer flow
17	Electric Cable (flow meter) ifm electronic Female M12 to Free End Sensor Actuator Cable, 4 Core, 5m	RS Components Ltd	Flow meter connector
18	AC/DC Adapters XP Power 24W Plug-In AC/DC Adapter 24V dc Output, 1A Output	RS Components Ltd	Flow meter connector
19	Thermocouple Wire PTFE Sheath Twin Twisted, Type K, 1/0.2mm, Unscreened, 25m	RS Components Ltd	Thermocouple system
20	AA Battery 1.5V	RS Components Ltd	To supply power for pressure manometer devices
21	Extension Lead 5m 4 Socket Type G - British Power strip	RS Components Ltd	To access electricity
22	Gate Valve Sferaco Tap Operculum 102004, 1/2in	RS Components Ltd	Open and close flow

No.	Required items	Supplier	Application
23	Pipe Fitting Stainless Steel, Straight Hexagon Hose Nipple, Male R 1/2in x Male	RS Components Ltd	Used as a connector in the system
24	Pipe Fitting Stainless Steel Pipe Fitting Hexagon Hexagon Nipple, Male R 1/2in x Male R 1/2in	RS Components Ltd	Used as a connector in the system
25	Pipe Fitting Copper Pipe Fitting, Push Fit 90° Equal Tee for 15mm pipe	RS Components Ltd	Used as a connector in the system
26	Pipe Fitting Georg Fischer Galvanised Malleable Iron Fitting Tee, Female BSPP 1/2in to Female BSPP 1/2in to Female BSPP 1/2in	RS Components Ltd	Used as a connector in the system
27	Pipe Fitting Copper Pipe Fitting, Solder Equal Tee for 15 x 15 x 15mm pipe	RS Components Ltd	Used as a connector in the system
28	Flow Meter Connector Stainless Steel Pipe Fitting, Straight Octagon Union, Female G 1/2in x Female G 1/2in	RS Components Ltd	Used as a connector in the flow meter
29	Thermal Insulation RS PRO Flame Retardant Calcium-Magnesium Silicate Thermal Insulating Sheet, 5m x 610mm x 6mm	RS Components Ltd	Insulation for outside of outer tube
30	Pump Connection Georg Fischer Black Malleable Iron Fitting Reducer Socket, Female BSPP 1-1/2in to Female BSPP 1in	RS Components Ltd	Used as a connector in the water pump
31	Pump Connection Georg Fischer Galvanised Malleable Iron Fitting, Straight Reducer Bush, Male BSPT 1 in to Female BSPP 1/2in	RS Components Ltd	Used as a connector in the water pump
32	Thermocouple Connector 4mm Probe, IEC, RoHS Compliant Standard	RS Components Ltd	Used as a connector in the thermocouple system
33	Fitting Reducer Size: 15mm × 22mm	Screwfix Direct Ltd	Used as a connector in the piping system
34	Fitting Reducer Size: 28mm × 22mm	Screwfix Direct Ltd	Used as a connector in the piping system
35	Fitting Reducer Tee Size: 15mm × 15mm × 22mm	Screwfix Direct Ltd	Used as a connector in the piping system
36	Water Pump Salamander Pumps CT50+ Xtra Regenerative	Screwfix Direct Ltd	Water pump for inner flow
37	Water Pump Grundfos UPS 15-50N Traditional Secondary Hot Water Circulator 230V	Screwfix Direct Ltd	Water pump for outer flow
38	Pressure Manometer Model: 2023P Ombar to 7bar, 0.15	Farnell	To measure pressure drop

No.	Required items	Supplier	Application
39	Data Logger Bundle Temperature, 8 Channels, 10, TC-08	Farnell	To collect temperature data

Appendix B

Python code for validating Nusselt numbers from various empirical correlations

```
Ti1 = 283
mi = 0.003918823  # mass flow rate inner tube
Ci = mi*cpi
print (cpi,Pr1,d1,k1,mu1,Ci,'\n\n\n')
mo = 0.053743854  # mass flow rate outer tube
mu2 = 0.000891
Pr2 = (mu2*cpo)/k2
Co = mo*cpo
L = 1.8
pi = 3.141592653
#Unknown values
Pw = pi*(D2+D3)
Dh = (4*Ac)/Pw
De = (4*Ac)/Ph
Ai = 0.25*pi*(D1**2)
Ao = 0.25*pi*((D3**2)-(D2**2))
Pw i = pi*(D1+0.002)
```

```
Rei = (d1*ui*D1)/mu1
print (' ui=',ui,'\n uo=',uo,'\n Rei=',Rei,'\n Reo=',Reo,'\n
Y1o = (Reo*Pr2*De)/L
NuLli = 3.66 + ((0.19*(Y1i**0.8)) / (1+ (0.117*(Y1i**0.467))))
NuLlo = 3.66 + ((0.19*(Y10**0.8)) / (1+ (0.117*(Y10**0.467))))
NuL2i = 1.953 * (Y1i**(1/3))
NuL2o = 1.953 * (Y1o**(1/3))
NuL3i = 4.05 * (Rei**0.17) * (Pr1**(1/3))
NuL3o = 4.05 * (Reo**0.17) * (Pr2**(1/3))
NuL4i = 1.86 * (Y1i**(0.33))
NuL4o = 1.86 * (Y1o**(0.33))
Nu = ((3.66**3) + ((1.61**3) * Y1i))**(1/3)
Nu5 = 0.644 * (1/(Pr1**(1/6))) * (Y1i**(1/2))
print (' Yli=',Yli,'\n Ylo=',Ylo,'\n NuLli=',NuLli,'\n NuLlo=',NuLlo,'\n
NuL4i=',NuL4i,'\n NuL4o=',NuL4o,'\n Nu=',Nu,'\n Nu5=',Nu5)
hi = (NuL2i*k1)/D1
ho = (NuL2o*k2)/Dh
Y2 = (1/(hi*pi*D1*L)) + ((np.log((D2/2)/(D1/2))) / (2*pi*k3*L)) +
UA = 1/Y2
print (' hi=',hi,'\n ho=',ho,'\n Y2=',Y2,'\n UA=',UA)
```

Appendix C

Full text of publications

1. Heat transfer and fluid flow characteristics of the passive method in double tube heat exchangers: a critical review.

17 (2023) 100282



Heat transfer and fluid flow characteristics of the passive method in double tube heat exchangers: A critical review

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ARTICLE INFO e tube heat exchan

ABSTRACT

With the growing need for more energy, it is imperative to design efficient heat exchangers that are simpler, er to manufacture, have higher heat transfer rates, and low in pressure drop. One of these heat ex is the double tube heat exchanger that is used in many industries. From past to present, double tube heat ex-changers have caught the attention of researchers because of their simplicity and wide range of applications. This review paper contains a critical analysis of the impact of different passive methods on the heat transfer and fluid flow characteristics of the fluid in double tube heat exchangers. There are different techniques to increase the flow characteristics of the fluid in double tube heat exchangers. There are different techniques to increase the heat transfer rate in double tube heat exchangers, such as turbulator insertion, extended surface (fln), in tube geometry change, nanofluids and a combination of these techniques. All these techniques are reviewed in detail to determine the heat transfer rate and friction factor enhancement in the double tube heat exchangers. Sta-tistical analysis was provided to compare the impacts of these different techniques on the heat transfer and fluid flow characteristics of the double tube heat exchanger performance. It was concluded that a combination of turbulator inserts and nanofluid is it the best technique to increase the heat transfer rate. Also, this technique turbulator inserts and nanofluids is the best technique to increase the heat transfer rate. Also, this techni provides the highest potential for heat transfer enhancement based on the standard deviation. On the other ha

1. Introduction

A heat exchanger is a device used to transfer thermal energy between two or more fluids, separated by solid material. The applications of heat exchangers are extensive in industries where it is used to crystallize, trate, distil, fractionate, pasteurize, sterilize and control a process fluid. Some common heat exchangers are cooling towers, air preheaters, evaporators, condensers, automobile radiators, and shell and tube exchangers. Heat exchangers are classified in many ways, for example, according to the transfer process, the number of fluids, surface compactness, construction, flow arrangements, and heat transfer mechanisms. One of the standard classifications is based on the construction of heat exchangers (Fig. 1). These classifications are divided into four subcategories: tubular, plate-type, extended surface, and regenerative. The tubular section is divided into four subcategories: ble-pipe, shell and tube, spiral tube, and pipe coil [1, 2].

One of the common heat exchangers is the double tube heat

exchanger (DTHE). These are used widely in industries and engin applications such as refrigeration, air-conditioning, power plant, solar water heater and the process industry [3]. The main advantages of DTHEs are working with high pressure and temperature of working fluids, simple maintenance, modular construction, cost-effectiveness, and its simplicity (consisting of two concentric tubes) [4]. The purpose of using DTHEs is to transfer heat between the cold and hot rea (Fig. 2). The flow directions of hot and cold fluids in DTHEs can either be parallel or counter. It is crucial and challenging for researchers to find ways and solutions to increase the DTHE's heat transfer rate and efficiency. In this regard, extensive research carried out experimentally an numerically related to DTHEs to enhance heat transfer and improve fluid characteristics.

provides the lightest potential to potential to potential to be a set of the high friction factor. This review article provides new ideas and gaps in the present knowledge for further investigations.

Sec.

One of the earliest publications related to DTHEs dates back to 1928 [5]. The research into DTHEs expanded rapidly after 1928 and was divided into different categories. Some scholars focused on geometry change and the insertion of elements in inner and outer tubes [6, 7].

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2. Numerical investigation of laminar heat transfer and fluid flow characteristics of Al_2O_3 nanofluid in a double tube heat exchanger.



3. Numerical Investigation of Heat Transfer and Fluid Flow Characteristics of Al₂O₃ Nanofluid

In A Double Tube Heat Exchanger With Turbulator Insertion.

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Numerical Investigation of Heat Transfer and Fluid Flow Characteristics of Al₂O₃ Nanofluid In A Double Tube Heat Exchanger With Turbulator Insertion

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Abstract - One of the primary objectives associated with the double tube heat exchanger is to enhance the heat transfer rate and improve the overall system performance. A promising approach to achieve these improvements involves combining turbulator insertion and nanofluid techniques. This study presents a numerical investigation that examines the impact of Al₂O₃-water nanofluid within the inner tube, along with turbulator insertion in the form of square-shaped ribs, on the heat transfer and fluid flow characteristics of the double tube heat exchanger. The findings indicate that an increase in the volume fraction of nanofluid leads to an enhanced heat transfer rate. Additionally, reducing the spacing between the turbulator ribs in the double tube heat exchanger results in an increase of up to 50% in the Nusselt number compared to a heat exchanger without turbulator insertion. The maximum performance evaluation criterion achieved in this study is 1.05.

Keywords: Double pipe heat exchanger, Heat transfer, Nanofluid, Nusselt number, Turbulator, Friction factor, Thermal efficiency

1. Introduction

A heat exchanger is a device used to transfer thermal energy between two or more fluids separated by solid material. One of the common heat exchangers is the double tube heat exchanger (DTHE). DTHEs are used to transfer heat between the cold and hot regions. These are used widely in industries and engineering applications such as refrigeration, airconditioning, power plant, solar water heater, and the process industry [1-3]. One of the important challenges with heat exchangers is improving heat transfer capability [4-7].

Karimi [8] evaluated numerically the effect of twisted tape insertion and Al₂O₃-water nanofluid for the Reynolds number 250 to 2250 and 3000 to 9000 in a counter flow DTHE. The nanoparticle volume fractions were 1, 2, and 3%, and the cold nanofluid and superheat steam flowed in the inner and outer tubes, respectively. The results of the study demonstrated that the Nusselt number experienced a 22% increase as a result of twisted tape insertion alone and a 30% increase when a combination of twisted tape and nanofluid were employed, in comparison to the plain tube (without turbulator) and pure water conditions. Also, they concluded that using twisted tapes at high Reynolds numbers is more economical than low Reynolds numbers. Gnanavel [9] numerically studied the effect of heat transfer and fluid flow characteristics of spiral spring insertion and different nanofluids, including TiO2, BeO, ZnO, and CuO, in a DTHE. In the conducted study, the Reynolds number range employed was from 1000 to 10000. The working fluids utilized were hot nanofluid and cold water, which were directed through the inner and outer tubes, respectively. The Nusselt number enhancements were obtained up to 117.39, 63.09, 56.63, and 47.62% for TiO₂, BeO, ZnO, and CuO, respectively. The maximum fiction factor increment was obtained for CuO with a value of 312%. The thermal performance factor decreased with the rise of the Reynolds number for all cases. Karuppasamy [10] investigated numerically the effect of cone shape insertion and Al₂O₃-water and CuO-water nanofluid on the performance of a DTHE. The volume fraction and range of Reynolds number were 1% and 2000 to 10000, respectively. The results showed that Al₂O₃-water gives a higher heat transfer rate than CuO-water, with the amount of 65% and 56%. respectively. The friction factor augmentation for Al₂O₃-water and CuO-water nanofluid were 50% and 47%.

HTFF 218-1

4. Effect of novel turbulators on the hydrothermal performance of counterflow double tube heat exchanger using nanofluids.

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Effect of novel turbulators on the hydrothermal performance of counterflow double tube heat exchanger using nanofluids

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ARTICLE INFO	A B S T R A C T
Reywords: Double tube heat exchanger Turbulator insertion Nusself number Heat transfer coefficient Pressure deop Thermal efficiency Rib	Double pipe heat exchangers are widely used across various industries. Enhancing their performance not only benefits these industries but also contributes to reduced fossil fuel consumption and pollution. This study em- ploys the passive method with a combination turbulator insertion and narofluid technique to enhance the heat transfer rate and improve the double tube heat exchanger performance. The novelty of this study lies in the use of new turbulator insertions and various nanofluids to investigate the heat transfer and fluid flow characteristics under laminar and counter flow configuration. The study examined four types of turbulator insertions, including triangular, rectangular, trapezoidal, and oval, in conjunction with CuO, Sio ₂ , Al ₂ O ₃ water-based nanofluids in a single-phase model. The findings revealed that the trapezoidal ribs exhibited higher Nusselt number and friction factor than the other rib shapes. Conversely, the oval ribs demonstrated a better performance evaluation criteria than the other rib shapes. Furthermore, the study explored different geometrical parameters such as rib width, height, and spacing, determining that rib height has the most significant impact on enhancing the heat transfer. The study achieved maximum performance evaluation criteria of 1.2 and 1.9 for SiO ₂ nanofluid without tur- bulator insertion and with turbulator insertion, respectively.

1. Introduction

The demand for energy has been on the rise due to urbanization and the expanding global population. The use of gas, oil, coal, and other fossil fuels has adverse effects on the environment, contributing to the escalation of global warming. Therefore, adopting energy-saving measures and harnessing renewable energy sources represent effective so-lutions to mitigate this issue (Hosseinzadeh et al., 2020). One of the most commonly employed and crucial devices in both industrial and commercial settings is the double tube heat exchangers (DTHE). Therefore, creating an efficient thermal system within DTHEs can lead to cost reduction and substantial energy savings (Hussain and Sheremet, 2023; Venkatesh, 2023). DTHE represents the simplest form of a heat exchanger, wherein hot and cold fluids circulate in either parallel or counterflow configurations (Rao and Sankar, 2019). The utilization of DTHEs finds extensive application across various industries, including but not limited to chemical, food, oil, gas, pharmaceutical, solar energy, waste heat recovery, geothermal, combustion, latent heat energy stor-age, and air conditioning (Omidi et al., 2017; Li, 2022; Louis et al., 2022). Improving the heat transfer efficiency of heat exchangers presents a notable challenge (Liu and Sakr, 2013; Rohser 1998). Improving heat exchanger's performance can be categorized into three broad approaches: active, passive, and combined methods (Cancan et al., 2014). Active methods involve the application of external power to augment heat transfer through means such as vibration, electric fields, mechanical aids, or magnetic fields (Jadhav et al., 2016; Maleki et al., 2023). On the other hand, passive methods rely on extended surfaces and elements instead of external power (Hangi et al., 2022) Lalegani et al., 2018). Combined methods encompass the synergistic utilization of active and passive methods (Alam and Kim, 2018).

Tavousi, et al. (Tavousi et al., 2023) systematically classified pas methods into five main categories: turbulator insertion (Pourahi here by Pesteei, 2016), extended surface area (fins) (El Maakoul et al., 2020), geometry changes (Luo and Song, 2021), using nanofluids (Tavou et al., 2023), and combinations of these techniques (Singh and Sarkar, 2021). A statistical investigation of more than 100 studies was conducted on the passive methods. The statistical investigation showed that the combined techniques of turbulator insertion and nanofluid have the maximum increase in heat transfer rate. A diverse range of turbulator insertions and nanofluids can be employed to enhance the perform

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